



# Women with Vision

Fallbrook CA Branch

volume 36, issue 5, December 2020

P.O. Box 1061, Fallbrook CA 92088-1016

Website: [fallbrook-ca.aauw.net](http://fallbrook-ca.aauw.net)

## Young women with dreams become women with vision

Our Mission: Advancing equity for women and girls through advocacy, education, philanthropy, and research. The American Association of University Women is the nation's leading voice promoting equity and education for women and girls.

### 2020-2021

#### BOARD OF DIRECTORS

President .....	Young Milton
President Elect .....	Margie Mosavi
1 <sup>st</sup> Vice President ( <i>Programs</i> ).....	Susan Duling
2 <sup>nd</sup> Vice President ( <i>Membership</i> ).....	Jeanie Curtright
3 <sup>rd</sup> Vice Presidents ( <i>AAUW Funds</i> ) ...	Sharon Robinson
Finance Officer (Treasurer).....	Elizabeth Leader
Recording Secretary.....	Pamela Nevills
Corresponding Secretary. ....	Bobbie Miller

#### APPOINTED CHAIRS

AVID Mentorship Program.....	Karen Langer Baker
Public Relations/ Publicity.....	Young Milton
Public Policy .....	Joy Frew
High School Scholarships.....	Margie Mosavi
Website Manager.....	Anna Quigley
Women with Vision Newsletter.....	Joy Frew
Directory .....	Charlotte Seidman
TechTrek.....	Larissa Anderson
Diversity.....	Diane Summers
Historian.....	Nancy Heins-Glaser
Hospitality.....	Kathy Bierbrauer

#### SPECIAL INTEREST CHAIRS

Mah Jong Group.....	Kathy Bierbrauer
Mah Jong Tournament. Araxy Moosa/Kathy Bierbrauer	
Movie Critique Potluck.....	Margot Dokken

### Message from President

Good afternoon friends,

This year we will not hold a Christmas Party due to the request by AAUW not to hold meetings/groups. Even though we won't be having a Christmas party, we all can still give towards the Red-Stocking by mailing your check to AAUW-Fallbrook, P.O. Box 1061, Fallbrook, CA 92088. The funds will be used toward high school Scholarships. Your donation is very much needed and appreciated! *To ensure tax deductibility for donors and to prevent bookkeeping problems for the branch, Red Stocking checks must be made out to: "Legacy Endowment Community Foundation."*

Thank you and happy holidays everyone!

Warmest regards,

Young Milton



## **2020 General Meeting Programs**

Greetings to our Dear Fallbrook AAUW Members,

Thank you for joining our monthly ZOOM meetings and for inviting your guests. We have had good attendance and appreciate your flexibility in adapting to our new ZOOM meetings.

In October we joined Del Mar-Leucadia AAUW for a detailed presentation by the League of Women Voters of North County San Diego. Speakers Meg Thode and Elizabeth Brady fearlessly presented the pros and cons of 15 propositions on the November ballot. There were 58 joint members in attendance.

In November, our Tech Trek Coordinator Larissa Anderson led our four Tech Trek Campers in a lively and informative sharing about UCSD STEMinists. Our campers are the first to attend this new Tech Trek program to be implemented nationally in 2021. Bravo to these young ladies!

**Programs are dark in December.** Please support our Red-Stocking Fundraiser so we can continue to encourage and support our local young women of vision and dreams.

## **PROGRAMS JANUARY, FEBRUARY AND MARCH 2021**

***Celebrating 75 Years of Fallbrook AAUW Branch  
Formed September 30, 1946***

### **Saturday, January 9, 2021, 10:00 AM ZOOM Branch Meeting**

Program: "Science of Climate Change and Climate Equity"

Speakers: Joy Frew and Cynthia Young, Fallbrook AAUW Members

#### **BIO of Joy Frew:**

Joy is a co-founder, with Tom Frew, of the Fallbrook Climate Action Team. She is a naturalized citizen who moved to the U.S. from the Netherlands with her parents, as a baby. She received a B.A. in Human Services from Western Washington University in 1999. She retired in 2014 from a career at the Internal Revenue Service. In 1980, she worked for the election of Barry Commoner, a scientist who promoted changing the economy to run on renewable energy.

She worked as an Energy Specialist during the 1980's for a Community Action Agency in Island County, Washington. She was also Secretary of the Whidbey Island Solar Energy Association.

The Fallbrook Climate Action Team began in 2015. It holds monthly educational ZOOM meetings about climate change and also works with other regional groups to advocate for policies to mitigate climate change. The website is [fallbrookclimateactionteam.org](http://fallbrookclimateactionteam.org).

### **BIO of Cynthia Young:**

Cynthia has been in Fallbrook just over 3 years. In addition to the charms of the town, there are also two daughters, two sons-in-law and two grandchildren in the North County making the move to Fallbrook a very attractive choice. Originally from Sacramento, she moved to the San Francisco Bay Area when she married Richard, a NASA scientist who got her started on her deep dive into climate change. The next move brought them to the mountains outside King's Canyon/Sequoia National Parks, where she continued her therapy practice with MediCal clients in a little Central Valley town, and he took up climate education as a retirement project until his death. Cynthia decided to try and keep the effort going.

Cynthia is not a scientist herself, but she's a passionate "science groupie." She did her undergraduate work in pre-med and psychology at UC Davis and Cal State University, Sacramento, later picking up her masters in counseling psychology from Santa Clara University. Along the way to becoming a marriage and family therapist to help fill a then urgent need by transgendered individuals and their families, she also worked as a contract negotiator for the Interior Department's Bureau of Reclamation and a program analyst for the Housing Authority in Santa Clara County. She continues a small practice, now exclusively via telehealth.

### **Saturday, January 23, 2021, 9:30 AM ZOOM Joint Interbranch Council (IBC) Meeting**

Please check-in at 9:30 AM. Program starts 10:00 AM. (Late arrivals may not be admitted)

Program: "The COVID Quarantine"

Please join the seven AAUW branches in San Diego County for our annual joint meeting. More info to come.

### **Saturday, February 6, 2021, 10:00 AM ZOOM Branch Meeting**

Program: "Keep Your Brain Healthy" ZOOM Workshop

Speaker: Pamela Nevills, Ed.D. Fallbrook AAUW Member

Overview from our Speaker on workshop:

Have you ever been concerned about your brain function or that of an elderly parent? This presentation is for you. We all want to have a healthy brain. And, we may wonder just what is happening in the approximately 3-pound organ we carry in our heads. This presentation will give some basic information about how your brain works AND how to encourage it to stay healthy for your life.

### **Profile for Pamela Nevills, Ed. D**

Pamela Nevills is first and foremost a teacher, working with learners from preschool through postgraduate programs. She began her career with teaching positions that spanned grades 1 through 8. Subsequently, she managed and supervised programs at preschool, high school, university, and postgraduate schools. Pamela's expertise as a staff developer began with a county-level position; later she managed a curriculum and instruction office. Additional activities include state-level leadership for teachers' professional development and student-to-work programs. She was a collaborator and data collection manager for a mathematics research project spanning four states. Recently Pamela supervised student teachers/interns and taught methods classes at California State Polytechnic University and the University of California, Riverside and was a Cohort Leader and Instructor for Brandman University's Doctoral

Program. Dr. Nevills studies neurology, mind imaging, and research for education, organizational change, and neurology. She is the author of three books on neurology and education published by Corwin Press. By combining information about how the brain functions for child and adult learning, she provides insights for professionals and educators in various organizations.

### **March 2021 Joint Meeting with Temecula Branch ZOOM Meeting**

#### **Date and Time to be determined**

Program: Aimee Campos, AAUW American Fellow. Aimee's discipline is History. Her work explores 19th Century Chile and land redistribution projects for economic progress. Aimee is studying at UCSD.

### **LOOKING FORWARD to When In-Person Meetings Resume**

Fallbrook author Phyllis Austin Heaton will speak about her TWO new books: First in the series, "Murder at the Expo: Miss Sadie Brown and the Death of Dr. Wolf" and newly published second in the series, "Murder at a Séance: Miss Sadie Brown and the Death of Madam Valesky". These books are available at The Shop Around the Corner, (Hawthorne St. and North Main, Fallbrook) and at Amazon.

Wishing you all happy holidays and good health. Thank you for your support and for your attendance at our ZOOM meetings. We really appreciate you hanging in there with us as we strive to connect during this COVID pandemic. Many thanks to our Fallbrook branch members: Larissa Anderson, Joy Frew, Cynthia Young and Pamela Nevills for volunteering as ZOOM speakers. These wonderful women serve AAUW in other positions: Larissa is Tech Trek Coordinator; Joy is Newsletter Editor, Cynthia is Book Group Chair and Pamela is Board Secretary. Please attend and learn more about our accomplished members.

***Susan Duling and your AAUW Fallbrook Board***

## Book Group

*Good afternoon Readers!*

The cool evenings lately are pulling me even more strongly toward the warmth of books and audible books. Assuming you might feel the same, it just now occurred to me that those of you who have not been able to make our ZOOM meetings may still be wondering what you might be reading along with us. So here is our list as we've come up with it so far:

This month, December 14, we'll be discussing 'The Nickel Boys' by Colson Whitehead, a small book.

January we'll be talking about 'A Gentleman in Moscow' by Amor Towles.

For February, be ready to dissect 'The Golden Notebook', by Doris Lessing.

March will be 'Break It Up' by Richard Kreitner.

-- *Cynthia Young*



## *A Note from Our Corresponding Secretary*

*If you know of a member who is ill, bereaved, celebrating a birthday or milestone event, please let me know. I will send a card or thank you note to that member or family from our general membership. Please contact Bobbie Miller at (760) 822-4911 or [rushx007@umn.edu](mailto:rushx007@umn.edu)*



## Formation of an AAUW Writers' Group Offered

- Do you love to write?
- Are you interested in forming a small writing group of like-minded women who support and encourage each other to be creative and to improve their writing skills?
- The only criteria are loving to write, attending a meeting once a month (after the holidays, via Zoom until social distancing is no longer mandated), sharing your work, and receiving and giving critiques.
- If so, please contact Lana Smith, [lamariesmith@gmail.com](mailto:lamariesmith@gmail.com).



*Nancy Heins Glaser*

**December Newsletter Deadline  
will be Sunday, Dec. 27. Send submissions to  
[joyfrew@gmail.com](mailto:joyfrew@gmail.com)**

# *Around Town...*

The Doris E. De Haan  
**Fallbrook Art Center**  
a division of Fallbrook Arts, Inc.



*Downtown is our town - shop til you drop.  
Support our local merchants.*

## *Art of the Holiday*

Presented in The Janice Griffiths Gallery

This fabulous holiday gift boutique show offers unique, affordable artful gifts in a wide variety of mediums including woodworking, glass, textile art, jewelry, greeting cards, functional and decorative ceramics, gourd art, ornaments, and more - all handcrafted, perfect for holiday gift giving.

**FREE ADMISSION | FREE PARKING**

COVID-19 safety protocols are in place:  
facial coverings, temperature readings, and social distancing are required.  
WE ARE OPEN IN THE PURPLE TIER FOLLOWING ESTABLISHED PROTOCOL.

**Show Open Daily through December 24th**  
**Hours Mon - Sat 10am to 4pm | Sun Noon to 3pm**





***LET'S BE MERRY!***

**The Bonsall Woman's Club  
Christmas Boutique  
2020 Holiday Fundraiser**

**Thursday, December 3, 11am to 4pm**

**Friday, December 4, 11am to 7pm**

**Saturday, December 5, 11am to 3pm**

**Suite 704, River Village, Bonsall**



**This is your opportunity to support  
Bonsall Woman's Club's charitable activities,  
benefitting local schools & community programs.**



Purchase raffle tickets for beautifully  
decorated designer wreaths and table top trees,  
as well as the ever popular gift baskets.



There will also be beautiful poinsettias and craft  
items for sale made by BWC members and  
handmade items by White Rainbow Project.

We will be observing the County Coronavirus rules for retail  
businesses, including face masks and social distancing.