



Women with Vision

Fallbrook CA Branch

volume 32, issue 1, October 2016

P.O. Box 1061, Fallbrook, 92088-2016

Young women with dreams become women with vision

Our Mission: Advancing equity for women and girls through advocacy, education, philanthropy, and research. The American Association of University Women is the nation's leading voice promoting equity and education for women and girls.

70th Anniversary Celebration



Women who were honored at the 70th Anniversary Celebration

Past presidents of the Fallbrook AAUW include, from left, Eileen Hider, Sherry Ludwig, Araxy Moosa, Lini Bennett, Dorothy Zenovic, Marjorie Freda, Guity Balow, Elizabeth Leader, Karen Estes, Chris Young, and Julie Norberg.

In 1946, not long after the end of WWII, twelve visionary Fallbrook women came together to form the first Fallbrook branch of the American Association of University Women (AAUW). It was to be dedicated to the mission of broadening opportunities for women and girls, especially in the pursuit of higher education.

Their groundbreaking efforts were not wasted. Seventy years later the organization continues to thrive in Fallbrook, and as a result of the local branch's expanded goals, many young women who graduated from Fallbrook schools were, and continue to be, afforded the opportunity to attend universities and colleges by way of scholarships awarded by Fallbrook's AAUW.

On June 11, 2016 the current membership gathered at the old Reche Schoolhouse to celebrate those pioneering women, as well as to honor special women—former officers and innovators—who were the architects of many far-sighted programs, including a mentorship program that

has become a model for other branches. That program continues to match young female students with AAUW mentors who pledge 3 years of friendship and guidance (from sophomore year to graduation). They encourage the girls to stretch scholastically and to reach for lofty goals.

Those recognized women who put their energy into stimulating the advancement of Fallbrook young women are: Dorothy (Dot) Zenovic, Karen Estes, Linda Gregg, Sherry Ludwig, Iris Bourque, Julie Norberg, Guity Balow, Marjorie Freda, Betty Gilby, Jackalyn Sichi-Krzmarzick, Bernice "Chris" Young, Lini Bennett, Araxy Moosa, and Barbara Gordon.

AAUW Starts New Year with a Bang (and a Brunch)



The Fallbrook Branch of the AAUW met on Saturday, September 10, for brunch and to greet new members and to celebrate its 70th year.

The program included information from the committee chairs about their various groups and goals for the year.

Additional pictures from the brunch are published at the end of the newsletter. Enjoy!

Dear AAUW Friends:

Welcome to our 2016–2017 season and to our 70th anniversary year! It was great to see so many of you at our New Member Brunch in September. As I mentioned at the brunch, I would like to dedicate this year to the 19 visionary women who created our branch and to those of you who have followed who have all contributed so much to the women and girls in our community. Cheers to you!

We have been doing a little research in our member database and I would like to acknowledge some important membership anniversaries:

- Marj Freda – 53 years
- Eileen Hider – 40 years
- Alice Orr – 40 years
- Susan Nelson – 34 years
- Karen Estes – 31 years
- Susan Duling – 30 years
- Karen Langer Baker – 33 years
- Betty Gilby - 24 years
- Lini Bennett – 22 years
- Araxy Moosa – 22 years
- Emma Uureta Ruiz – 22 years
- Jackie Sichi-Krzmarzick – 21 years
- Chris Young – 21 years

A special thanks to you ladies for all your many contributions over the years!

As you know, we lost two wonderful friends this past summer, Beverly Thordarson and Lin Payne. Both of these incredible women contributed much to our organization and their friendship will be greatly missed. In their honor, the Board has decided to create a college scholarship this year in each of their names. If you would like to contribute to these scholarships, please send your check made out to AAUW Fallbrook to our P.O. Box by October 30. Please note on the check the name of the scholarship.

Our next meeting will be October 8 from 10:00 to 12:00 at the Old Reche Schoolhouse. We will be hosting the League of Women Voters, who will be discussing the propositions on the ballot for our upcoming elections.



I hope to see you all there. Looking forward to another fantastic year!

Elizabeth Leader

President, AAUW Fallbrook Branch

MINUTES OF JULY 30, 2016 BOARD MEETING

The meeting was called to order at 10:20 a.m. by President Elizabeth Leader. She outlined her goals for the year with a focus on recruiting members and raising our visibility with good PR. She set the frame for our discussions about the coming year. A brief discussion followed on San Marcos/Cal State where several mentees are registered. CSUSM is an AAUW Affiliate University and they have a student group. Elizabeth is investigating the group to see how we can support them.



There followed a free-form discussion on finding new/younger members. It was suggested that Newcomers and Encore Club are both a good source for newer arrivals in town. We will try to make contact with these groups.

- There are other clubs and nonprofits where we might affiliate for activities and to raise awareness of what we do.
- One suggestion is a display table at the Library one Saturday. Lana said that she would follow up on this possibility. It would be nice if we could enhance AAUW presence on social media. Linking Friends of Fallbrook was one idea. We could put our national brochure at the Chamber of Commerce and include an insert on our chapter. We set up a phone tree to call the 27 members of the disbanded San Marcos/Vista chapter who agreed to be contacted, to invite them to our chapter.

- To increase “stickiness” of new members, we discussed assigning a mentor to each new member.

PROGRAMS

- Our first program will be our new member brunch on September 10th.
- December 10—our fundraiser for national AAUW is planned.
- Halloween Party is scheduled for October 29 and will be a potluck.

TECH TREK Small discussion about Tech Trek funding. We have funds at national to cover two campers.

TRESURER’S REPORT

Margaret Singleton, as treasurer, discussed our fund balances. We have cashed in the Legacy agency account and moved it to savings. We began July 1, 2016 fiscal year with \$27,936.35 still in Legacy endowment. In July the balance of the Legacy AGENCY fund was deposited and that was for \$31,582.64. At the beginning July we also had 13500.03 in the checking account. There followed a discussion of the draft 2016-17 budget items in detail. Margaret will revise the prelim budget based on the discussion. Since the budget as drafted requires a transfer from our savings account to balance (over \$1500) the suggestion was made that we should try and hold an

additional fund raiser to balance current income and expenses or cut expenses so that we have a balanced budget. This will only be possible if we only give scholarships equal to amount from our Legacy income and what we raise in the garden tour or in individual donations or grants we receive. The group agreed that \$1000 in scholarships be devoted to continuing education.

HONORING MEMBERS There was a short discussion on honoring two respected member who have died: Bev Thordarson and Lin Payne. It was decided to create a scholarship in each of their names. Meeting adjourned at 1 p.m.

Margaret Singleton, Acting Secretary

Women with Vision Calendar of Events at a Glance

<i>Date / time</i>	<i>Location</i>	<i>Event</i>
Saturday October 8 10 a.m. to noon	Old Reche Schoolhouse	League of Women Voters, who will be discussing the propositions on the ballot for our upcoming elections
Second and fourth Fridays starting in October; 1 p.m.	Location yet to be set	Mah Jong
Friday October 21 6:30 p.m.	Margaret and Timothy O'Leary 1477 El Nido	Movie Review <i>Hell or High Water</i>
Thursday October 27 11 a.m.	Fallbrook VFW 1175 Old Stage Road	Mah Jong Tournament Call Robin Kenter to sign up: 760-560-7450
Saturday October 29 6:30 p.m.	Susan and John Duling 1325 Nicolina Dr.	Halloween Costume Party and Pot Luck
Saturday November 5 10 a.m. to noon	Café Des Artiste 103 S. Main Ave	General meeting, highlighting the young women who attended Tech Trek at UCSD this summer.
Saturday December 10 Time: TBA	Kathy and Chet Bierbrauer	Red Stocking Holiday Party

Details of the events on the calendar:



On October 8, from 10 to noon, at the Old Reche Schoolhouse, the League of Women Voters will be discussing the propositions on the ballot for our upcoming elections.

Founded in 1920, the League was formed to help women take a larger role in public affairs as they won the right to vote. In 1973, the Charter was modified to include men.



Monthly Mah Jong

Starting in October, we will be playing on the 2nd and 4th Fridays starting at 1 pm.

Locations for October are not yet set. Please contact Kathy Bierbrauer to play or for more information about playing.

We would love to have more players. If you are interested in learning to play, please contact Araxy Moosa at 760-723-2262.



AAUW Movie Review

DATE: Friday October 21, 6:30 PM

MOVIE: Hell or High Water

REVIEWER: Margaret Singleton

O'Leary

HOST: Margaret and Timothy O'Leary
1477 El Nido, Fallbrook

RSVP: Margaret Singleton O'Leary

mensing2@roadrunner

Home: 760-451-0062

For any questions, please contact
Susan Duling, Chair.

susancasoduling@yahoo.com

Cell: 760-390-6069



Halloween Costume Party and Pot Luck

Supporting AAUW Funds
Saturday October 29th
6:30 pm
Susan and John Duling hosts
1325 Nicolina Dr.
Join us for food, fun and games
Wear your most creative costume
Please bring a hearty dish to share and
a donation to the AAUW fund of your
choice
Soft drinks and coffee will be provided
RSVP by 10/24 to:
susancasoduling@yahoo.com



Save the Date: Red Stocking Holiday Party

Saturday December 10, 2016
Kathy and Chet Bierbrauer hosts

Joins us for food, friends, and
holiday cheer.

Watch your mail for your red
stocking
For more information, call Bobbie
Miller
760-723-9516

A special message from our Corresponding Secretary:

Please help me do my job by letting me know about any member
who needs a card or note.

Thank you!

Kathy Bierbrauer ckbierbr@gmail.com or 760-728-7297

We say goodbye to two incredible women

This past summer we lost Lin Payne and Beverly Thordarson. Both of these women have contributed so much to our community.



Bev and Lin at the Art Center

Although Lin had been a member of our branch for only a few years, she was very active in our mentorship program and mentored two girls from Fallbrook High. She was passionate



about sharing her love of art and travel with her mentees. She helped to broaden their horizons by spending her time with them and exposing them to many new activities. She also helped with our scholarship fundraising by opening her beautiful home for our Garden Tour this past May.



Beverly and her husband Sten

Beverly was a longtime AAUW member, having joined the San Fernando Valley Branch in 1983. She was president of that branch from 1994 to 1996. After moving to Fallbrook, Beverly joined the Fallbrook Branch and continued to promote her passion for the arts by looking for any opportunity to enhance our programs by including the arts. It was her inspiration to include artists painting in the gardens of our Garden Tour a few years ago. In addition, she coordinated a STEAM program for our branch this past year.

Both of these women serve as an inspiration to all of us. We will miss their passion and friendship.

AAUW Fallbrook CA Branch

Officers and Committees Chairs for 2016–2017

Elected Officers:

President	Elizabeth Leader	858-831-2577
President Elect	OPEN	
1st Vice President – Programs	Jeanie Curtright	760 822-1717
2nd Vice President - Membership	Teresa Fiske	760 550-2319
3rd Vice President - AAUW Fund	Bobbie Miller	760 723-9516
Finance Officer	Margaret Singleton	760 451-0062
Recording Secretary	Susan Nelson	760 822-8054
Corresponding Secretary	Kathy Bierbrauer	760 468-4200

Committee Chairs:

Mentorship Program	Karen Langer Baker	760-500-0393
Public Relations	Lana Smith	760-445-1465
Photographer	Nancy Heins-Glaser	973 477-7914
Scholarships	Young Milton	760-522-7481
Website Manager	Sandy Skal-Gerlock	760-468-1568
Newsletter Editor	Charlotte Seidman	760-451-6232
Historian	Nancy Heins-Glaser	973 477-7914
Directory	OPEN	
Garden Tour	Committee TBA	
Holiday Party Event	Committee TBA	
Math/Science Breakfast Co-Chair	Terri Garner	760-552-1520
Math/Science Breakfast Co-Chair	Larissa Anderson	858-342-8794
Tech Trek Chair	Larissa Anderson	858-342-8794
Book Discussions	Marj Freda	760-723-9686
Mah Jong	Araxy Moosa	760-723-2262
Mah Jong Tournament	Kathy Bierbrauer/Araxy	760-468-4200
Movie Group Potluck/Review	Susan Duling	760-390-6069

Betty Gilby on Honor Flight to Washington DC



Betty Gilby was honored recently by Honor Flight San Diego, a nonprofit organization that escorts veterans to Washington DC to see their memorials. Honor Flight recognizes the service and sacrifice of veterans to the U.S. and its citizens. Many WW II veterans have never seen their memorials; it is the top priority of this organization to send the most senior veterans, currently World II survivors, and veterans who are terminally ill, to visit their memorials.

Betty and a companion traveled to DC last week and returned home on Sunday, October 2 to a greeting crowd at Lindbergh Field.

Betty was a Registered Dietician in the U.S. Army and served for approximately 3 years in Algeria, North Africa, Italy, and Yugoslavia. Her unit was scheduled to relocate to Japan just before the bombing of Hiroshima and Nagasaki; because of this, she was able to return to the U.S.

Pictured is Rosie Scheller with Betty Gilby.

AAUW Sends Girls to Camp

The Fallbrook Branch puts its mission—to advance equity for women and girls through advocacy, education, philanthropy, and research—into action, by providing \$6000 in scholarships to six young women from Fallbrook middle schools to attend Tech-Trek, a week-long STEM camp at UCSD this summer.



2016 AAUW Tech Trek Math & Science Camp scholarship winners are, from left, Kathleen (Katy) Teel, Laura Garcia, Kaitlyn Collings, Grace Bell, Erin Flynn, Jenna Jedlicki (alternate), Caroline Saple (alternate) and Paige Mansell.

22nd Annual Math and Science Recognition Breakfast

On April 22, 2016 the Fallbrook Branch of the American Association of University Women (AAUW) and the Fallbrook Union Elementary School District sponsored the 22nd Annual Math and Science Recognition Breakfast at the Fallbrook Library. Seventh and 8th grade young women who have demonstrated high interest in science or math (and so selected by their teachers) were honored at the breakfast program.

Also honored were six students who were selected to receive scholarships to the 2016 AAUW Tech Trek Math & Science Camp at UCSD from June 19 to 25. Scholarship winners include Erin Flynn, Paige Mansell and Kathleen (Katy) Teel from Sullivan Middle School along with Grace Bell, Kaitlyn Collings and Laura Garcia from Potter Jr. High. Two alternate winners were also chosen, Caroline Saple and Jenna Jedlicki from Sullivan Middle School.

At the breakfast the young women and their parents heard four successful women speak about their work in STEM fields (Science, Technology, Engineering and Math), and their career journeys.

This year's speakers were Dr. Dana Chan, Ophthalmologist, of San Diego Eye Care Center; Teresa Fiske, Computer Engineer with SAIC (Science Applications International Corporation) and Hewlett Packard; Cindy Pessotto, Pharmaceutical Sales Manager, formerly with Novartis; and Margaret Singleton, who spoke on nontraditional careers with a STEM education.

The 2015 AAUW Tech Trek Math & Science Camp participants gave a presentation about their camp experiences last summer. The campers were Nicole Dulin and Erin Kennedy from Sullivan Middle School as well as Nina Ellefsen, Biviana Flores, Samantha Leon, and Erin Murray from Potter Jr. High.

Dr. Dana Chan, one of the speakers at the breakfast, with her daughter; Terri Garner (Math and Science Co-Chair); and Elizabeth Leader.



Introducing Our New Members

Teresa Fiske



When computer science was the leading edge in careers, Teresa Fiske's experience as one of the few female engineers in academia and industry caused her to realize that encouraging young women to pursue their interests and passions in Science, Technology, Engineering and Math (STEM) is paramount, no matter the challenges. Teresa received her B.S. in Computer Science from Colorado State University at the age of 21. She began her career with Hewlett-Packard and continued on with IBM, NCR, Hamilton Systems, SAIC and several small businesses with roles as Sr. Software Engineer, Program Manager and Division Manager.

Her passion for continuous learning and artistry is evident by her B.A. degree in music from the University of Arizona with minors in Mathematics and English. As a new Fallbrook resident via Bonsall, Teresa's experiences in the technical field inspires her to give back to the Fallbrook community through AAUW and mentoring high school students.

At the recent 22nd Annual Tech Trek Math and Science breakfast, Teresa described her career experiences to local 7th and 8th graders and recently co-

hosted the annual membership brunch in her new role as Membership Chair.

Her numerous travels include Morocco, hiking the Himalayas in Nepal, skiing in Europe, exploring southeast Asia, Central America, and the middle East, and biking 1500 miles across the eastern United States—all of which influence her love for art, organic gardening and farming, outdoor adventures, cooking (fruit caviar anyone?), and strategy games (includes backgammon, pool, and Catan).

Teresa has one daughter, Rachel, who graduated from Fallbrook High School and is completing her last two years in the PhD program in Anthropology at UC Santa Cruz and recently returned from a year of field work in Argentina.

Charlotte Seidman

Hello. I'm a newcomer to the Fallbrook area and am looking forward to meeting everyone and settling into an exciting new phase of life....called semi-retirement. I lived in San Diego for 35 years before retiring from UCSD and moving here.



My professional life has been spent in the health field. I am a nurse practitioner (with a masters in health services from UC Davis) and worked for

many years in family practice. In 1981, I moved to San Diego to attend SDSU's Graduate School of Public Health for a Master in Public Health degree. Since that time, my focus has been on prevention and public health, mainly in an academic setting, where my work has included research, teaching, clinical practice, and medical book and journal editing.

I am also a veteran of the U.S. Army, having served as an army nurse in the early 1970s, including service in Vietnam. I've come to appreciate Fallbrook for its recognition of veterans and military service.

Although I retired from UCSD in 2014, I'm still working part-time editing a small online medical journal for the University of Kentucky, writing medical text for a digital tech business in Ireland, and assisting authors and educators through my business, Seidman Writing.

Raised with a foundation of volunteerism, I have enjoyed working with many groups over the years, including the American Heart Association, a County Sexual Assault Center, and the PTA.

I have two children: Laura, who works at UCLA in pediatric research, and Michael, who lives with me here in Fallbrook.

My favorite relaxing activities are reading, swimming, water aerobics, and all sorts of crafts, including knitting, quilting, and paper crafts.

Lana Smith



I graduated from San Diego State University with a degree in Political Science and went on to Cal Western Law School where I obtained a juris doctorate. After law school, I practiced law in San Diego, California as a trial attorney. I was a partner in a law firm that was known in those days as McInnis, Fitzgerald, Rees, & Sharkey, and we specialized in insurance defense litigation. After retirement, I moved to Costa Rica where I lived for over a decade and then returned to California, specifically Fallbrook, where I now live with my husband, Richard Cox.

In addition to membership in AAUW, I am currently the President of Laubach Literacy Council of San Diego County, and I also tutor students in ESL (English as a Second Language). My interests include golf with my husband, online courses of study and general enjoyment of life in Fallbrook.

AAUW Fallbrook Mentoring Program Description

The AAUW Fallbrook Mentorship Program is in its 21st year. We match our members with female sophomore students from Fallbrook High School for a three-year mentorship. The young women in our mentorship program are recommended by the director of the AVID Program at Fallbrook High School. AVID (Advancement Via Individual Determination) is a global nonprofit organization dedicated to closing the achievement gap by preparing all students for college and other postsecondary opportunities. They focus on students with good grades and high potential who need some extra enrichment to prepare them for college. The girls in this program are generally from a lower socioeconomic level, some with parents who do not speak English and who will be the first in their family to attend college.

The AAUW mentors provide fun and educational trips during the year to concerts, museums, art galleries, and plays. Some activities are done in groups and others are one-on-one. We also provide coaching sessions to help our mentees prepare for speaking publicly.

When the young women are seniors, their mentors also take them on campus visits and assist them with preparing college/scholarship applications. The one-on-one support we give to our mentees allows them to experience a variety of activities with an educated

woman outside of their family circles and teachers, and helps to broaden their worldview. It also gives them another resource for advice on college, careers, and life in general.

Our Mission

To provide enriching activities that will expand the horizons of young girls in our community and to create a supportive relationship that will allow us to coach these young girls to help them achieve their dreams.

Our Vision

A community of young girls who have the opportunity to fulfill their true potential, to believe in their self-worth, and to be motivated to be leaders in their own lives and their communities.

Values

We believe in the following values:

- The power of positive role models and mentors to enhance a young woman's sense of self-worth and thus drive her toward excellence in all aspects of her life
- Respect for the worth and dignity of individuals, particularly women and girls
- The inclusion and acceptance of the differences and perspectives of others
- Excellence through expertise and sound decision-making
- The ability to affect social change for women

AAUW Fallbrook Mentoring Program, 2016–2017

Our group this year—which includes one new senior and 4 new sophomores—consists of 5 seniors, 8 juniors, and 4 sophomores. All of these girls have been referred to us by their FUHS AVID teachers. The high standards for being and staying in their school's AVID program ensure that we are mentoring the most deserving girls in the school, and we look forward to having many special one-on-one moments with this group of mentees.

Continuing mentors Barbara Luther, Cathy Monroe, Celia Martinez, Eileen Hider, Elizabeth Leader, Judy Egan, Karen Langer Baker, Kathy Bierbrauer, Karen Estes, Rosie Scheller, Rosemary West, Teresa Fiske, and Terri Keyes welcomed our newest mentor, Gay Smith, who is also a new AAUW member!

We all met with our newest mentees and their mentors at a recent Orientation Meeting/Ice Cream Social and, after each shared a little about herself, we firmed up our group activities for this school year. Scheduled are a train trip to Old Town during Thanksgiving vacation, our annual Christmas party, a special Culture Day in the Spring, and attending the Tech Trek breakfast where we will hear talks by various women whose careers have been in the technical and science fields.

Once again, Rosemary West and Karen Langer Baker will conduct coaching sessions for the girls in preparation for our Speech Trek contest, which will be held the last Friday evening in March. This year, we will present a more flexible plan for choosing a topic for the speeches, following the general format of the State AAUW Speech Trek contest but more suited to our girls' interests.

Rosemary and Karen conducted the first Speech Trek coaching session on Monday, October 3, which was attended by eight of the mentees. Based on those in attendance, Mondays and Tuesdays are their most available days of the week. Once we hear from those who were unable to attend this session, we might change, but for now, our next session will be Tuesday, October 18th.

Our tentative schedule for the remaining sessions will be:

Tuesday, November 1st
Monday, November 14th
Monday, December 5th
Monday, January 9th
Tuesday, January 24th
Monday, February 6th
Tuesday, February 21st
Monday, March 6th
Tuesday, March 21st

*Pictures from the New Member Brunch
(thanks to Nancy Heins Glaser)*



Carrie Hughes and Young Milton



Teresa Fiske and Terri Garner



Anna Quigley and Barbara Luther



Larissa Anderson



Araxy Moosa



Karen Estes, Barbara Luther, and Gay Smith



Nancy Heins Glaser



Diane Reeder

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Editor's Note: Thanks to all who contributed to the production of this newsletter. As a new member, there was no way that I could have done this on my own. I appreciate all the time and patience of those who assisted, especially Elizabeth and Nancy. Please let me know if there are any errors that will require a correction in the next issue. I look forward to meeting all of you and "putting names to faces."
~ Charlotte