
Young women with dreams become women with vision

Our Mission: To advance gender equity for women and girls through research, education, and advocacy.

Our vision: Equity for all.

Our values: Nonpartisan, fact-based, integrity, inclusion, and intersectionality.

In Loving Memory of our dear friend Betty Gilby

(1919- 2021)

By Kathy Bierbrauer



In December 2017, Betty fell and broke her neck. Everyone was very concerned. I visited Betty in the Escondido nursing home. The brace around her neck looked very uncomfortable. She couldn't move. She wanted to go home. Some said she'd never be able to do that.

One day I took her a basket of different kinds of dark chocolate. There were dark chocolate covered nuts, candy bars, covered cranberries, and packs of Trader Joe's. When she was discharged, she and I credited that to all the dark chocolate, and she was so happy to get home.

After she was home, she loved the days I stopped in to visit and brought her dark chocolate or flowers. I think my car was on auto-pilot when it saw Waxflower Street. Sometimes I stopped just to chat. And she really enjoyed the days I stopped at the Yogurt Palace and showed up with chocolate and vanilla yogurt.

One day she told me she was bored: "nobody calls me." I suggested she get her phone book and call a friend. We paged through the book and called one of her friends. They chatted for a while. I suggested she have an assignment to call one person every day. I don't think she did!

Years ago, I told her I would like to buy some of her art. She was delighted. Many of her paintings were packed away and she enjoyed going through boxes. She pulled most of her paintings out in the living room so I could shop. I fell in love with the one of a 3–4-year girl walking on the beach. That little girl looked like my daughter, Jessica, and her daughter Sienna. This painting is my hallway, so I see it every day. She told me the story of the painting. She was at Oceanside Beach and took the pictures of kids playing in the sand and later painted them. I bought the painting of the girl. Later I bought the one of other kids on the beach. Now I think about all my grandkids when I walk down the hall. I have other paintings as well: For my 70th birthday I received a painting of a quail, and I bought another at a Mah Jong tournament.

Now when I drive by Waxflower, I think of the many years of stopping in several days of week. And I miss that.

Betty spent her entire life learning. One of her greatest pleasures was taking classes that taught her to write – both prose and poetry. Here’s an example of a poem she wrote on turning 90.

I’m ninety years old
New knee replaced
Cataracts gone
Let me make my mark
Let the party start

At ninety, life is good.
I marvel, revel, rejoice
For friends, family, fun.

At ninety life is good
I feast
At friend’s funerals
I dine alone

Over the next months, we’ll be publishing memories written by Fallbrook AAUW members who want to share an experience or a time they spent with Betty, a 30-year member of our Branch. These memories will then be compiled into a booklet that will be available to all AAUW members. Please share your memories. Send them to Charlotte Seidman at cseidman7@gmail.com. Thanks!

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November Birthdays

Nov 5 – Carole Hodges
Nov 6 – Gay Smith
Nov 27 – Linda Gregg
Nov 30 – Marj Freda

Save the date! Our annual Red Stocking Fundraiser will be held December 12 at Diane Summers's home. The theme is "Puttin' on the Ritz" so start planning your Great Gatsby outfit (optional). More details and evite to follow.

Programs

Susan Duling and Carolyn Thom

Dear AAUW Friends,

Please print and share the announcement (above) about our November meeting. And bring a friend!

Biography:

Robin Douglas has taught art for 48 years at every level and venue, including 36 years as an Art Professor at the School of Art and Design at the University of Illinois-Champaign Urbana. She taught many studio and art history courses.

Currently at Oceanside Museum of Art, Robin presents a variety of art studio classes and art lectures, as well as lectures each semester at Osher, CAL State San Marcos and various Rotary and university groups. See more at robindouglasart.com

Robin and her husband, Jim, have lived in Oceanside since 2015.

Thank you for welcoming author Phyllis Austin Heaton and supporting our October program. Phyllis generously donated \$30 from her book sales to our branch! A special thank you to hostesses Maria Viernes, Alice Orr, and Joy Frew for providing muffins, brownies, and coffee. Thank you to all the members who arrived early and stayed late to set-up and clean-up.

Please look for Hospitality/Hostess sign-up sheet to volunteer.

Saturday November 6, 2021, 10:00 AM, Health and Wellness Center, Community Room

1636 East Mission Rd, Fallbrook (near Stagecoach Lane/Gum Tree Lane)

Hostesses: Set-up: Cynthia Young, Clean-up: Chris Assad

Program: "Outstanding Women Artists" by artist Robin Douglas, Oceanside Museum of Art.

2022

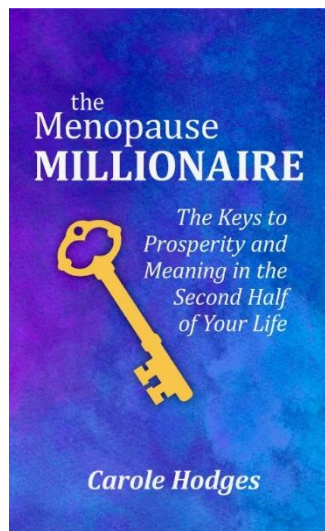
Saturday January 8, 2022 Joint Meeting with Temecula Branch AAUW

10:00 AM Health and Wellness Center, FRHD

At this special program, Temecula AAUW members are our guests for our annual joint meeting.

Hostesses: Karan Trapane, Barbara Luther, Karen Estes

PROGRAM: Author and Fallbrook AAUW member, **Carole Hodges** will talk about her new book: ***“The Menopause Millionaire: The Keys to Prosperity and Meaning in the Second Half of Your Life”***



Saturday February 5, 2022, 10:00 AM

Note Location: Palomares House, 1815 South Stagecoach Lane, Fallbrook

PROGRAM: Member and Public Policy Chair **Joy Frew** will present a program on AAUW *National Public Policy*.



Left to right: Guest Speaker Phyllis Austin Heaton, Margie Mosavi, Iris Bourque, new member Karin Moore

Photos from Our October Meeting

Book signing: Left to right: Author Phyllis Austin Heaton, Maria Viernes, Alice Orr, new member Marli Shoop



AAUW Policies

Christine Assad

Legislative Updates

Our last three priority bills that were awaiting the Governor's signature have been acted on, here are the results

SB 62 (requires fair pay, instead of "by the piece" payment, for garment workers) SIGNED

AB 367 (free menstrual products must be provided in girls/women's bathrooms in schools) SIGNED

AB 887 (allows domestic violence restraining orders to be filed electronically) SIGNED

END THE STUDENT DEBT CRISIS

Women hold two-thirds (\$929 billion) of the country's \$1.46 trillion student debt. As a nation, we rely on women to add to and strengthen our economy. That can't happen under mountains of student debt. Ask your members of Congress to support legislation that would make college more affordable for all students and help millions of borrowers across the country pay off their student debt.

Sign-up now for the 2-Minute Activist if you haven't already done so by clicking here <https://www.aauw.org/act/two-minute-activist/>.

Activism helps make changes. Write those letters! Make those calls!

U.S. House of Representatives

Darrell Issa
50th District, CA
2300 Rayburn House Office Building
Washington DC 20515
Phone: 202-225-5672

U.S. Senate

Dianne Feinstein
331 Hart Senate Office Building
Washington DC 20510
Phone: 202-224-3841

Alex Padilla
B03 Russell Senate Office Building
Washington DC 20510
Phone: 202-224-3553

AAUW Board Summary - October 6, 2021

The meeting was held at Margie Mosavi's home.

Correspondence Secretary: Kathy Bierbrauer reported that many cards and phone calls were given to members who were dealing with health issues during September and beginning October. *Please note that Betty Gilby recently passed away. AAUW members who knew and worked with Betty will be invited to provide memory stories.*

Membership: Carlene Friesen provided a report of current new and potential members. Presently there are 50 members for Fallbrook AAUW. The board was given the names of the eight new members and contact information. Carlene encouraged the board to follow and include new members in committees, meeting set-up and new activities that are developed. We are also prompted to invite former mentees, scholarship recipients, and Tech Trek participants to come to meetings, to give an update, and consider membership when it is age appropriate.

Treasurer's Report: Elizabeth Leader reported we have \$9315 in the checking account and \$29,087 in savings for a total of \$38,403. Note: Phyllis Austin Heaton gave \$1.00 per book sold at the October 2nd presentation. This adds \$30.00 to our account. Additionally, a basket prepared by Sharon Robinson, which was auctioned at the September meeting, netted \$50.

✓ **Mentorship Program:** Karen Langer Baker reported that there are 16 mentees. There are more mentors available than mentees. Some are requesting a mentor but have not yet had the Covid vaccine. The Mentee Christmas party is scheduled for December 18th.

✓ **Tech Trek:** State AAUW is still investigating if Tech Trek will be an in-person activity for summer, 2022. Margie reported from the Inter-branch Council that it is still too early to predict what the Covid restrictions might be and if the USD campus would be available. An in-person registration fee is suggested at \$1500.

Programs for Monthly Meetings: Susan Duling and Carolyn Thom gave a program update. November 6 – Robin Douglas from the Oceanside Museum on Women Artists and Architects, both well-known and others. The presentation will be at the Wellness Center in Fallbrook
December 12 - Christmas party featuring a Roaring '20s theme.

January 8, 2021 – Carole Hodges will present her newly published book, *Menopause Millionaire* at the Fallbrook Wellness Center. This is a joint meeting with Temecula AAUW.

February 5 – Joy Frew presents Public Policy and AAUW at the Palomares House, Fallbrook.

Other Business and Reports

Margie Mosavi reported on the **Inter-branch Council (IBC) meeting**. Note: Saturday, January 29th is the SOCAL meeting for all AAUW branches. It will be held at Shadow Ridge in Vista from 10:30 to 1:30 and includes lunch and a speaker. More details to follow. The report included a Tech Trek update, reported earlier. The State AAUW reported that \$800,000 was given in scholarships statewide. Note that the total amount also includes corporate sponsorships. Many Colleges and Universities have not renewed their affiliate sponsorships for AAUW in San Diego County. Only California State University San Marcos (CSUSM) maintains its affiliation.

Elizabeth Leader reported on a webinar, **Care and Feeding of Volunteers**, which featured engaging people and membership renewal.

Membership

Carlene Friesen

Congratulations are in order! Our Fallbrook Chapter has added 10 new members since August! You will be hearing more about each of these women in the monthly newsletters...but in the meantime, please extend a warm “welcome” to all of our new members:

Karen Arter - invited by Karen Langer-Baker
Chris Assad - invited by Karen Langer-Baker
Patty Carlson - invited by BJ Lane
Helena Hanna - invited by Marli Shoop
Noreen Honea - invited by Marli Shoop
Tina Langham-Smith - invited by Elizabeth Leader
Karin Moore - invited by Susan Duling
Marli Shoop - invited by Susan Duling
Janet Silver - invited by Sharon Robinson
Karen Trapane - invited by Karen Langer-Baker

Meet two of our new members.....

Tina Langham-Smith

I was born in Maracay, Venezuela and lived there for the first 9 years of my life. My family fled Venezuela during the coup d'état when Perez Jimenez was overthrown. We moved to Connecticut, and then in my freshman year of high school to Fallbrook where I graduated from FUHS. There I met my husband.

I got my BA from USIU and my Teaching Credential from UCD. I taught in Los Angeles for several years until we moved to Arizona where I got my Special Ed Degree. I spent many years with my father teaching an educational system he developed called Genesa. I left education to join my husband in the sesame seed business. I focused on the administrative aspect taking charge of the financial audits and food safety audits for the company for the next 25 years.

I have four children, two boys and two girls; nine grandchildren; and two great- grandchildren.



Karen Trapane



Karen “KT” Trapane landed in Fallbrook by way of Carlsbad in November 2019. Coastal living was great for the last 27 years but after her kids left and life changed a little bit, she needed a change of scenery, more space, and the ability to create. KT graduated with a master’s degree in health sciences from Florida State University in December 1990 and moved across the country to San Diego in January of 1991. Her two children, Cody, 29, and Alexa, 25, were born in San Diego, and while Cody still lives and works here, Alexa moved to New York City where she works as an actor.

KT’s degree took her into the technical world of Environmental Health and Safety, and Compliance, but she has always been creative. She danced from age 5 to 25, sang her whole life, and still performs today around the county. About 5 years ago, she discovered painting. She is an abstract artist and has recently started her own company, Trapane Group, LLC, which provides services both in the technical/consulting world, as well as in the art world. Her business HeART & Healing teaches individuals to express themselves through painting their stories on canvas. It is used as a healing mechanism. KT is involved in our community and is currently a mentor for AAUW's mentorship program. She also serves on the events committee. She lives at her home “The Villa” with her two dogs and a tortoise.

Did You Know?

Last year our AAUW Branch was able to provide over \$19,000.00 in scholarships to Fallbrook High School graduating senior girls from the AVID program.

Reports from Appointed Chairs

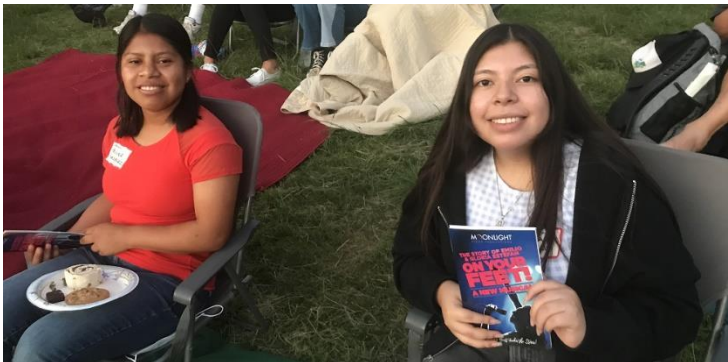
Mentorship Program

Karen Langer-Baker



The Mentorship group enjoyed a picnic on the grass, followed by the musical, "On Your Feet!" at the Moonlight outdoor theater in Vista.

Left to right front: Larry Baker, Karen Langer Baker.
Left to right, standing: Carolyn Thom, Rosemary West, Lesley Ibaven, Cynthia Young, Kathy Bierbrauer, and Rosemary's husband Jack Janzen



Paulina Gonzalez and Sara Solano



Larry Baker

Carolyn Thom and Lesley Ibaen



Rosemary West and husband Jack Janzen

Kathy Bierbrauer and Marli Shoop





Sheny Tzuquen and Susan Duling



Giselle Figueroa,
Ashley Guerra, and
Vicky Lazaro



Marylin Estrada, Michelle
Gonzales, Lanique Boling, and
Araceley Palma

Itsarely Palma, Aislinn Morales
Cynthia Fonseca



and

The Mentorship group held its first coaching session in preparation for the speech contest that will be held Friday evening, January 29, in the community room of the Fallbrook library. In attendance were mentees Aislinn Morales, Cytlally Garcia, Itsarely Palma, Lanique Boling, Michelle Gonzales, Sara Solano, and Sheny Tzuquen.

The topic for the speech will be “Gender Bias and Inequality.” The girls were given a print-out of “jumping off points” to help them research the subject for their speeches.

To get accustomed to standing in front of the group, each girl practiced inflection of different words in a sentence. Mentors Carolyn Thom, Chris Assad, Norine Honea, Patty Carlson, and Karen Langer Baker gave excellent feedback as the girls then spoke extemporaneously for one timed minute.

Coaching sessions will continue to be held on occasional Mondays in the AVID classroom number 80 from 3 to 4 PM. AAUW members, and especially mentors, are welcome to attend. Check with Karen for specific dates.



Rear: Mentors Carolyn Thom, Karen Langer Baker, Patty Carlson,
Chris Assad, and Norine Honea
Front: Cytlally Garcia, Itsarely Palma, Sara Solano, Michelle Gonzales,
Sheny Tzuquen, and Lanique Boling

Movie Review Group

Carole Hodges

On October 15, the Movie Review group met at the home of Kathy and Chet Bierbrauer for a social evening of costumes, bring-along dinner and, of course, a movie review. Some of the costumes were outstanding. Marli Shoop had us all wondering about the identity of the Dia de Muertos seniorita, shown at right with Kathy.



Karen Langer Baker and Larry Baker provided a terrific review of ***Shang Chi – Legend of the Ten Rings***. It was an exciting and entertaining movie, enjoyed by most.

Our next movie review will be a potluck event:

Friday, November 12 at 5:30 p.m.
At the home of Marli and Rick Shoop
3944 Alta Vista Dr., Fallbrook

Please RSVP to Marli at 707-367-7333 or MarliShoop@comcast.net We will review the musical ***“Diana,”*** which can be viewed on Netflix.



Hiking Group

Carolyn Thom

The hiking group took a short break, but we are back hiking again! This is our schedule until 2022. We are venturing out to explore new sites. We are using a new system of 1, 2, or 3 sneakers to describe the difficulty of the site we are hiking. Come join us!

Oct. 22- 8:00am Oceanside Marina. 



We met in front of Oceanside Broiler, with lunch at the Rockin Baja after!



Jeanie Curtright and Carolyn Thom (left)


Susan Duling, Jeanie Curtright, Elizabeth Leader, and Patty Carlson (below)



Nov. 12—8:00am Annie's Canyon, Solana Beach.   Info and map to follow.

Nov. 28—Sunday, 8:30 Santa Rosa Plateau, Temecula 

Dec. 3—8:00am. Sandia Creek, De Luz   (some rocks to negotiate)

Dec. 17—8:30am Lake Poway 



*Lest we
forget...from the
newspaper in October
2012*

*AAUW AVID's
scarecrow missing in
action!*

AAUW AVID's female astronaut "scarecrow," which was standing in front of Denny's Restaurant on Main Avenue at Fallbrook Street, went missing sometime Sunday, leaving only the sign on the easel. The astronaut was built by FUHS AAUW AVID girls in conjunction with Fallbrook Village's first annual "Scarecrow Days." She was standing with the American flag, while holding a friendly extraterrestrial. AVID coordinator, Karen Langer Baker, left, and the originator of the scarecrow's design, Chris Assad, right, placed her in the grass along the street where passersby could be inspired by their message: "AVID Women Can!"

Fallbrook Scarecrow Days, Part 1

By Nancy Heins Glaser

This is a brief story of Fallbrook Scarecrow Days (FSD), how the scarecrow frenzy began in Fallbrook, and how members of the local American Association of University Women (AAUW) Branch jumped on board. Since the inception of FSD, brought to town by Jackie Heyneman in 2012, there have been changes and tweaks to the fun throughout the Village. Everyone got increasingly interested in the fun—but challenging—nature of making the scarecrows, and the event celebration called Harvest Faire has grown in popularity.

Jackie Heyneman and several other Fallbrookians saw the idea of scarecrows being displayed at Halloween in the mid-coast California town of Cambria. Cambria started with historic figures and has shifted a bit to expand their creative talents to make life-sized figures from nursery rhymes, film, and theater. They aren't your mother's scarecrows!

Fallbrook's Scarecrow efforts was led by Heyneman and a group affectionately referred to as "The Scarecrew." The first year it was a band of only a few women who also established an event called

Harvest Faire to be a wraparound event to draw attention to our area businesses and celebrate local shopping to bring people to the downtown retail area. The Harvest Faire continues to this day, after being taken over by the Fallbrook Chamber of Commerce. The intent was to celebrate with each other showing the best that small town has to offer; and it worked. Harvest Fair has expanded in its offerings and reach for the last 10 years. Celebrating local products and small-town camaraderie has been held in October each year.

After hearing historian Anne Hoiberg describe the history behind Marie Curie's Nobel Prize-winning research funded in part by AAUW, scientist Marie Curie was recommended as a first in the new series of AAUW scarecrows, starting in 2016.



The widely-recognized artist (Fallbrookian and AAUW member) BJ Lane agreed to create the face of a first realistic "ghostly" likeness of Curie. Other more-experienced members of The Scarecrew helped with body construction, costuming, and other attributes for improving the look, sturdiness, and artistry of each scarecrow. The Regular Scarecrew members actually begin making Papier Mache heads and constructing wooden frames as soon as the prior year's Scarecrow Days are complete. The goal is to reach more businesses and encompass the entire

business community which in Fallbrook is widely spread in three major business districts: East Mission, Mission, and South Mission Roads.

Although Marie Curie was tied directly to AAUW, other interesting women scarecrows were created as well: Frida Kahlo followed as designed by creative Deluz resident Gina Abdelrahman. She had support from AAUW members and the Scarecrew in crafting a flamboyant, larger-than-life rolling version still seen at The Fallbrook Art Center.



Next came Ruth Bader Ginsberg, with Abdelrahman creating her larger-than-life face, with AAUW mentees and mentors helping to cut and glue words "Notorious RBG" and "Super Diva" on her black judge's robe, with one hand holding a gavel and another a weight, as she had been featured on workout videos with a late-night talk show comedian.

The scarecrows have also traveled away from Fallbrook "participating" in an exhibit in Pomona (at the Latina Museum) thanks also to Lane. "Rolling Frida" and two other versions of Frida by Abdelrahman (Emotional Frida AND Frida REAL) were representatives in an exhibit honoring Frida. They have returned to serve Fallbrook another day.

Newsletter Editor
Charlotte Seidman

Please mark your calendars with these dates if you're intending to submit any material for publication in *Women with Vision*. Thanks! Send your material to cseidman7@gmail.com or call 760-451-6232 with questions.

Material to Charlotte	Newsletter Distributed (Monday before the meeting)	Meeting Date (Saturdays)
December 29	January 3	January 8
January 26	January 31	February 5

****Note that there will be no regular meeting in December, but there will be a newsletter. Please send your material no later than November 26 for the December issue. Thanks, Charlotte**

Contact Kathy Bierbrauer, our corresponding secretary, if you know of any member who needs a card or note: ckbierbr@gmail.com



Out and About....

Pamela Nevills with granddaughter
Ayla Grace Nevills
Sunday October 3 at "Stage Coach Sunday
with the Land Conservancy"

AAUW FALLBROOK CA BRANCH

Officers and Committee Chairs for 2021–2022

Elected Officers:

President	Margie Mosavi	margaret.mosavi@gmail.com
President Elect	OPEN	
1st VP, Programs	Susan Duling	susancasoduling@yahoo.com
	Carolyn Thom	carolynthom1@gmail.com
2nd VP, Membership	Carlene Friesen	carlenefriesen01@gmail.com
3rd VP, AAUW Fund	Sharon Robinson	sharonrobinsongroup@gmail.com
Finance Officer	Elizabeth Leader	elizabeth.leader@gmail.com
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Tech Trek	Larissa Anderson	bonsalllarissa@gmail.com
Website Manager	Young Milton	ymilton@gmail.com

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Hiking Group	Carolyn Thom	carolynthom1@gmail.com
MahJong Group	Kathy Bierbrauer	ckbierbr@gmail.com
MahJong Tournament	Kathy Bierbrauer	ckbierbr@gmail.com
	Araxy Moosa	araxymoosa@gmail.com
Movie Review Group	Carole Hodges	carole@carolehodges.com