



Women with Vision

Fallbrook CA Branch

volume 34, issue 4, March-April 2019

P.O. Box 1061, Fallbrook CA 92088-1016

Website: fallbrook-ca.aauw.net

Young women with dreams become women with vision

Our Mission: Advancing equity for women and girls through advocacy, education, philanthropy, and research. The American Association of University Women is the nation's leading voice promoting equity and education for women and girls.

Happy Spring!

Dear Friends,

Many thanks to our Board Members for the long hours invested in making our chapter successful and thriving. I am grateful for the well-organized Mentorship program, the professional newsletter that I am proud to share, the ever-growing, popular movie review group, the interesting and meaningful speakers for our meetings, the generous donors for our scholarship and Tech Trek awards, and the many volunteers who make things go seamlessly.

As always, I look forward to seeing you at our AAUW upcoming events:

- Our joint meeting with Temecula is set for Saturday, March 23, 2019 starting at 11:30 a.m. at Bailey Winery – Carol's Restaurant Private Party Room, 33440 La Serena Way, Temecula. To RSVP, please mail \$30 payment to Susan Alpern, 29354 Masters Dr. Murrieta 92563. Program: Jean Bethell will tell of her life while living in the Temecula Valley as secretary to Erle Stanley Gardner, author of the Perry Mason mystery novels. I hope to see many of us there.
- At our Annual Meeting on April 6, our speaker will be a PhD who received an AAUW Fellowship. We will also be voting on our 2019-2020 Board Officers:

President: Young Milton
First VP, Programs: Susan Duling
Second VP, Membership: Jeanie Curtright
Third VP, AAUW Funds: Sharon Robinson
Finance Officer: Elizabeth Leader
Recording Secretary: Margie Mosavi
Corresponding Secretary: Kathy Bierbrauer

- In May we will hear from local elected officials: our very own AAUW members!
- We will once again hold an Awards Ceremony for winners of the Tech Trek and high school scholarships. Please mark your calendar for Saturday, June 1st, at 10 a.m.
- If you know of someone who might be a good fit to join our group, please invite them to our meetings.

Best regards,
Young Milton
 President
 AAUW Fallbrook



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Contact Kathy Bierbrauer, our corresponding secretary, if you know of any member who needs a card or note: ckbierbr@gmail.com

News from Our Mentoring Program

Karen Langer Baker, Chair

Focus on speech coaching

Nine mentees attended our first speech coaching session in Room 23 at 3 pm Monday, January 28. We will be meeting every week through March. The contest will be Friday evening, March 29, in the community room of our library.

The girls learned about the three categories used by the judges, who are members of Toastmasters: Content (speech development, effectiveness, and speech value) counts for 50%; delivery (physical, voice, and manner) counts for 30%; and language (appropriateness and correctness) counts for 20% of the vote.

We also covered the six characteristics of an exceptional presenter

1. Organized... prepared, polished, and poised
2. Passionate... Persuasive and contagious energy with body language, facial expressions, movement, gestures, and voice
3. Eye contact... Smile, humor, involvement with audience
4. Natural... Comfortable, conversational, open, engaging, spontaneous, off-the-cuff
5. Understand... What attendees have in common, what they know or don't know about your topic
6. Practice... Inflection, voice volume, eye contact, gestures, posture, avoid fillers

We discussed the various topics (such as self-esteem, stereotypes and biases, strategies for introducing change, portrayal of women in the media, sexual harassment, work and family challenges, etc.) that will include research on a woman who exemplifies the girl's choice by making a difference in our world today.

Some of the girls who cannot attend on Mondays are invited to attend on Thursdays. So far, only two girls have confirmed. I am hoping more will. Please let me know if any of you will be attending Thursday sessions.

Also in attendance today were my co-coach Lesley Ibaven and mentor BJ Lane. A former AAUW member and mentor, Chris Assad, has moved back into town and will also be participating in this activity.

All mentors are welcome to attend any of our sessions on Mondays or Thursdays. If your mentee is participating and you have the time, we would love to see you there.



Dolores Pascual and Vanessa Hernandez practice during our coaching session.

On Presidents' Day, many members of our AAUW mentorship group visited four unique artistic venues in Fallbrook. It was a beautiful, cool and clear day, perfect for walking outside.

We started at the Fallbrook Art Center where the director, Mary Perhacs, gave us many insights on the juror's selection process, her own curating challenges and many interesting facts about the artists and their art at the Watercolor and Beyond exhibition.



Here is the group at the Fallbrook Art Center with its director, Mary Perhacs, right, giving us a wonderful presentation about all the paintings, the artists, and especially a lot of inside info that we never would have been able to know.

From there, we had an opportunity to walk through the building and beautiful grounds of the Grand Tradition where special events, such as weddings, are held.



Left to right, at left: mentors Kathy Bierbrauer, Elizabeth Leader, Terri Keyes, and Barbara Luther



In front of one of the waterfalls at the Grand Tradition:
 Standing, left to right: Jimena Ramirez, Sarai Ixta, Mayrim Cruz, Carla Mendoza, Cristina Mejia. Kneeling in front, left to right: Lizette Mendoza, Dolores Pascual, Laura Guzman, Lily Mendoza



Standing, left to right: Karen Langer Baker, Lily Mendoza, Lizette Mendoza, Dolores Pascual, Jimena Ramirez, Sarai Ixta, Carla Mendoza, Mayrim Cruz, Laura Guzman, Cristina Mejia, Elizabeth Leader, Terri Keyes
 Kneeling in front: Nancy Heins-Glaser, Barbara Luther, Kathy Bierbrauer

After that, we drove back to town and had a special visit with Rosemary West in her studio behind the Fallbrook School of the Arts. She has been renovating her historic merry-go-round in Griffith Park in Los Angeles. She told us stories about how she came to own the merry-go-round and how Walt Disney created his vision for Disneyland while sitting on the benches there where he took his daughters every weekend when they were young.



We then had a wonderful lunch inside the Art School. After lunch, we toured the campus, which includes ceramics and printmaking studios. Since I am both a ceramist and printmaker as well as painter, I was able to explain all about both processes. Below, I was showing the girls how the different ones work and what an artist goes through to make a monotype of several layers.



Programs: The Heart of What We Do

From Susan Duling, First Vice President

(all meetings will be at the Palomares House, 1815 S. Stage Coach Lane,
Fallbrook, unless otherwise noted)

All Fallbrook AAUW members are invited to attend two March events with other local AAUW branches. This is a fun opportunity to meet other AAUW members and learn about their branch programs.

Saturday March 16, 2019, 9:30 AM

Joint AAUW meeting with Carlsbad-Oceanside-Vista Branch, Del Mar-Leucadia Branch and Fallbrook Branch.

Location: Oceanside First Presbyterian Church, 2001 South El Camino Real, Oceanside CA 92054. (Off El Camino and the 78)

Cost: \$25. Includes Salad Bar with rolls and Dessert

Speaker: Dr. Joely Proudfit

Professor and Dept. Chair of the American Indian Studies Dept. at California State University, San Marcos. Appointed by Pres. Obama to the National Advisory Committee on Indian Education. Dr. Proudfit is a descendant of the Pechanga Band of Luiseno Indians.

RSVP and payment: Send check to Belle Bohn, 5753 Spur Ave, Oceanside CA 93057

Make check for \$25 to "COV AAUW". For carpool contact Young Milton.

Saturday March 23, 2019, 11:30 am to 2:30 pm

Joint AAUW meeting with Temecula Branch

Location: Bailey Winery- Carol's Restaurant Private Party Room, 33440 La Serena Way, Temecula CA 92561 (off Rancho California Road)

Cost: \$30. Menu: Vineyard Salad, Grilled Breast of Chicken, Pasta Primavera, Roasted Potatoes, Cheesecake with fresh Strawberries, Coffee, Tea, Lemonade. Wine purchased on own.

Speaker: Jean Bethell, former secretary to Erle Stanley Gardner, author of the Perry Mason mystery novels. She will be presented by the Notable Women in History, Temecula Valley Historical Society.

RSVP and payment by Friday March 15th: Send check to Susan Alpern, 29354 Masters Drive, Murrieta CA 92563 (Susan Alpern phone: 951-304-9686)

Make check for \$30 to "Temecula AAUW". In memo write "March 23". For carpool contact Young Milton

Saturday April 6, 2019, 10:00 am

Fallbrook AAUW Branch, AAUW Educational Fellow Speaker Event

Location: Palomares House, 1815 South Stagecoach Lane, Fallbrook

Speaker: Heidi Feldman, PhD, Visiting Scholar and AAUW American Postdoctoral Research Fellow. Heidi Carolyn Feldman, PhD, is an

ethnomusicologist, author, editor and educator. Dr. Feldman's post-doctoral research focuses on the international legacy and creative method of Victoria Santa Cruz, who was an Afro-Peruvian choreographer, composer, director and lay philosopher. Feldman earned her Ph.D. in ethnomusicology at UCLA. As a college lecturer, Feldman has taught at UCSD, SDSU, Soka University, and Tulane University. She is the author of the book "Black Rhythms of Peru: Reviving African Musical Heritage in the Black Pacific" (Woodie Guthrie Book Prize)

Fallbrook AAUW is fortunate to have Dr. Feldman as a speaker. Dr. Feldman is a current fellow and recipient of an AAUW American Fellowship. It has been several years since Fallbrook branch had a visit from an AAUW Educational Fellow. Branches are limited to visits so please try to attend this special event.

Saturday May 4, 2019, 10:00 am

Fallbrook AAUW Branch Event

Location: Palomares House, 1815 South Stagecoach Lane, Fallbrook

Speakers: Local Elected Women Leaders including Fallbrook branch members Kate Schwartz-Frates from the Fallbrook Regional Healthcare District and Larissa Anderson from the Bonsall School Board. More speakers to be announced.

Saturday June 1, 2019, 10:00 am

AAUW Fallbrook monthly general meeting (\$0, in Fallbrook at Palomares House, 1815 S. Stage Coach Lane. Program: Board installation, Awards and Scholarships recognition)

Saturday June 22, 2019

San Diego County Interbranch Council Meeting

Place TBA by Beth Mason

Topic: Induction of Officers

July: Dark, no meeting.

Note to all new members: We'd like to get to know you, and we will, as the months and years go by. We'll have fun and educational times together. To start the process, tell us a little about yourself. Send a short biosketch and a recent picture to Charlotte at cseidman7@gmail.com and we'll get each one in the newsletter. And welcome to AAUW Fallbrook – we're a great group of ladies (and a few men)!

From Our Policy Chair

Joy Frew

[Tell Congress: Support Immigrant Youth!](#)

For over 135 years, AAUW has advocated for increasing access to higher education. We support the civil and human rights of all immigrants, including a fair and just path to legal status. And we know that our higher education system and our economy are stronger because of the contributions of immigrant youth.

Since 2012, the Deferred Action for Childhood Arrivals (DACA) program has provided nearly 800,000 immigrant youth the ability to attend school, go to work, and contribute to our economy without fear of deportation. But in 2017, President Trump [moved toward ending the DACA program](#), which would take with it the opportunity for thousands of immigrants to access higher education.

We need a permanent, long-term solution for DACA recipients and immigrant youth. They are an integral part of our education system and overall community.

AAUW understands the impact that education has on the lives of students and on the nation's overall prosperity and strength. The DACA program has opened the doors of opportunity for thousands, developing a skilled workforce prepared to compete in the global economy. Our commitment to increasing opportunities in education for all women and girls stands firm.

Click the link to urge Congress to take immediate action to pass legislation that would grant immigrant youth a pathway to citizenship, an ability to access higher education, and the opportunity to work toward economic stability.

http://salsa4.salsalabs.com/o/50796/p/dia/action4/common/public/?action_KEY=25882 The page will allow you to send a letter to your Representative.

[A New Day for Women](#)

The year has barely begun, and women are already shattering records and making history. When the new Congress convened in January, [nearly a quarter of its voting membership was comprised of women](#)—the highest percentage ever. And women now hold roughly 28 percent of state executive positions. While women remain underrepresented in business, government and nonprofits—and even more progress is needed among the ranks of elected officials—this achievement is worth celebrating. After all, just 10 years ago, the percentage of women in Congress hovered around 16 percent. Having diverse new voices in policymaking will matter as AAUW embarks on an ambitious agenda to advance equity laws at the state and federal levels.

The U.S. House of Representatives is expected to take up many AAUW priorities this coming year, including the imminent introduction of the Paycheck Fairness Act, which would strengthen the Equal Pay Act of 1963, help women challenge pay discrimination, and give employers incentives to comply with the law. [Ask your members of Congress to co-sponsor this important legislation:](#)

U.S Senate: Dianne Feinstein: 202-224-3841
<https://www.feinstein.senate.gov/public/>

U.S. Senate: Kamala Harris: 202-224-3553
<https://www.harris.senate.gov/>

Fallbrook has two different House of Representative members; check out the website to find your representative:

https://ziplook.house.gov/htbin/findrep_house?ZIP=92028
<https://www.legalconsumer.com/democracy/?ZIP=92028>



March 7 – Charlotte Seidman
March 10 – Julie Norberg
March 22 – Susan Nelson
March 28 – Joy Frew
March 30 – Kathy Bierbrauer
March 31 – Genevieve Sparks
April 1 – Ashley Scudder
April 3 – Nancy Heins-Glaser
April 21 – Karen Langer Baker
May 7 – Araxy Moosa
May 7 – Chris Young
May 15 – Barbara Luther
May 17 – David Hill
May 31 – Betty Gilby

Update from the Tech Trek Program

Larissa Anderson

The new cycle of selecting our candidates for the Tech Trek Program for the summer of 2019 has started. The committee has been formed and these dates have been set:

February 5: nominations from teachers were done

February 26: applications from the candidates were received

February 26 through March 17: committee evaluations of applications are in progress

March 17 (tentative depending on the library's schedule): in-person interviews with the candidates

April 1: notify the campers

June 23-29: UCSD Science and Math Camp

Report from Our Mah Jong Chair

Kathy Bierbrauer

We welcome all Mah Jong players to join us, as we help ourselves keep healthy by exercising our brain and by socializing with each other! If you don't play yet, but are interested, we encourage you to sign up for lessons by contacting Araxy Moosa at 760-723-2262.

We play the 2nd Friday and 4th Monday of each month. Reminders will be sent.

When you are able to play, sign up by contacting the host or, if unknown, contact Kathy Bierbrauer. We play at 1pm in the home of the host.

Our schedule:

Friday March 8: Host Bobbie Miller

Monday March 25: Host Lini Bennett

Monday April 12: Host TBD

Friday April 22: Host TBD

Update from Our Movie Review Chair

Margot Dakken

Thank you to Derek Bickett, who hosted our movie review of *On the Basis of Sex* even though wife Sharon Robinson was called out of town and rainclouds loomed nearby. That's what I call going above and beyond. He's a keeper, Sharon!

Elizabeth Leader and David Hill reviewed the biopic about Ruth Bader Ginsburg's early days as a law student and budding lawyer. I believe we all left knowing a little more about the law than when we arrived. Many of the film's comments and strategy sessions became clearer after David's mini-law class. Thank you, David and Elizabeth!

Nancy Heins-Glaser got some super pix of our members posing with our Notorious RBG scarecrow, who made a special appearance at our gathering. Thank you, Elizabeth and Gina, for arranging for her visit and "chauffeuring" her, and also to Derek for "housing" her. Contact Nancy (nheinsglaser@gmail.com) if you haven't already seen the pix.

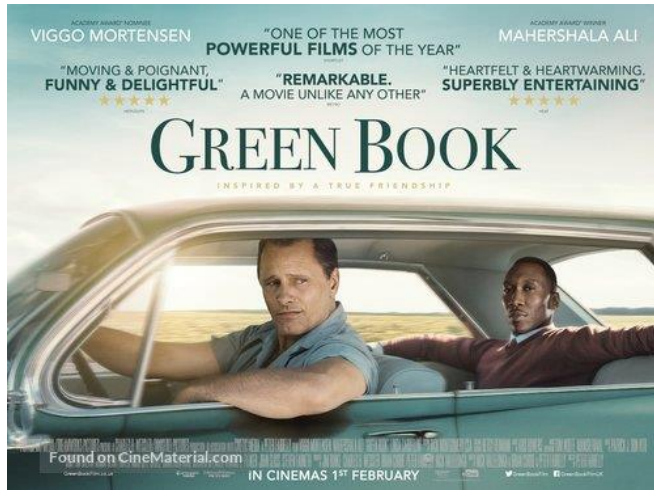
I hope that everyone has already seen **Green Book** or plans to see it this week. Please remember to RSVP to our hosts John and Susan Duling, info below, and plan your hearty appetizer or dessert to share.

DATE: Friday, March 15, 2019

MOVIE: *Green Book* Viggo Mortensen and Academy Award winner Mahershala Ali (*Green Book* and *Moonlight*) star. Peter Farrelly directs this warmhearted and surprisingly comic road-trip adventure based on a true friendship that transcended race, class, and the 1962 Mason-Dixon line. *Green Book* won the recent Oscar for Best Picture.

REVIEWERS: Diane and Michael Summers

HOSTS: Host: Susan and John Duling
1325 Nicolina Drive, Fallbrook (off Knoll Park Lane)
RSVP: email susancasoduling@yahoo.com
Cell: 760-390-6069
Landline: 760-728-9676



Lost and Found: At our January meeting at Diane Reeder's, someone dropped a pierced earring with a turquoise crystal and pewter sand dollar charm on the floor next to the table with the red tablecloth and an orange towel was left on the kitchen counter. These items will be brought to the March meeting for their owners to claim.

AAUW Movie Review is open to all members plus a guest. Prospective members are also welcome and may bring a guest. Watch the movie beforehand (if able) and bring a hearty appetizer or dessert to share, plus your choice of beverage. The host provides coffee. We have a social and eating time first, followed by the review. Please forward this information to other branch members as needed. For questions, please contact Margot Dokken at atnevehmind@gmail.com or call/text: 949-280-2628.

Movie Review Schedule: 2019

APRIL 12: Because the 3rd Friday is also Good Friday and Passover, we decided to meet a week earlier, on April 12. Elizabeth Leader and David Hill have offered to host. We will select a movie closer to the date.

MAY 17: Carole Hodges and Paul Schumann have offered to host. We will select a movie closer to the date.

AAUW Supplies

If you are hosting an AAUW event and want to use the supplies we've collected, please contact Young Milton.

Sharing AAUW with the Community

AAUW Fallbrook recently developed a set of Power Point slides that detail what our branch is and what it does. Our plan was to have the slide presentation available as an information and marketing tool, to let other organizations in the community know about us. If you belong to a group in the community that might be interested in hearing about our work, and possibly joining us in joint projects, please contact Charlotte at cseidman7@gmail.com.

AAUW FALLBROOK CA BRANCH Board of Directors and Committee Chairs for 2018–2019

Elected Officers:

President	Young Milton	760-522-7481
1st Vice President, Programs	Susan Duling	760-390-6069
2nd Vice President, Membership	Jeanie Curtright	760-822-1717
	Nancy Heins-Glaser	973-477-7914
3rd Vice President, AAUW Fund	Bobbie Miller	760-723-9516
Finance Officer	Elizabeth Leader	858-831-2577
Recording Secretary	Margie Mosavi	760-822-0868
Corresponding Secretary	Kathy Bierbrauer	760-468-4200

Committee Chairs:

Mah Jong	Kathy Bierbrauer	760-468-4200
Mah Jong Tournament	Araxy Moosa/Kathy	760-723-2262
Mentorship Program	Karen Langer Baker	760-500-0393
Movie Group Potluck/Review	Margot Dokker	949-280-2628
Newsletter Editor	Charlotte Seidman	760-451-6232
Photographer	OPEN	
Policy	Joy Frew	425-830-7569
Public Relations	Carrie Hughes	760-451-9897
Scholarships	Margie Mosavi	760-822-0868
Tech Trek Chair	Larissa Anderson	858-342-8794
Website Manager	Anna Quigley	

Mar2019

Sun	mon	tue	wed	thu	fri	sat
					01	02
03	04	05	06	07 Happy birthday, Charlotte	08 Mah jong	09
10 Happy birthday, Julie	11	12	13	14	15 Movie night	16 Joint branch meeting
17 Tech Trek interviews	18	19	20	21	22 Happy birthday, Susan	23 Joint meeting, Temecula
24	25 Mah jong	26	27	28 Happy birthday, Joy	29 Speech Trek competition	30 Happy birthday, Kathy
31						

Apr 2019

Sun	mon	tue	wed	thu	fri	sat
	01	02	03	04	05	06
	Happy birthday, Ashley		Happy birthday, Nancy			General meeting, 10 a.m.
07	08	09	10	11	12	13
					Mah jong; Movie night	
14	15	16	17	18	19	20
21	22	23	24	25	26	27
Happy birthday, Karen	Mah jong					
28	29	30				

May 2019

Sun	mon	tue	wed	thu	fri	sat
			01	02	03	04 General meeting, 10 a.m.
05	06	07 Happy birthday, Araxy	08	09	10	11
12	13	14	15 Happy birthday, Barbara	16	17 Happy birthday, David; Movie night	18
19	20	21	22	23	24	25
26	27	28	29	30	31 Happy birthday, Betty (100!)	