

AAUW Women with Vision

Fallbrook CA Branch

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volume 34, issue 5, May-June 2019

Young women with dreams become women with vision

Our Mission: Advancing equity for women and girls through advocacy, education, philanthropy, and research. The American Association of University Women is the nation's leading voice promoting equity and education for women and girls.





Our entire AAUW Family wishes Betty Gilby a WONDERFUL 100th Birthday! Betty is a veteran of WWII, on active duty in both North Africa and Italy for 2 years as part of the Allied attack on the Axis powers. She was a nutritionist who served in the hospital of the U.S. Fifth Army as they moved from Anzio Beach into northern Italy.



On her return to the U.S. in 1945, she met and married Joe Gilby. They had four children, and Betty worked as a teacher for many years. Joe and Betty retired to Fallbrook in 1990, where she has been active with a number of civic and philanthropic groups, as well as participating in local mahjong and bridge groups. She has been an AAUW member for over 25 years.

Betty in Basic Training in 1943; in Italy with tentmate Frances in 1944

Dear Friends,

Thanks to our wonderful donors and contributors, our branch is proud to award nine College Scholarships and six Tech Trek Awards for year 2019. Please join us at our June 1st AAUW General Meeting as we recognize these outstanding recipients. As part of the program, we will also be installing the 2019–2020 Board Officers:

President: Young Milton
First VP, Programs: Susan Duling
Second VP, Membership: Jeanie Curtright
Third VP, AAUW Funds: Sharon Robinson
Finance Officer: Elizabeth Leader
Recording Secretary: Margie Mosavi
Corresponding Secretary: Kathy Bierbrauer

We will be dark for the month of July and will resume in August with a Members Brunch. As always, if you know of someone who might be a good fit to join our group, please invite them to our meetings.

Best regards,
Young Milton
President
AAUW Fallbrook



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News from Our Mentoring Program

Karen Langer Baker, Chair

AAUW AVID SPEECH CONTEST, March 29, 2019 Community Room, Fallbrook Library

The Fallbrook branch of the American Association of University Women (AAUW) has created a **mentorship program** for girls whose AVID teachers have recommended them. To remain in good standing in the AVID program, they must maintain a high grade-point average, perform community service for a minimum of 50 hours per year, and commit to attend a four-year university.

What is a mentor? A mentor is someone a girl can confide in, trust, listen to, interact with, and be guided by on her journey through high school. Many girls continue to keep in touch with their mentors for years after they graduate.

AAUW FALLBROOK SPONSORS A YEARLY SPEECH CONTEST. Learning to speak publicly is a skill that our mentees will use going forward in both college and life. This year, Fallbrook AAUW had five seniors, seven juniors, and nine sophomores in its AAUW mentoring group. Several of the mentees and their mentors attended our weekly coaching sessions, and five girls competed by delivering a 3-5-minute speech on “Women Who Are Making a Difference in the World.”

CONTESTANTS AND THEIR MENTORS

Lizeth Luciano

Lily Mendoza

Lizette Mendoza

Dolores Pascual

Vivian Von Tersch

Karen Estes and Maria Viernes

Ashley Scudder

Ashley Scudder

Kathy Bierbrauer

Karen Langer Baker

Three judges and an alternate assigned scores in each of three categories: content, organization and delivery.

Judges: Pam Eskue Carole Hodges Cynthia Pizzuto Paul Schumann

Coaches: Karen Langer Baker Lesley Ibaven

During spring vacation, several mentees and mentors enjoyed two special tours in Carlsbad: The Gemological Institute of America (GIA) and the Flower Fields. We received a comprehensive tour of GIA. At the Flower Fields, we were treated to a tractor ride and had a wonderful picnic there. The flowers were in magnificent bloom everywhere. Our former AAUW mentor, Rosemary West, has been volunteering there for several years and was able to get us in for free! What a special treat that was!





At the Gemological Institute of America



AAUW mentor BJ Lane on an art excursion with mentees Mayrim Cruz and Laura Guzmam at the Fallbrook Arts Center. Many artists took time to describe their process, media and their inspiration. This years' Wildlife Exhibit was started when naturalist artist Gamini Ratnavira (pictured below with his wife, our mentees, and BJ Lane) began the initiative which also included student works. Artists included painters, sculptors, ceramists, self-taught and classically trained with a wide range of media from all over the U.S. and beyond.



Mentor Ashley Scudder took her two mentees, Lizette and Lily Mendoza, to visit Karen Langer Baker's former mentee, Suzetty Castellanos, at SDSU, where Suzetty is finishing her first year as a student there. Ashley sent these photos and the following note to Karen:

"Lizette, Lily, and I had the best time visiting Suzetty at SDSU yesterday! She was a terrific tour guide and gave the girls so much great info and insight into

college life. We got to see her dorm, walk around campus & see various buildings, and have lunch among students. It was a wonderful day.”



Lily, Lizette, and Suzetty



Ashley, Suzetty, Lizette, and Lily



My first AAUW mentee from 2008 through 2012, Stephanie Ortiz, graduated four years later from UCI and has become a political activist. She is back in Fallbrook after several years in San Francisco and was one of the people who created a map designed to give the Latino community more voice in the elementary school district.

Our next group activity will be a celebration of our graduates Saturday, May 25, at Kathy Bierbrauer's house. All the current mentors and mentees, along with some former mentees who have already graduated and are either still in college or are now college graduates, are invited. Former mentors are also welcome to attend and to invite their former mentees. Please RSVP to me, especially if inviting anyone.

**Joint AAUW meeting with
Carlsbad-Oceanside-Vista Branch,
Del Mar-Leucadia Branch, and Fallbrook Branch**



Susan Duling, Lesley Ibaiven, Bobbie Miller, Margie Mosavi, Diane Reeder, Jeanie Curtright, Nancy Heins-Glaser, and BJ Lane at the March 16 joint branch meeting in Oceanside

A Special Feature



The Fallbrook High JV Lacrosse Team

featuring mentees **Mayrim Cruz** (#26) upper second from left (mentor BJ Lane) and right in the lower picture; and **Laura Guzman** (#40) bottom right (mentor Barbara Luther) and left in the bottom picture



**Co-written by Sophomore Junior Varsity
Lacrosse Players Mayrim Cruz and Laura Guzman**

My heart races as I'm running down the field 5 seconds left on the clock. I see the scoreboard hoping that I score one more goal. I can feel the pressure on me, my family and teammates cheering me on as the coaches are yelling. As I cradle down the field trying to keep the ball in my stick, I see the swarm of girls coming towards me trying to stop me.

It's not football, it's not soccer, and it's not basketball. It's Lacrosse. Girls Lacrosse! A sport that isn't well known for the same reason that it's not given the same attention as other sports. This sport is just known as "the game with a stick" it's played very differently compared to other sports. Lacrosse is played on a football field with three positions; midfield, defense, and attack. Midfielders run the field; attackers await the pass from a midfielder from behind the restraining line. Lastly, defenders are always around the eight-meter surrounding the goalie to protect from scoring. The start of the game begins with a draw, which includes three midfielders from both teams, if the ball isn't caught in the air the players fight for the ground ball. When a player finally picks up the ball they sprint down and either make a pass to an attacker or just runs and shoots for the goal. That feeling of making a goal and being hugged by your teammates is one of

the best feelings in the world.

Lacrosse has not only changed my athletic abilities, but it has also impacted my social skills. Lacrosse is all about communication, in order to successfully play a game of lacrosse communication is an important aspect of the game states Laura Guzman. Teamwork is another important skill that lacrosse has taught me. There is no "I" in team as cheesy and cliché as that sounds it is 100 percent true when it comes to lacrosse. As team captain of the girl's lacrosse team I, Mayrim Cruz state "If there is no teamwork the game just does not work."

Lacrosse has taught me to always play clean and nice which means to play while following the rules. It has not only taught me lessons, but I have made friendships with all my teammates. The bond that we have created as a JV team is so strong. We all trust each other, cheer for one's accomplishments and support each other. My co-writer/ lacrosse team player Laura and I really enjoy playing lacrosse it's a fun aggressive sport that fits anyone who loves to hustle. It's the only sport that I have genuinely enjoyed playing and that I have had confidence in.

This is the first in a series of articles that will be written by our mentees; thanks to Nancy Heins-Glaser for the conception and legwork required, and to Mayrim and Laura for writing the piece.

Programs: The Heart of What We Do

From Susan Duling, First Vice President

Saturday June 1, 2019. Fallbrook Branch Event, Palomares House, 10 am

PROGRAM: Fallbrook AAUW Board Installation, Scholarship Recognition Reception for Tech Trek Campers and AVID College Scholarship Awards.

JULY DARK

Saturday August 17, 2019. Fallbrook Branch Event, Palomares House, 10 am

PROGRAM: New Member Welcome Brunch. All Chairs, appointed and special interest will present on their events and programs.

Saturday September 7, 2109. Fallbrook Branch Event, Palomares House, 10 am

PROGRAM: STEAM Program at Fallbrook School of the Arts which is offered in conjunction with Sally Ride Science at UCSD.

Speaker: Jennifer Jeffries

SUNDAY (Note Day Change and Time Change) October 6, Fallbrook Branch Event, Palomares House 3-5 pm

PROGRAM: Tech Trek Camper Presentations, Larissa Anderson, Chair



Fallbrook AAUW Tech Trek students from last summer, attending and helping with the interviews for those competing for Summer 2019 UCSD Science and Math Camp; with camp counselor and dorm mom Judy Egan-Gribble, left.



Speakers at our May meeting: Local Elected Women

Lita Tabish, Fallbrook High School Board

Kate Schwartz-Frates, Fallbrook Regional Healthcare District

Larissa Anderson, Bonsall School District

Our group enjoyed hearing from these three women as they recounted their experiences running for elected office in the area. They offered suggestions for others who may be interested in doing the same.

From Lita Tabish:

I was born and raised in Southern California but spent 20 years in the Pacific Northwest as I attended college and started my family there. I received my undergraduate degree from the University of Idaho and my Master's degree from Eastern Washington University.

I moved to Fallbrook in 2000 and became involved with many local groups. I have been a teacher for 31 years, 18 of those years at Fallbrook High School. I am now a public school teacher in the Temecula Valley School District.

I was elected Vice President to the Fallbrook Union High School Board of Trustees in 2018.

From Our Policy Chair

Joy Frew

Support the Paycheck Fairness Act

Update: We did it! On March 27, the House of Representatives voted 242-187 to pass the Paycheck Fairness Act with bipartisan support. This critical pay equity legislation now moves to the Senate. Enter your address below to make sure your senators know equal pay is a priority for their constituents!

You've heard the statistics: women working full time in the United States are typically paid just 80 percent of what men are paid, and the gap is even wider for many women of color. Despite federal and state equal pay laws, the gender pay gap persists. But Congressional action can help change this. The Paycheck Fairness Act would take meaningful steps to update and strengthen the Equal Pay Act of 1963 to help close the gender pay gap, including:

- closing loopholes that have weakened the law over time to allow employers to justify paying workers unfairly,
- creating more robust remedies for those who have suffered discrimination,
- preventing employers from retaliating against workers who discuss or disclose their wages,
- prohibiting employers from relying on salary history to set wages, and
- providing much needed training and technical assistance, as well as data collection and research.

The gender pay gap is persistent and can only be addressed if women have the tools they need to challenge discrimination and employers have the incentives they need to comply with the law. It's time for Congress to make real change for all families by passing the Paycheck Fairness Act.

With the passage of the Paycheck Fairness Act in the House of Representatives, we are one step closer to ensuring that every woman can take home the pay she rightfully earns – but now it's up to the Senate to act, and we'll need your strong support to succeed.

Click the link to ask your Senators to show their support for pay equity by cosponsoring and swiftly passing the Paycheck Fairness Act!

http://salsa4.salsalabs.com/o/50796/p/dia/action4/common/public/?action_KEY=25795

The page will allow you to send a letter to your Senators.



May 15 – Barbara Luther
May 17 – David Hill
May 31 – Betty Gilby
June 3 – Judy Egan-Gribble
June 5 – Diane Reeder
June 9 – Lesley Ibaven
June 12 – Diane Summers
June 15 – B.J. Lane
June 19 – Iris Bourque
June 24 – Faith Moser-Whipple
July 7 – Young Milton
July 9 – Eileen Hider
July 14 – Larissa Anderson
July 23 – Bobbie Miller
July 24 – Terri Keyes
Aug 15 – Maria Viernes
Aug 19 – Marilee Ragland
Sept 4 – Elizabeth Leader
Sept 23 – Margie Mosavi

Contact Kathy Bierbrauer, our corresponding secretary, if you know of any member who needs a card or note: ckbierbr@gmail.com

Update from Our Movie Review Chair

Margot Dakken

DATE: Friday, May 17, 2019

TIME: 6:30 p.m.

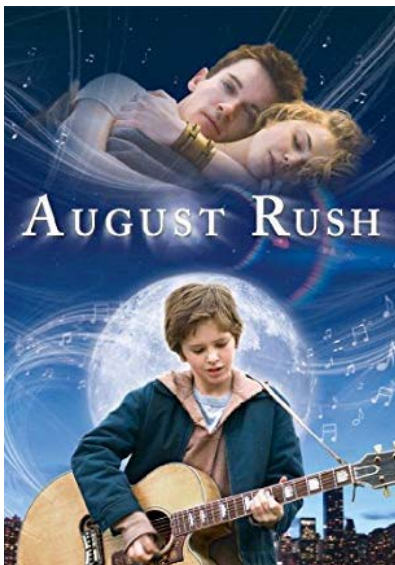
MOVIE: *August Rush* Starring [Freddie Highmore](#), [Keri Russell](#), [Jonathan Rhys Meyers](#), and Robin Williams (released Nov. 21, 2007)

A musically gifted orphan, Evan (Freddie Highmore), runs away from his orphanage and searches New York City for his birth parents. On his journey, he's taken under the wing of the Wizard (Robin Williams), a homeless man who lives in an abandoned theater. After discovering his talent, the Wizard gives Evan the name "August Rush" and devises a plan to profit from his talent. Little does Evan know that his parents, Lyla (Keri Russell) and Louis (Jonathan Rhys Meyers), are searching for him too.

REVIEWERS: Larry Baker

HOSTS: Carole Hodges and Paul Schumann — 2155 Sunrise View Road, Fallbrook. RSVP and directions will follow.

This is the DVD cover to look for as you search streaming listings, DVD purchase/rental locations, and library shelves.



AAUW Movie Review is open to all members plus a guest. Prospective members are also welcome and may bring a guest. Watch the movie beforehand (if able) and bring a hearty appetizer or dessert to share, plus your choice of beverage. The host provides coffee. We have a social and eating time first, followed by the review. Please forward this information to other branch members as needed. For questions, please contact Margot Dokken at nevehmind@gmail.com or call/text: 949-280-2628.

AAUW Supplies

If you are hosting an AAUW event and want to use the supplies we've collected, please contact Young Milton.

AAUW FALLBROOK CA BRANCH Board of Directors and Committee Chairs for 2018-2019

Elected Officers:

President	Young Milton	760-522-7481
1st Vice President, Programs	Susan Duling	760-390-6069
2nd Vice President, Membership	Jeanie Curtright	760-822-1717
	Nancy Heins-Glaser	973-477-7914
3rd Vice President, AAUW Fund	Bobbie Miller	760-723-9516
Finance Officer	Elizabeth Leader	858-831-2577
Recording Secretary	Margie Mosavi	760-822-0868
Corresponding Secretary	Kathy Bierbrauer	760-468-4200

Committee Chairs:

Mah Jong	Kathy Bierbrauer	760-468-4200
Mah Jong Tournament	Araxy Moosa/Kathy	760-723-2262
Mentorship Program	Karen Langer Baker	760-500-0393
Movie Group Potluck/Review	Margot Dokker	949-280-2628
Newsletter Editor	Charlotte Seidman	760-451-6232
Photographer	OPEN	
Policy	Joy Frew	425-830-7569
Public Relations	Carrie Hughes	760-451-9897
Scholarships	Margie Mosavi	760-822-0868
Tech Trek Chair	Larissa Anderson	858-342-8794
Website Manager	Anna Quigley	

