



Women with Vision

Fallbrook CA Branch

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P.O. Box 1061, Fallbrook CA 92088-1016

Website: fallbrook-ca.aauw.net

Young women with dreams become women with vision

Our Mission: To advance gender equity for women and girls through research, education, and advocacy. The American Association of University Women is the nation's leading voice promoting equity and education for women and girls.

2020-2021

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Mah Jong Group..... Kathy Bierbrauer
 Mah Jong Tournament. Araxy Moosa/Kathy Bierbrauer
 Movie Critique Potluck..... Margot Dokken

Message from President

Hello AAUW Fallbrook!

It is time for us to fill our slate of Board Officers for next year. Please look for the email I sent regarding job descriptions and let me know if a position looks interesting to you? We really can use your help!

Please contact me at ymilton@gmail.com or (760)522-7481 if you have any questions.

Have a great day and I hope to hear from you.

Best,

Young Milton



2021 General Meeting Programs

Dear Fallbrook AAUW Members,

Thank you for joining our monthly Zoom Meetings and for inviting your guests.

We appreciate the superb educational presentations last month, by Fallbrook AAUW members, Joy Frew and Cynthia Young on “The Science of Climate Change and Climate Equity.” Now, I feel confident in having a serious discussion on climate change, especially with our young people who grew up learning and knowing about climate change.

Additionally, last month AAUW San Diego Interbranch Counsel presented “Mental Health and Wellness During COVID-19” by Pam Smith and Dr. Lissa Lim. #99 attendees (10 from Fallbrook) learned about the San Diego Age Well Initiative and motivating lessons and tips on coping with COVID-19.

PROGRAMS FEBRUARY AND MARCH 2021 ***Celebrating 75 Years of Fallbrook AAUW Branch*** ***Formed September 30, 1946***

Saturday, February 6, 2021, 10:00 AM ZOOM Branch Meeting

Program: “Keep Your Brain Healthy” ZOOM Workshop

Speaker: Pamela Nevills, Ed.D. Fallbrook AAUW Member

Overview from our Speaker on workshop:

Have you ever been concerned about your brain function or that of an elderly parent? This presentation is for you. We all want to have a healthy brain. And, we may wonder just what is happening in the approximately 3-pound organ we carry in our heads. This presentation will give some basic information about how your brain works AND how to encourage it to stay healthy for your life.

Pamela will fortify our knowledge on brain research and additionally give more information on how the brain functions and what we can do to address concerns.

Profile for Pamela Nevills, Ed. D

Pamela Nevills is first and foremost a teacher, working with learners from preschool through postgraduate programs. She began her career with teaching positions that spanned grades 1 through 8. Subsequently, she managed and supervised programs at preschool, high school, university, and postgraduate schools. Pamela’s expertise as a staff developer began with a county-level position; later she managed a curriculum and

instruction office. Additional activities include state-level leadership for teachers' professional development and student-to-work programs. She was a collaborator and data collection manager for a mathematics research project spanning four states. Recently Pamela supervised student teachers/interns and taught methods classes at California State Polytechnic University and the University of California, Riverside and was a Cohort Leader and Instructor for Brandman University's Doctoral Program. Dr. Nevills studies neurology, mind imaging, and research for education, organizational change, and neurology. She is the author of three books on neurology and education published by Corwin Press. By combining information about how the brain functions for child and adult learning, she provides insights for professionals and educators in various organizations.

PLEASE note date and time for March meeting

[Saturday March 13, 10:30 AM 2021 Joint Meeting with Temecula Branch ZOOM Meeting.](#)

Fallbrook AAUW is invited as guests by Temecula AAUW to their program by AAUW American Fellow Amie Campos earning her PhD in Latin American History at UCSD. Her work explores 19th Century Chile and land redistribution projects for economic progress. Amie says "I'd like to talk about my research on land rights in southern Chile, but also a little bit on my trajectory and how AAUW has helped me this year."

American Fellowships

Discipline: History
America
Industry, and State
1866-1910
In her
of frontier
19th century. Using
sources as its
Chilean state,
bureaucrats,



Name: Amie Campos
Award Year: 2020-21
Award: American Fellowship
Institution: University of California, SD
Location: San Diego, California
Degree and Specialization: Ph.D., Latin
Project Name: Territorial Conflicts,
Formation in Chile's Southern Frontera
work, Amie Campos explores the dynamics
settlement in southern Chile during the late
national, regional and local archival
foundation, her research traces how the
represented by engineers and government
developed and enacted its visions of

economic progress through land-redistribution projects. Her goal is to publish her research in an academic journal and begin working on a book manuscript.

A Note from Your Corresponding Secretary

If you know of a member who is ill, bereaved, celebrating a birthday or milestone event, please let me know. I will send a card or thank you note to that member or family from our general membership.

Please call or email:

Bobbie Miller (760) 822-4911 rushx007@umn.edu

Book Nook

Good morning my Book Friends!

We are approaching the 1-year anniversary of our existence as a book club! January 22, 2020, we met *In Person* at the Fallbrook Coffee Company for the first time, followed by once again in February in Margie's fabulous atrium. I'm darn proud of us for surviving COVID-19 as an organization! Pat yourselves on the back followed by a virtual hug from me. I do think *we will meet again face-to-face* before the year is out.

Put February 8 on your calendars for this month while we wait for that to happen. Be ready to dissect *The Vanishing Half* by Brit Bennett. Hopefully it will stimulate good discussion. *The Vanishing Half* is a story that asks pertinent and, at times, overwhelming questions about who we are and where we're headed as a society.



Looking ahead:

March will be 'Break It Up,' by Richard Kreitner.

For April, Pamela has 'Outline,' by Rachel Cusk*.

Shine on,
Cy

* The narrator of Rachel Cusk's lethally intelligent novel, "Outline," is a cipher who inspires other people to confess. In her presence, they divulge stories about their wives and husbands and mistresses, their parents and children and careers. The narrator's bio, meanwhile, remains faintly sketched. She is a woman. She lives in London. She is the mother of more than one child. She is divorced. She is a novelist teaching a summer writing course in Greece.

HOW TO WATCH A MEETING ON ZOOM

1. **DEVICE:** A cell phone, tablet, or computer with a camera and an Internet connection.
2. **GETTING ZOOM AND LOGGING ON:** Two ways, and you don't need an account. First, go to Zoom.us and click on "join a meeting," then type in the Meeting ID and Password. Second and easiest way is to check your email for an invitation and click on the link. The link takes you directly to the meeting. This invitation will be sent out the morning of the meeting.
3. **ETIQUETTE DURING A MEETING:**
 - A. When you join a meeting you will be muted. If you come in early and want to visit with the other members, unmute yourself by clicking on the microphone in the lower left of your screen.
 - B. Use the Chat box to make comments and send questions to the Moderator.
 - C. If your screen doesn't show your name, please rename it so that we all know who you are. To do this, hover over your own picture until three dots appear in the upper right corner. Click and select "rename".
 - D. Phone and Tablet users: use your device in the horizontal/landscape position.
4. **AUDIO and VIDEO:** When you first sign in, click on "mute" (headset) and "audio" (microphone) so that both no longer have a red line running through them.

NOTE: if you have muted yourself, the moderator cannot turn on your mute or video. She can, however, send you a pop-up message asking you to unmute yourself or turn on your video.
5. **GALLERY AND SPEAKER VIEWS:** Controlled by clicking your choice in the upper right corner of the screen, Gallery View shows a thumbnail of everyone present over several pages if necessary, while Speaker View shows a large screen of the person who is talking.
6. **CHAT:** You can send either a public or private message. iPhone and Tablet – click on the dropdown menu under Participants and under # dots. Computer – Click Chat on lower tool bar.
7. **PINNING A SCREEN:** Use this function when a speaker is presenting a program, or during an event such as Show & Tell. **COMPUTER/TABLET:** you must first be in "Speaker View". Move your cursor to the upper right of the speaker's thumbnail and click on the 3 dots... Now click on "Pin Screen" in the dropdown list. To unpin, click on "unpin" in the upper left corner of

the large image. **IPHONE:** Swipe right to left to move from Speaker View to Gallery View. Double-click on any image to pin that person. To unpin, double-tap on the large image.

- 8. READY TO LEAVE THE MEETING? COMPUTER/TABLET** – On the toolbar at the bottom of your screen, look for a red button at the end on the right. **IPHONE** – tap the screen and look for a red button that says “leave”. Click and you’re done.

The above information was condensed from an article prepared by Live Online Classes www.LiveOnlineQuiltClass.com Ranae Merrill Quilt Design

Walking/Hiking Group



In this age of a pandemic, it is important to get some exercise safely. I am wondering if anyone would be interested in starting a walking/hiking group with AAUW. A monthly or even weekly adventure somewhere in North county. There are many really cool places to hike with good company. We could keep it within a certain range of Fallbrook. I'm up for anything. Outside, physical

distancing, masks. We can just yell at each other (lol). If you are interested, contact me, Carolyn Thom at carolynthom1@gmail.com. I'll figure out where to go from there! Thanks all. Happy New year.

Formation of an AAUW Writers' Group Offered

- Do you love to write?
- Are you interested in forming a small writing group of like-minded women who support and encourage each other to be creative and to improve their writing skills?
- The only criteria are loving to write, attending a meeting once a month (after the holidays, via Zoom until social distancing is no longer mandated), sharing your work, and receiving and giving critiques.
- If so, please contact Lana Smith, lamariesmith@gmail.com.

Feb. Deadline will be Monday, Feb. 22.

Send submissions to joyfrew@gmail.com

Statements in regard to the January 6, 2020 events at the Capitol

[AAUW Fallbrook](#)

AAUW Fallbrook opposes all violence and stands by National and California statements regarding the January 6th events at the Capitol.

[AAUW California](#)

Dear AAUW California Members:

On January 11, 2021, AAUW CEO Kim Churches released a statement to all members decrying the events that unfolded in our nation's capital on January 6th.

AAUW California joins with our CEO in condemning the actions of these insurgents, as well as those of our governmental officials who were complicit in encouraging them by continuing to spread the falsehood that the election was fraudulent. Those officials include the president himself, as well as the seven California congressmen who opposed certification of the electoral college votes on the basis of this unproven allegation.

AAUW California supports a strong and viable democracy, which relies at its heart on the premise of the peaceful transfer of power following free and fair elections. This premise is shaken to its core when lies and misinformation are spread by those at our highest levels of government. Over fifty lawsuits have been filed by the president and others claiming the election was fraudulent; all of them, at both the state and national level, have been rejected as totally devoid of evidence.

We encourage members to contact your representatives to demand immediate action be taken to hold the president accountable for his role in inciting this insurrection. And if you are in the district of one of his enablers – Congressmen Ken Calvert (42nd Dist.), Mike Garcia (25th Dist.), Darrell Issa (50th Dist.), Doug La Malfa (1st Dist.), House Minority Leader Kevin McCarthy (23rd Dist.), Devin Nunes (22nd Dist.) and Jay Obernolte (8th Dist.) - please let them know that you condemn their complicity and will not tolerate continued sanctioning of or participation in the spread of misinformation.

Signed,
The AAUW California Board of Directors

AAUW National—Coalition Letter

Dear Member,

On Wednesday, January 6, our nation watched in horror as our democracy came under attack in an unlawful and violent invasion of the U.S. Capitol. As AAUW's National office is based in Washington, D.C., the personal safety of our staff and their families was at risk as armed insurgents took to the streets calling for violence toward our elected officials and the overthrow of a free and fair election.

The mob used hateful language and displayed symbols of white supremacy as they forced their way into the hallowed halls of Congress. We mourn the loss of the five individuals killed in the attack, including Capitol Police Officer Brian Sicknick, and the many others hurt.

As scary and shocking as this was, it was sadly not surprising given the incendiary speech the President gave to the rioters prior to the attack and the divisive tone he has set for years. From calling the racist protestors in Charlottesville “very fine people” to telling the Proud Boys to “stand by” in a presidential debate, President Trump has given us many warning signs.

AAUW is proud to join in solidarity with leading gender justice and equity organizations in a [statement](#) demanding that President Trump and his enablers be held accountable for their actions. We hope this unified message will inspire those in power to action. If you feel comfortable contacting your elected officials, we encourage you to do so.

And, as we collectively work to understand the roots of our nation's divisions, we ask you to actively engage in efforts to defeat white supremacy: Please review our new [Diversity, Equity and Inclusion toolkit](#) and plan to attend our [town hall webinar](#) on Tuesday, January 19 at 4 p.m. ET with AAUW Board Chair Julia Brown and the Racial and Social Justice Working Group.

As AAUW members, we all embrace our vision of equity for all, and we hold our values close to our hearts and minds. Thank you to everyone who has reached out to ensure your AAUW staff are safe in this uncertain time.

In solidarity,

Kimberly Churches
Chief Executive Officer

Women's Community Statement on President Trump's Removal

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January 10, 2021

On Wednesday, January 6, 2021, we watched as the President of the United States incited a mob to march on the Capitol to attempt to overturn the results of an election he lost eight weeks ago. We watched in horror as that mob of white nationalists stormed the U.S. Capitol building. And we watched as they tried, and failed, to subvert our democracy, leaving a trail of wreckage and terror in their wake.

This was not the beginning. This was an inflection point in years of hate and division incited by a President who does not care about our country or its people, but only about himself. He has stoked racism, sexism, antisemitism, Islamophobia, ableism, xenophobia, toxic masculinity, and more — allowing those who share his beliefs to come out in the open and act without fear of repercussions and wreak havoc on the seat of democracy. The failed insurrection at the Capitol this week was shocking, but not without warning.

We come together today as a community of multi-racial, multi-generational, differently-classed gender justice leaders, who represent women, girls and gender nonconforming people from every corner of this nation, united in condemnation of these unconscionable actions. Together, we demand that our country's leaders uphold their Constitutional responsibilities and remove President Trump from office immediately. He must be held accountable. He has shown that he is an imminent threat to all of our communities, our nation and our very democracy. We cannot risk one more day under this President.

Now is the time for our leaders to do what is right and fulfill your obligation to the American people who elected you. The House of Representatives has committed to beginning impeachment proceedings, and the Senate must show up with a unified voice to swiftly do the same. If you fail to condemn white nationalists' violent extremism and hold the President accountable for his actions, you are neglecting your basic responsibility to serve the American people. Vice President Pence, members of the Cabinet, and Members of Congress, you each swore to "support and defend the Constitution of the United States." This is the moment for which that oath was written. And if you fail to protect this country, women and girls across this country will not forget.

American Association of University Women (AAUW), Feminist Majority, In Our Own Voice: National Black Women's Reproductive Justice Agenda, Institute for Women's Policy and Research, Jewish Women International (JWI), MomsRising, NARAL Pro-Choice America, National Council of Jewish Women, National Crittenton, National Domestic Workers Alliance, National Partnership for Women & Families, National Women's Law Center, Paid Leave for All, Planned Parenthood Federation of America,

SEIU, She the People, Supermajority, TIME'S UP Now, United State of Women, Women's March, and YWCA USA.

Signed by:

Ai-jen Poo (National Domestic Workers Alliance), Aimee Allison (She the People), Alejandra Castillo (YWCA USA), Alexis McGill Johnson (Planned Parenthood Federation of America), Amanda Brown Lierman (Supermajority), Anna Chu (National Women's Law Center) Anne-Marie Slaughter, C. Nicole Mason (Institute for Women's Policy and Research), Dawn Huckelbridge (Paid Leave For All), Debra Ness (National Partnership for Women & Families), Fatima Goss Graves (National Women's Law Center), Ilyse Hogue (NARAL Pro-Choice America), Jeannette Pai-Espinosa (National Crittenton), Jennifer Klein (TIME'S UP Now), Joanne N. Smith (Girls for Gender Equity), Jordan Brooks (United State of Women), Katherine Spillar (Feminist Majority), Kim Churches (American Association of University Women), Kristin Rowe-Finkbeiner (MomsRising), Marcela Howell (In Our Own Voice: National Black Women's Reproductive Justice Agenda), Meredith Jacobs (Jewish Women International), Monique W. Morris, Ed.D, Rachel O'Leary Carmona (Women's March), Sheila Katz (National Council of Jewish Women), Tina Tchen (TIME'S UP Now), and Vicki Shabo.