

# Women with Vision

Fallbrook CA Branch

volume 33, issue 1, September 2017

P.O. Box 1061, Fallbrook CA 92088-1016 Website: fallbrook-ca.aauw.net

Young women with dreams become women with vision

Our Mission: Advancing equity for women and girls through advocacy, education, philanthropy, and research. The American Association of University Women is the nation's leading voice promoting equity and education for women and girls.

# Welcome back to another great year! We had fun over the summer...



Young Milton (left); Bobbie Miller, Elizabeth Leader, Kathy Bierbrauer, and Lana Smith enjoying Downtown Fallbrook for Wine and a Bite



Nancy Heins-Glaser and Elizabeth Leader at the Car Show

## ...and we had a wonderful Open House on August 19 at the Palomares House



...to the five new members who joined our group at the Open House! We're looking forward to learning more about each of you over the next months. It's a great and joyous group you've joined...



#### Dear AAUW Friends:

Welcome to our 2017–2018 season and to our 71st year! It was great to see so many of you at our recent Open House Brunch. Our open house was a success, as we have recruited five new members! We had a lovely event at the Palomares House, with guest appearances by Rubi Duran, my former mentee, and Phoebe Anderson, a former Tech Trekker. It is so gratifying to see these girls mature into poised young women and to know that we played a small part in their development.

Last year we lost two wonderful friends, Beverly Thordarson and Lin Payne. Both incredible women contributed much to our organization and their friendship is greatly missed. I recently received very good news from both of their families. In honor of these two amazing women, each family is establishing an annual college scholarship for a total amount of \$5000. The lives of Beverly and Lin will live on through these scholarships as they provide opportunities for young women in our community.

Earlier this summer, we also lost another incredible woman, Jackie Sichi-Krzmarzick. Jackie, a life-long supporter of higher education for women, was a co-president of our branch and a member for 21 years. (See the memorial in this newsletter.) We will all miss her and her engaging smile.

Our next meeting will be the Tech Trek Reunion. Please join us to hear from our campers about their experiences this past summer. The meeting will be September 9 from 10:00 to noon at the Café Des Artistes. Look for your evite to RSVP, or RSVP directly to Jeanie Curtright (760-822-1717).

I hope to see you all there. Looking forward to another fantastic year!

*Elízabeth Leader* President AAUW Fallbrook



#### 2017–2018 Board Members



Charlotte Seidman, Teresa Fiske, Bobbie Miller, Elizabeth Leader, Young Milton, Jeanie Curtright, and Kathy Bierbrauer

#### AAUW FALLBROOK CA BRANCH Committees for 2017–2018

#### **Elected Officers:**

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President	Elizabeth Leader	858-831-2577
President Elect	OPEN	
1st Vice President, Programs	Jeanie Curtright	760-822-1717
2nd Vice President, Membership	Young Milton	760-522-7481
3rd Vice President, AAUW Fund	Bobbie Miller	760-723-9516
Finance Officer	Teresa Fiske	760-550-2319
Recording Secretary	Charlotte Seidman	760-451-6232
Corresponding Secretary	Kathy Bierbrauer	760-468-4200
Committee Chairs:		
Mentorship Program	Karen Langer Baker	760-500-0393
Public Relations	Lana Smith	760-445-1465
Photographer	OPEN	
Scholarships	Young Milton	760-522-7481
Website Manager	OPEN	
Newsletter Editor	Charlotte Seidman	760-451-6232
Historian	Nancy Heins Glaser	973-477-7914
Directory	Young Milton/Teresa	760-522-7481
Garden Tour	Committee TBA	
Holiday Party Event	Committee TBA	
Tech Trek Chair	Larissa Anderson	858-342-8794
Book Discussions	Marj Freda	760-723-9686
Mah Jong	Kathy Bierbrauer	760-468-4200
Mah Jong Tournament	Araxy Moosa/Kathy	760-723-2262
Movie Group Potluck/Review	Susan Duling	760-390-6069

# <u>AAUW Fallbrook Programs</u>

The three main programs of our AAUW branch are the Tech Trek Program, the Mentoring Program, and the Scholarship Program. Our other activities are carried out in support of fund-raising for these main programs.

Tech Trek: During the summer of 2017, six young women from Potter or Sullivan Middle School, one junior counselor, and two "dorm moms" attended the UCSD summer camp for science and technology. The focus for AAUW in choosing girls between their 7th and 8th grade year is to encourage them to consider taking classes in high school that would better prepare them for college and possible careers in the STEM (science, technology, engineering, and math) fields.



Susan Duling (Dorm Mom); Azia Hall (Sullivan, core class: forensics); Virginia Lazaro del Razo (Potter, core class: math); Chloe Shaver (Potter, core class: robotics); Milana Collier (Sullivan, core class: anatomy); Alexa Guadarrama (Sullivan, core class: coding); Baylee Howley (Potter, core class: marine biology); Phoebe Anderson (Bonsall High School, Jr. Counselor); Judith Egan (Dorm Mom) This year marked the 19th Anniversary of Tech Trek, and the Fallbrook/Bonsall branch of AAUW was very proud to send six lovely and intelligent girls to spend the week at UCSD. Living in the dorms and learning how to navigate the college campus was just one aspect of this amazing experience for the 113 girls from Southern California who were chosen by their branches. The girls were kept extremely busy from 7 a.m. until the 10 p.m. "lights out." Each girl was put into a Core Class in which she spent 3½ hours each day immersed in topics like Forensics, Math, Chemistry, Anatomy, Marine Biology, Coding, or Robotics. Each class presented an awesome slide show during the parent gathering on the last day so that the "folks from home" could really see what they experienced.

Other activities the girls engaged in were classes on Flight, Polymers, Stress Management, Rube Goldberg contraptions, and a walk on the Scripps Pier (which is closed to the public) followed by a talk by marine biologists, one of whom was a Tech Trek graduate! Physics experiments, a chemistry demonstration by a female UCSD professor, and a forum of professional women scientists and engineers were some of the other highlights. On the Fourth of July, the whole group watched the inspirational movie, *Hidden Figures*, followed by an ice cream social and a glimpse of the fireworks off La Jolla beach. Considering the fact that most of these girls didn't know each other and weren't allowed cell phones or other electronic devices, it was amazing to see how quickly they bonded with each other and the staff. For these girls, this experience is an eye-opening one, not only as to college life but to the many STEM fields, which need qualified women. Thanks again, ladies of AAUW, for all your hard work raising money to make Tech Trek possible!

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Phoebe Anderson, junior counselor for the Tech Trek program at UCSD this summer, and a former Tech Trek participant, tells about her experiences to the Open House crowd. *Laríssa Anderson* Chair, Tech Trek Program

### **The Mentoring Program**



Front row: Elizabeth Ortiz, Antonia Rojas, Karen Langer Baker, Sommer Phan Second row: Eileen Hider, Chris Young, Suzetty Castellanos, Irma Gonzalez, Lee Leal, Bibiana Garcia, Ashley Osuna

Back row: Terri Keyes, Cathy Monroe, Peggy Scudder, Judy Barnett, Theresa Fiske, Ashley Scudder, Berenice Almaguer, Kathy Bierbrauer

Graduation is the best time of year, especially for those involved in our mentoring program. Above, Karen Langer Baker, long-time chair of the mentorship program, is surrounded by the mentors and mentees from the past school year. Elizabeth Ortiz, Sommer Phan, and Antonia Rojas were the graduating seniors who attended the party.

The held Kathv party at was Bierbrauer's home. The mentors provided an array of delectable dishes for our lunch, including chicken salad croissant sandwiches, a big mixed salad, fresh fruit, a fancy dip, a Jell-O mold, cookies, cupcakes, chocolates, and of course, a huge decorated graduation cake.

A former mentor, Judy Barnett, who now lives in Bend, Oregon, came and talked to the group and lamented that there is no such thing yet in Bend. Perhaps she will be inspired to start one!

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Peggy Scudder also talked, as well as her stepdaughter, Ashley Scudder, who came from Orange County for the party. Ashley has had many years of experience with AVID programs and offered to get involved with our group! Peggy has already offered to host our next Christmas party at her house. She loves being involved with the girls so much that we are thrilled to welcome her as a valuable addition to our group.

Nancy Heins-Glaser is another of our group's special friends. She has attended most of our special events and activities, taking photos for us, and observing the girls' maturity and growth throughout the year.

Terri Keyes's former mentee, Bernice Aguilar, who just completed her fourth year at UCSD and is going on to pursue her PhD, possibly in Germany, gave lots of good advice and shared many of her experiences with the group.

All the mentees gave impromptu speeches, starting with our three graduates who were in attendance: Elizabeth Ortiz, Sommer Phan, and Antonia Rojas. Our soon-to-be seniors Bibiana Garcia, Suzetty Castellanos, and Lee Lael shared their experiences as did our soon-tobe juniors Irma Gonzalez and Ashley Osuna.

Everyone who spoke expressed gratitude for their mentors and the opportunities they were given as mentees. They also talked about how much they had learned through our Speech Trek training and how they had gained so much self-confidence and the ability to speak in front of groups. (Berenice won first place in our second Speech Trek contest in 2013. She confirmed how valuable that experience had been for her.)



Rubi Duran, who has just completed her first year of college, talks to the attendees at the Open House on August 19 about her experiences as a mentee and the changes effected in her life by the program.

# Reports from our vice-president for the AAUW Fund....

The FUN FUNDS season is upon us and this year we enter the season with some exciting news. The Board has voted to use all FUNDS raised to support our work locally with Fallbrook and Bonsall students. We are able to do this because of changes in AAUW National's polices, and we feel we need to make this change in order to generate adequate funds for our Tech Trek and Scholarship programs.

Planning is underway for this year's Halloween Costume Party and Potluck



AND for the festive RED SOCKING DINNER



Both events are still in the planning stage. We are still looking for host homes for both events and committee volunteers. If you can offer your home or your time please contact Bobbie Miller for details: rushx007@umn.edu.

# ...and from our Finance Officer

Your Volunteer Hours Do Double Time: The volunteer hours you contribute could help our AAUW Fallbrook Branch in another way. Called Dollars for Doers, companies encourage current employees or retired employees to become involved in community service. There are different guidelines for each company's program. Some companies offer grant funds to nonprofit organizations if (1) you retired from said company and (2) you volunteer a specific number of hours to the nonprofit.

For example, one of our members retired from Exxon. Exxon offers \$500 per quarter to the nonprofit if the retired member volunteers 20 hours per quarter. The link below is a list of the top companies that offer this type of program, but there are many other companies that offer similar grants. Contact Teresa Fiske if you have any questions about how your volunteer hours might help the Fallbrook branch through your current or past employer.

https://doublethedonation.com/matching-grant-resources/list-volunteergrant-companies/

### **Announcements and Reminders**

After working with National AAUW, our branch has been able to set up a new website. It's beautiful and exciting. Check it out at fallbrook-ca.aauw.net

To be included in the Members' Directory, your picture and the \$85 annual dues must be received by Sept 1st. AAUW Fallbrook, attn: Treasurer, P.O. Box 1061, Fallbrook CA 92088.

A new set of PowerPoint slides is available to anyone who wants to make a presentation to the community about AAUW Fallbrook. OR if you belong to an organization and would like one of the board members to make the presentation, contact any board member.

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Kathy Bierbrauer has two containers of "goods" that can be used for any AAUW get-together. The list will be part of the permanent material in the newsletter each month. Contact Kathy if you need any of these items. ckbierbr@gmail.com

Also, contact Kathy Bierbrauer, our corresponding secretary, if you know of any member who needs a card or note: ckbierbr@gmail.com. Since we don't have an official photographer this year, if you're in charge of an event, please snap a few pictures and send them to Charlotte for the newsletter: cseidman@ucsd.edu

Karen Langer Baker is sending out the following to mentors: The orientation meeting for the new year: 3 p.m. in the AVID classroom (#80) at FUHS on Monday, September 11

Karen is also sending out an urgent request for mentors. Please contact her if you're interested in working with these amazing young women and becoming an agent for change in their lives. karenlangerbaker@gmail.com

Over the next year, I'll be collecting "stories" about the mentor-mentee relationship and the successes of the program. If you've been a mentor, please send me your stories and pictures. cseidman@ucsd.edu

Over the summer, the board got together for a planning meeting. We have some exciting and educational events planned for the coming year.

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## **Birthday Wishes...**

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This cake was presented to Betty Gilby on her 98th birthday in May, but it's also pictured here to help celebrate all of these summer birthdays! Happy birthday, AAUW sister-friends!

> June 3 – Judy Egan June 5 – Diane Reeder June 7 – Emma Urueta-Ruiz June 19 – Iris Bourque June 24 – Faith Moser-Whipple

July 7 – Young Milton July 9 – Eileen Hider July 14 – Larissa Anderson July 23 – Bobbie Miller July 24 – Terri Keyes July 26 – Monica Lang

Aug 12 – Rosemary West Aug 15 – Maria Viernes Aug 19 – Marilee Ragland

Sept 4 – Elizabeth Leader Sept 21 – Guity Barlow

#### Honoring Jackie Sichi-Krzmarzick

Inside Jackalyn Sichi-Krzmarzick was the soul of a writer, and one who loved to journal. But there couldn't have been much time to pursue writing early in her adult life; she was occupied with raising seven children and learning how to be a skilled and a resourceful homemaker.

Jackie launched her second career in her late 30s, and headed back to school. She graduated magna cum laude from CSUN in June 1974 with a degree in history. She then had a 20-year teaching career with the LA Unified School District and loved it. She spent much of her time with second graders at Micheltorena School.

In 1994, Jackie and her husband Gordon retired to Fallbrook where they found paradise and many new friends, including those in AAUW Fallbrook and the Fallbrook Republican Women's Club. She elected to emphasize education not only in her personal life, but later in her service-related activities as well. She joined and became co-president of AAUW with her best friend and embraced its goal of the furtherance of higher education for young women through scholarship and mentoring.

## Of special note:

On August 26, 1920, the 19th amendment to the U.S. Constitution was adopted. This amendment guaranteed women the right to vote. The amendment was the culmination of more than 70 years of struggle by women suffragists. The two sections of the amendment read simply:

#### The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex;

#### and

## Congress shall have power to enforce this article by appropriate legislation.

The suffrage movement was founded in the mid-19th century by women who had been politically active through their work in the abolitionist and temperance movements. We stand on the shoulders of brave women.

Thanks to Nancy Heins-Glaser for sharing this important bit of history!

### **Upcoming Events**

DATE: Friday September 15, 2017 at 6:30 pm MOVIE: "The Big Sick" HOSTS: Kathy and Chet Bierbrauer 2347 Dos Lomas, Fallbrook (Champagne Crest off Gird) RSVP to hosts: Kathy: Home: 728-7297 Cell: 760.468.4200 – or – ckbierbr@gmail.com

**REVIEWERS: Elizabeth Leader and David Hill** 

AAUW Movie Review is open to all members plus a guest. Prospective members plus a guest are also welcome. Watch movie beforehand (if able) and bring a hearty appetizer or dessert to share and your beverage of choice. Host provides coffee. Please RSVP to Host only and chair as needed. We have social and eating time first followed by the review. For any questions, please contact Susan Duling, Chair: susancasoduling@yahoo.com – or – cell: 760-390-6069.



### Scarecrow-Building Workshops August 25, 26, 27 September 8, 9, 10, 22, 23, 24 Time: 2pm-5pm

Location: Fallbrook Historical Society Barn (corner of S. Hill Ave. & Rocky Crest Lane)

Come help build the AAUW scarecrow on display in downtown Fallbrook during the month of October.

Mentors and mentees who are interested in participating should contact Nancy Heins-Glaser for more information or if they have questions.

Nheinsglaser@gmail.com

## Coming soon! The mah jong tournament

This tournament is one of the main fundraisers for AAUW.

Thursday October 19, 2017 At the VFW 1175 Old Stage Rd Fallbrook

Entrance Fee \$20

Tickets for items in the Opportunity Drawing will be sold at the door

Prizes for high scorer at each table

11:15: Doors open Sign in Pay at door Buy tickets Buy opportunity drawing tickets

#### Lunch

Noon: Play begins When play ends, there will be prizes for table winners And a drawing for opportunity items.

To sign up, contact Araxy Moosa at 760-723-2262

## National AAUW Webinars

National AAUW will be having monthly skills training webinars beginning September 12 at 4 p.m. PST, then each month on the 2nd Tuesday. They appear to be covering interesting topics; take a look. You can sign up through the biweekly *Mission and Action* email or on <u>aauw.org</u>.

### **AAUW** Supplies

AAUW has 2 bins of supplies that are for use in any AAUW event, stored in the garage of Chet and Kathy Bierbrauer. Before purchasing supplies, please check the bins; ckbierbr@gmail.com - or - 760-728-7297

Bin 1:	Bin 2:
Coffee Maker, filters, sugar,	
sweetener, stir sticks, etc.	1 Navy AAUW Tablecloth.
4 packs crystal lite	2 large packs of napkins
2 small baskets, plastic creamer	10-9" paper plates
7 plastic trays	approx 40 forks white plastic
latex gloves	
3 Mah Jong prizes: scented soy candle, 3-pack bath products, Olde England classic cottage	Many of each: cold drink cups, hot drink cups and Styrofoam cups

For anyone interested, we store our car seat and booster seat on top of bins to use when the Grandkids come. You are welcome to borrow them, if you need them.

## September

# 2017

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 Membership dues and picture due for inclusion in the Directory	2
3	4 Happy birthday, Elizabeth!	5	6	7	8 Scarecrow Building Workshops ** Sept 8,9,10, 22, 23, 24 2 to 5 p.m.	9 General Meeting Tech Trek Reunion 10 a.m. Café des Artistes
10	11 Orientation for the Mentoring Program ** AVID classroom (#80) 3 p.m.	12 National AAUW skills training webinar ** 4 p.m. (Series starts)	13	14	15 Movie Review Night 6:30 p.m. The Bierbrauers **	16
17	18	19	20	21 Happy birthday, Guity!	22	23
24	25	26	27	28	29	30
1	2	3	4	5	6	7

Notes: \*\*See full articles about these specific activities.