



Women with Vision

Fallbrook CA Branch

volume 33, issue 6, March 2018

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Young women with dreams become women with vision

Our Mission: Advancing equity for women and girls through advocacy, education, philanthropy, and research. The American Association of University Women is the nation's leading voice promoting equity and education for women and girls.

Why March is National Women's History Month

As recently as the 1970s, women's history was virtually an unknown topic in the K-12 curriculum or in general public consciousness. To address this situation, the Education Task Force of the Sonoma County (California) Commission on the Status of Women initiated a "Women's History Week" celebration for 1978.



Mobilizing a Movement

In 1979, Molly Murphy MacGregor, a member of our group, was invited to participate in The Women's History Institute at Sarah Lawrence College, which was chaired by noted historian, Gerda Lerner, and attended by the national leaders of organizations for women and girls. When the participants learned about the success of the Sonoma County's Women's History Week celebration, they decided to initiate similar celebrations within their own organizations, communities, and school districts. They also agreed to support an effort to secure a "National Women's History Week."

Presidential and Congressional Support

The first steps toward success came in February 1980 when President Carter issued the first Presidential Proclamation declaring the Week of March 8th, 1980, as National Women's History Week. In the same year, Representative Barbara Mikulski, who at the time was in the House of Representatives, and Senator Orrin Hatch co-sponsored a Congressional Resolution for National Women's History Week 1981. This co-sponsorship demonstrated the wide-ranging political support for recognizing, honoring, and celebrating the achievements of American women.

A National Lobbying Effort

As word spread rapidly across the nation, state departments of education encouraged celebrations of National Women's History Week as an effective means to achieving equity goals within classrooms. Maryland, Pennsylvania, New York, Oregon, Alaska, and other states developed and distributed curriculum materials for all their public schools. Organizations sponsored essay contests and other special programs in their local areas. Within a few years, thousands of schools and communities were celebrating National Women's History Week, supported and encouraged by resolutions from governors, city councils, school boards, and the U.S. Congress.

National Women's History Month

By 1986, 14 states had already declared March as Women's History Month. This momentum and state-by-state action was used as the rationale to lobby Congress to declare the entire month of March 1987 as National Women's History Month. In 1987, Congress declared March as National Women's History Month in perpetuity. A special Presidential Proclamation is issued every year that honors the extraordinary achievements of American women.

Presidential Message 1980

President Jimmy Carter's Message to the nation designating March 2-8, 1980 as National Women's History Week:

"From the first settlers who came to our shores, from the first American Indian families who befriended them, men and women have worked together to build this nation. Too often the women were unsung and sometimes their contributions went unnoticed. But the achievements, leadership, courage, strength, and love of the women who built America were as vital as that of the men whose names we know so well.

"As Dr. Gerda Lerner has noted, 'Women's History is Women's Right.' It is an essential and indispensable heritage from which we can draw pride, comfort, courage, and long-range vision. I ask my fellow Americans to recognize this heritage with appropriate activities during National Women's History Week, March 2-8, 1980.

"I urge libraries, schools, and community organizations to focus their observances on the leaders who struggled for equality—Susan B. Anthony, Sojourner Truth, Lucy Stone, Lucretia Mott, Elizabeth Cady Stanton, Harriet Tubman, and Alice Paul. Understanding the true history of our country will help us to comprehend the need for full equality under the law for all our people.

This goal can be achieved by ratifying the 27th Amendment to the United States Constitution, which states that 'Equality of Rights under the Law shall not be denied or abridged by the United States or by any state on account of sex.'"

By Molly Murphy MacGregor, Executive Director and Co-founder of the National Women's History Project

And our Fallbrook–Temecula Joint Meeting gave us the opportunity to kick off Women’s History Month in fashion



Standing among the women we admire: Frida Kahlo, Mary Jean Gordon, Laurel Groshong, Harriet Tubman, Elizabeth Leader, Eleanor Roosevelt, Anne Hoiberg, Annette Losin, Janie Curtright, and Jan Clark-George.

Mary Jean, Laurel, Annette, and Jan are members of the Temecula Branch of AAUW.

Anne Hoiberg (right), San Diego County Women’s Hall of Fame Activist, and author of over 130 scientific articles on issues including women’s health, women in the military, domestic violence, and alcohol abuse presented the guest lecture to our Fallbrook–Temecula Joint Meeting on Saturday, March 3, at the Woman’s Club House in Fallbrook.

Her talk focused on the history of AAUW and the role that women and the organization have played in the growth and development of our local and national policies.





In preparation for the March 3 meeting, Nancy Heins-Glaser, Peggy Scudder (costumer); BJ Lane (sculptor); and Jeanie Curtright pose with their creations, Marie Curie, Frida Kahlo, Harriet Tubman, and Eleanor Roosevelt.



footsteps.

The joint meeting gave us the opportunity to interact with our sister members from Temecula. Here, Susan Duling is introducing Marie Curie (our entry in the Fallbrook Scarecrow Contest last October, to Giselle Gauthier, a new AAUW member from Temecula. Giselle's mother had been a member of AAUW, and Giselle was pleased to be following in her mother's

Chris Young and Alice Orr, right, share a hug before the March 3 meeting. Getting together with AAUW sister-members in a social environment and sharing our lives with others are just some of the benefits of the organization.





Anna Quigley, website manager, and Karen Langer Baker, chair of our mentoring program, top; along with Margie Mosavi, Peggy Scudder, and Elizabeth Leader, Fallbrook AAUW President, enjoy the camaraderie of the March 3 event (and the great food catered by Brother's Bistro).

Report from Jeanie Curtright, our VP for Programs

Our Annual Joint Meeting with the Temecula Branch was quite a success. Our guest speaker was Anne Hoiberg. One of her many achievements was being inducted into the Women's Museum of California. She embodies what it means to be in the Women's Hall of Fame *Activist*. The museum's slogan is "preserving the past INSPIRING THE FUTURE." In keeping with preserving the past, four remarkable women flanked Anne. Marie Curie, Harriet Tubman, Eleanor Roosevelt, and Frida Kahlo helped set the stage for a very inspiring and enlightening afternoon. Anne spoke of AAUW's struggle from "Empowering Women since 1881" to the Lilly Ledbetter Fair Pay Restoration Act. She spoke of the hard-fought progress over the years and reminded us (as we know) there is still more work to be done.

Many thanks to BJ Lane, Peggy Scudder, and Nancy Heins-Glaser for bringing these influential women from the past to life for us. Thanks to Temecula AAUW Members for joining us and to all the women who helped make this a huge success.

As a member of this great organization, keep in mind the goal is for all women to achieve their overdue legitimate equal status as citizens of this country and the world.

"Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less."

~ Marie Curie

"I had reasoned out in my mind, there was one of two things I had the right to, Liberty or Death; if I could not have one, I would have the other."

~ Harriet Tubman

"Feet, what do I need you for when I have wings to fly."

~ Frida Kahlo

"Justice cannot be for one side alone but must be for both."

~ Eleanor Roosevelt

To learn more about our famous guests, check out:

https://en.wikipedia.org/wiki/Harriet_Tubman

https://en.wikipedia.org/wiki/Frida_Kahlo

March 2018 President's Message

Dear Friends:

On March 3, we hosted our Annual Joint Meeting with Temecula at the Woman's Club House. We had a delicious lunch catered by Brother's Bistro and heard from a fascinating speaker, Anne Hoiberg, an accomplished research psychologist, writer, and activist. Anne has spoken on women's health issues, women in the military, domestic violence, alcohol abuse, stress-related diseases, and the role of military in society. Her talk focused on the history of AAUW, and we all learned some new information about our organization and the women who came before us.

We also had three special guests at the luncheon, Frida Kahlo, Eleanor Roosevelt, and Harriet Taubman. Artist BJ Lane created our lifelike guests, in collaboration with Peggy Scudder, Nancy Glaser and Jeannie Curtright. A HUGE thanks to BJ and Peggy for their amazing creativity and artistic talent in bring our "guests" to life.

We are in need of members to step-up and help with two key positions on our board: VP Membership and VP Programs. We welcome any members, including new members, who have an interest in serving on the board to put your name forward. Job descriptions are listed later in the newsletter, so please review them and consider taking on a 1-year term serving as chair or co-chair. These positions are not that time consuming and the workload is shared with committee members. Without these two positions our branch will not be able to sustain itself. Elections will take place at our Annual Meeting on April 7.

Sincerely,

Elizabeth Leader



Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.

~ Margaret Mead



...sends birthday greetings to:

March 22 – Susan Nelson

March 28 – Joy Frew

March 30 - Kathy Bierbrauer

March 31 – Genevieve Sparks

April 1 – Ashley Scudder

April 3 – Nancy Heins-Glaser

April 21 – Karen Langer Baker

Contact Kathy Bierbrauer, our corresponding secretary, if you know of any member who needs a card or note: ckbierbr@gmail.com



...to help make our AAUW Branch great! We're in need of members to step up and help with some of the very important positions on the board. Without all of us pulling together to get this work done, our branch might not be able to sustain itself. **There's nothing stronger than the heart of a volunteer.** Use your strength to help us maintain our stellar record of helping the young women of this community.

These positions are currently open:

The Membership Vice President shall:

1. Lead new member recruiting efforts; serve as chair of the membership committee
2. Communicate with prospective new members and help them to join online
3. Preside at board meetings in the absence of the president and first vice president of programs
4. Update directory each Fall

The Program Vice President shall:

1. Serve as chair of the committee on program development
2. Preside at meetings in the absence of the president
3. Send out program invitations and coordinate monthly meeting details

Call Elizabeth Leader if you're interested in one of these positions.

News from the Mentoring Group

The mentoring group has had a busy and invigorating past couple months, including the awarding of "Student of the Month" to one of "our girls" and a Spring-break trip to Balboa Park.

Ten mentees (Alejandrina Lopez, Bibiana Garcia, Dulce Serrano, Esme Gutierrez, Jimena Ramirez, Juana Raymundo, Lee Leal, Marisol Gonzalez, Paula Serrano and Suzetty Castellanos), six mentors (Bobbie Miller, Elizabeth Leader, Karen Langer Baker, Kathy Bierbrauer, Lesley Ibaven, and Terri Keyes), plus Karen's husband Larry and photographer extraordinaire Nancy Heins-Glaser, visited the museums in Balboa Park during the Presidents' Day vacation.



Left to right: Marisol Gonzalez, Bibiana Garcia, Jimena Ramirez, Paula Serrano, Esmeralda Gutierrez, Dulce Serrano, Suzetty Castellanos, Juana Raymundo



Enjoying lunch in the park during a beautiful sunny cool day of museum visiting...Left to right: Terri Keyes, Larry Baker, Lesley Ibaven, Marisol Gonzalez



Bobbie Miller, Kathy Bierbrauer, and Elizabeth Leader enjoying a day out in Balboa Park, chaperoning the girls from our mentoring program.



Left to right: Lesley Ibañen, Marisol Gonzalez, Dulce Serrano, Paula Serrano, Karen Langer Baker, Suzetty Castellanos, and Esmeralda Gutierrez

One of the fascinating exhibits the group saw was a display at the Museum of Man entitled *Race: Are We So Different?* The images below are part of the display. Learn more at:

<https://www.balboapark.org/museums/museum-of-man>



Suzetty Castellanos, AAUW mentee of Karen Langer Baker, was chosen as Student of the Month and honored along with three others for the month of February. She was selected as one of 27 FUHS students for the school year 2017–2018 from the entire student body of more than 2000!

After a breakfast buffet, Mrs. Connie Fellios, who had nominated her, spoke of Suzetty's many challenges as she juggled school and home responsibilities. We

are proud of Suzetty and all the young women who are participating in our mentoring program.



With Karen and Suzetty: dad Antonio, brother Joseph, mother Eulalia, sister Marilyn

~Karen Langer Baker
Chair, Mentoring Program

Focus on Policy

By Policy Chair Joy Frew



The Universal Declaration of Human Rights Turns 70

Why We Should All #StandUp4HumanRights

The year 2018 marks 70 years since the Universal Declaration of Human Rights (UDHR) was adopted by the United Nations, and today the global rights of women and girls are being proclaimed in marches, social media campaigns, and legislatures. While the world will never be free from conflict or violations of human rights, the UDHR set forth a foundation for a more just world: a world in which people are inherently born with dignity and fundamental rights; never before had that idea been internationally recognized. Never had a single document been so effective at laying the groundwork for national and international protections against human rights abuses.

AAUW at the United Nations

AAUW was involved in the crafting of the

UDHR and the creation of the United Nations itself from the beginning. Less than two months after the end of World War II in September 1945, 50 nations and 40 organizations, including AAUW under the intrepid leadership of Virginia Gildersleeve, PhD, came together to establish the United Nations. This new organization would succeed the League of Nations, an earlier, ineffective version of the UN that failed to prevent the onset of World War II. The drafting committee of the declaration, chaired by Eleanor Roosevelt, worked with the UN Commission on the Status of Women (CSW) and AAUW CSW representatives like Dorothy Kenyon, JD, to ensure that the rights of women and girls were represented in the document. AAUW is still present at the UN today working to advance the rights of women and girls.

Most of Fallbrook is in Congressional District 50, which is currently represented by Duncan Duane Hunter; **Phone:(202) 225-5672 Fax:(202) 225-0235.**

Our Senators are Dianne Feinstein; **Phone:(202) 224-3841 Fax:(202) 228-3954;** and Kamala Devi Harris; **Phone:(202) 224-3553 Fax:(202) 224-2200.**

News from the Tech Trek Program

The Tech Trek committee met last week at the library to conduct the interviews that will lead to the selection of those girls who will be attending Science Camp at UCSD during the coming summer.



Larissa Scors Anderson, left, chair of the local AAUW's Tech Trek committee, explains to the participants and parents the process involved in the interviews and selection.

Interviews were conducted with 12 girls, by Larissa; Maria Viernes and Susan Duling (pictured right); and Charlotte Seidman





Each year, during the selection process, the “graduates” from the prior year are invited to provide personal information about the program to the new candidates, via a slide presentation. This year, we had four graduates from last year who helped the candidates and their parents understand what it meant to them to attend the UCSD Science Camp.

These amazing young women are: Alexa Guadarrama, Milana Collier, Baylee Howley, and Virginia Lazaro del Razo.

Upcoming Events

Mah Jong games are played on the 2nd and 4th Friday of each month and open to all who play. If you would like to be added to the list of players, notify Kathy Bierbrauer. Notes are sent to all players on the list the week of play. There is no commitment to play until that time.

If you would like to learn to play, Contact Araxy Moosa. It is a fun game and good for your brain! Please come play with us.

Kathy Bierbrauer ckbierbr@gmail.com



March 16

Welcome to Movie Review

Thank you to Chet and Kathy Bierbrauer, pictured above, for again hosting us all at their home for a wonderful review by Diane and Michael Summers.

The March movie is “The Shape of Water” and Julie and Paul Norberg will host. Nancy Heins-Glaser and Noel will lead our review.

DATE: Friday, March 16, 6:30 pm

MOVIE: “The Shape of Water”

REVIEWERS: Nancy Heins-Glaser and Noel Glaser

HOST: Julie and Paul Norberg, 230 South Stagecoach Lane, Fallbrook
(between Alvarado and Fallbrook St)

RSVP to HOSTS: email jcnorberg@att.net Home: 760-728-8700 cell: 760-468-3937.

Looking ahead: we have Hosts for April and May. Diane and Ron Reeder have volunteered to host April 20th and Elizabeth Leader and David Hill have volunteered to host May 18th. We do need reviewers for these months.

AAUW Movie Review is open to all members plus a guest. Prospective members plus a guest are also welcome. Watch movie beforehand (if able) and bring a hearty appetizer or dessert to share, plus your beverage of choice. Host provides coffee. Please RSVP to Host only and chair as needed. We have social and eating time first followed by review. Please forward this to other branch members as needed.

For questions please contact Susan Duling susancasoduling@yahoo.com cell 760-390-6069.

April 7

General meeting at Café des Artiste, 10 – noon



Our April speaker will be Patricia Serrano, vice chair of the North County Immigration Task Force. Patricia was born in Mexico City where she got her law degree from the National University. She now lives in North San Diego County where she is an advocate for the Immigrant Community. She was trained by the ACLU on giving “Know Your Rights” Workshops to bilingual groups. She also works on policy with government leaders and talks to schools about DACA (Deferred Action for Childhood Arrivals).

The North County Immigration Task Force, in partnership with the immigrant community, works to advance the leadership, rights, dignity and well-being of immigrants in North County, San Diego. They meet in San Marcos.

In addition to our guest speaker, we will be holding elections for the officers who will guide our AAUW Branch over the next year. Please consider “throwing your hat in the ring” for one of the open positions. The ability of our group to survive depends on the “volunteer heart” in each of us.



April 29

Rally for Children will hold its annual “Arts in the Park” at Live Oak Park on Sunday April 29th from 11:00 to 4:00. They are looking for volunteers to help run their

MASK MAKING tables. Volunteers work a 2-hour shift. If you are interested in volunteering for a fun two hours helping young children make masks call Bobbie Miller: (760) 723-9516. Rally for Children is a nonprofit organization serving the children of Fallbrook and Bonsall by supporting charitable projects and programs. <http://www.rallyforchildren.org/>

May 1

AAUW Fallbrook will be awarding scholarships to 12 young women at this special event, to be held at the Palomares House, from 7 to 9 p.m.

May 5

General meeting: brainstorming and planning for the coming year; 10 to noon; more details in the next newsletter.



Save the date

Saturday, June 2, 2018

Spring Tea

*Help celebrate the installation of
the 2018 Board of Officers*

*Enjoy a Classic English Tea while
supporting FUNds*

Details to be announced

AAUW Supplies

AAUW has 2 bins of supplies that are for use in any AAUW event, stored in the garage of Chet and Kathy Bierbrauer. Before purchasing supplies, please check the bins; ckbierbr@gmail.com - or - 760-728-7297

| Bin 1: | Bin 2: |
|---|--|
| Coffee Maker, filters, sugar, sweetener, stir sticks, etc. | 1 Navy AAUW Tablecloth. |
| 4 packs crystal lite | 2 large packs of napkins |
| 2 small baskets, plastic creamer | 10-9" paper plates |
| 7 plastic trays | approx 40 forks white plastic |
| latex gloves | |
| 3 Mah Jong prizes: scented soy candle, 3-pack bath products, Olde England classic cottage | Many of each: cold drink cups, hot drink cups and Styrofoam cups |

For anyone interested, we store our car seat and booster seat on top of bins to use when the Grandkids come. You are welcome to borrow them, if you need them.

AAUW FALLBROOK CA BRANCH Officers and Committee Chairs for 2017-2018

Elected Officers:

| | | |
|--------------------------------|-------------------|--------------|
| President | Elizabeth Leader | 858-831-2577 |
| President Elect | Young Milton | 760-522-7481 |
| 1st Vice President, Programs | Jeanie Curtright | 760-822-1717 |
| 2nd Vice President, Membership | Young Milton | 760-522-7481 |
| 3rd Vice President, AAUW Fund | Bobbie Miller | 760-723-9516 |
| Finance Officer | Teresa Fiske | 760-550-2319 |
| Recording Secretary | Charlotte Seidman | 760-451-6232 |
| Corresponding Secretary | Kathy Bierbrauer | 760-468-4200 |

Committee Chairs:

| | | |
|----------------------------|--------------------|--------------|
| Book Discussions | OPEN | |
| Directory | Teresa Fiske | 760-550-2319 |
| Historian | Nancy Heins-Glaser | 973-477-7914 |
| Mah Jong | Kathy Bierbrauer | 760-468-4200 |
| Mah Jong Tournament | Araxy Moosa/Kathy | 760-723-2262 |
| Mentorship Program | Karen Langer Baker | 760-500-0393 |
| Movie Group Potluck/Review | Susan Duling | 760-390-6069 |
| Newsletter Editor | Charlotte Seidman | 760-451-6232 |
| Photographer | OPEN | |
| Policy | Joy Frew | 425-830-7569 |
| Public Relations | Carrie Hughes | 760-451-9897 |
| Scholarships | Young Milton | 760-522-7481 |
| Tech Trek Chair | Larissa Anderson | 858-342-8794 |
| Website Manager | Anna Quigley | |

March 2018

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|------------------------------|-----------|-----------|---------------------|------------------------------|--|---------------------------|
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Daylight Savings Time starts | | | | | Movie Night** | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| | | | | Happy Birthday, Susan Nelson | Mah Jong** | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | | | Happy Birthday, Joy | Mentor-mentee activity | Good Friday Happy Birthday, Kathy B | Happy Birthday, Genevieve |

April 2018

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|----------|--------------------------|-----------|-----------|------------|--|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Easter Sunday Happy Birthday, Ashley | | Happy Birthday, Nancy HG | | | | General Meeting Café des Artiste 10 – noon** |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| | | | | | Mah Jong** | |

| | | | | | | |
|--|-----------|-----------|-----------|-----------|-------------------------|--|
| 15 | 16 | 17 | 18 | 19 | 20 | 21 Happy Birthday, Karen LB |
| 22 | 23 | 24 | 25 | 26 | 27 Mah Jong** | 28 |
| 29 Rally for Children Arts in the Park 11-4** | 30 | | | | | |

† Note that the Tech Trek selection process is starting for the upcoming summer camp at UCSD. More information to follow.

** See notes in newsletter about these events.