



Fallbrook CA Branch

P.O. Box 1061, Fallbrook CA 92088-1016

Website: fallbrook-ca.aauw.net

Women with Vision

volume 37, issue 9, April 2022

Celebrating Our 75th year!

Young women with dreams become women with vision

Our Mission: To advance gender equity for women and girls through research, education, and advocacy.

Our vision: Equity for all.

Our values: Nonpartisan, fact-based, integrity, inclusion, and intersectionality.

Women We Should Know (More) About:



Dorchester County artist Michael Rosato painted a mural of Harriet Tubman in Cambridge, Maryland. Maryland Office of Tourism

Harriet Tubman is famous for being an abolitionist and political activist, but she was also a naturalist.

The [Underground Railroad conductor's](#) understanding of botany, wildlife biology, geography and astronomy allowed her to guide herself and others to safety. Read more about her amazing life and work in this article.

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May and June Birthdays

May 1 – Karen Trapane
May 7 – Araxy Moosa
May 15 – Barbara Luther
May 17 – David Hill
June 3 – Judy Egan-Gribble
June 5 – Diane Reeder
June 7 – Lesley Ibaiven
June 12 – Diane Summers
June 15 – B.J. Lane
June 19 – Iris Bourque

Attribution: Party City

Programs

Susan Duling and Carolyn Thom
Program Co-chairs

Dear Fallbrook AAUW Members,

Thank you for supporting our branch diversity chair, Diane Summers and her special guest Maritza Gonzalas at our April meeting. We appreciate everyone sharing, asking questions, and bringing guests for this wonderful interactive discussion on diversity.

Join us IN PERSON on Saturday May 7 at 10:00 AM for our monthly program meeting at the Palomares house. Thank you to all our hostess volunteers. We start set-up at 9 AM and all are welcome to help. See you soon!

On the patio at Palomares House for the discussion on diversity led by Diane Summers



Diane Summers, Maritza Gonzales (speaker), Carlene Friesen, Margie Mosavi, Susan Duling, Sheny Tzuquen (mentee), and Karin Moore



Sheny Tzuquen (Mentee), Karin Moore, Joy Frew, Elizabeth Stuver (guest), and Tina Langham-Smith

May and June 2022 Monthly Programs

Saturday, May 7, 2022 10:00 AM Palomares House, 1815 South Stagecoach Lane, Fallbrook

Hostesses: Noreen Honea, Karen Estes, and Alice Orr.

Program: Member Liz Jamieson-Dunne will talk about her new book *Finding Hidden Courage*. Nomination of board officers.

About our speaker, Liz Jamieson-Dunne:

Liz is a licensed Spiritual Practitioner with Centers for Spiritual Living, a Neuro-Linguistics Master Practitioner, Huna Energy Guide, and an Art Expression Facilitator. She serves on three executive boards and volunteers with several charitable organizations. Formally a successful Marketing Executive with over 35 years with Fortune 200 companies in building business and products domestically and internationally within the Consumer Packaged Goods and Direct Response Marketing arenas. She is publishing her first book, *Finding Hidden Courage*, dedicated to helping others overcome adversity by recognizing and finding the courage that resides deep within everyone. As a Creative Spiritual Consultant, she works with others to help transform their life challenges into more loving and joyful life.

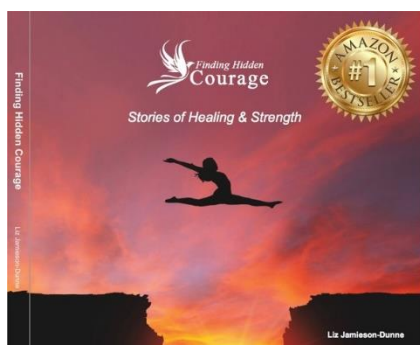
In the wake of personal tragedy, author Liz Jamieson-Dunne set out to compile the stories of courage and healing from twelve individuals who have faced their fears and found transcendence. Through her own experience with loss and grief, Liz offers readers a path to hope and life-changing transformation. Her unique compilation of healing stories also includes art expression created by the individuals profiled, providing a visual representation of their journeys moving from pain toward healing.

“When hurt to your very core,” said Liz, author, and a Creative Spiritual Consultant, “Spirit opens the door to your hidden courage.”

Liz suffered significant losses: two husbands; her niece, more of a daughter; miscarriages; friends; and animals. She found that death was a constant and unwelcome visitor, and her life took a dramatic turn due to these losses. Liz found a way to re-enter life profoundly, productively, and in a meaningful way. Through guidance and inner-self work, she attained solace and a renewed sense of spiritual service. Liz created a social platform and a network called *Finding Hidden Courage*, dedicated to helping others overcome adversity and find the courage within that resides in everyone. She invites others to join her Community through her website: www.FindingHiddenCourage.com and

sign up for her workshops and consultations. Her newly launched bestseller *Finding Hidden Courage* is now available on Amazon.

Finding Hidden Courage, inspired by Liz's niece, Susan, who was an Internist at Johns Hopkins; Susan passed away in 2018 after a 4-year fight against cancer. She started a survivorship program for women facing "below the belt" cancers. She dedicated her life to empowering gynecologic cancer survivors, raising funds to support research efforts, and increasing awareness. A portion of the funds raised by Liz's book is donated to the Susan L. Burgert M.D. Gynecologic Oncology Survivorship Program. She was inspired to reach others who endured their own "dark night of the soul." The book's stories and artwork reveal twelve individual journeys for healing and rejoining life. This collection of heartfelt life experiences uniquely offers art expression as a path to the heart, where human connection makes everyone whole.



Saturday June 4, 2022 10:00 AM, Palomares House

Program: AVID Scholarship awards, Installation of Board.

Hostesses: Diane Reeder, Barbara Luther, and Maria Viernes.

Saturday June 25, 2022 (Rescheduled due to COVID from Jan 29) Annual All-Branch Luncheon. IBC Interbranch Council Meeting of 8 San Diego County Branches, Shadowridge Golf Club, Vista, \$40.

Dates to remember – print this and clip it to your fridge!

Saturday, May 7, 2022, 10:00 AM, Palomares House Outdoor Patio

Saturday, June 4, 2022, 10:00 AM, Palomares House Outdoor Patio

Saturday, June 25, 2022, Annual All-Branch Luncheon, rescheduled due to COVID from Jan 29

AAUW Policy

Joy Frew and Chris Assad

**History has been made with the confirmation of
Justice Ketanji Brown Jackson!**

Justice Jackson will be the newest Associate Justice of the U.S. Supreme Court and the first Black woman to sit on the court in its 233-year history. Justice Jackson's career demonstrates her lifelong commitment to civil rights. Her time on the federal bench, including her 600 *opinions* written while on the DC District Court (only 11 of which were reversed), provides us with a wealth of evidence that she is deeply dedicated to equal justice for all.



AAUW Board Summary – April 6, 2022

The meeting was held by Zoom.

Correspondence – March 7, sent a card to Dawn Mitchell (former member). March 14, called Marj Freda to chat. Called Araxy Moosa to see how she is doing and discussed Mah Jong. March 29, called Dawn Mitchell (former AAUW) member. April 3 sent card to Nancy Heins-Glaser.

Treasurer's Report – Quarterly Report has been complete. There are some security issues in sending it to the board over the computer. Elizabeth is available if any chairperson wishes for financial information. Checking \$10,586. Savings \$29,091. Total \$39,677. Money for the program committee is mostly spent. We could vote to increase the program budget to cover the June program.

Membership – Two visitors attended last week's meeting on diversity. They both have decided to join Fallbrook AAUW in June. Notice was made about the large number of participants at the April 2nd meeting and the interesting venue; the discussion on diversity was led by Diane Summers.

Survey results from this year's ten new members. Three were returned. They responded that they heard about AAUW by personal invitations. Fallbrook AAUW was selected because they wanted to be a mentor. Also, they felt welcomed by a friendly group. All ranked their early experiences as very high. Responders want more information about state and national AAUW. Note survey went out prior to the presentation about AAUW national by Elizabeth and Charlotte. They also liked the scheduled and extra activities that are available.

Programs – Please see the program listing in this newsletter.

Other Business/Reports –

1. **Nominating Committee** - Patty Carlson and Nancy Heins-Glaser are on the slate of officers for Programs. Clarification was made for elected officers and appointed offices.
2. **Committee to audit financial records** – The suggestions offered will be reviewed and added to the policies and procedures with the new board.
3. **Revision of 2021-2022 Budget** – carried over to next month.

*Submitted by Pamela Nevills
Recording Secretary*

Mentorship Program

Karen Langer Baker

Mentors Elizabeth Leader, Kathy Bierbrauer, Carolyn Thom, Susan Duling, Marli Shoop, Karen Langer Baker and Hubby Larry Baker took mentees Jassmin Cerda, Sheny Tzuquen, Cynthia Fonseca, Marylin Estrada, Lanique Boling, and Ashley Guerra to explore the re-opened (after a decade!) Contemporary Art Museum in La Jolla. Featured was an exhibit of Niki de Saint Phalle's works from the 1960s. After wandering through all the galleries, they went across the street to sit on the grass overlooking the ocean to enjoy a picnic lunch. While there, the girls went down to the beach where they could explore some tide pools and watch the crabs.



Left: Carolyn Thom, Sheny Tzuquen, and Susan Duling

Right: Elizabeth Leader, Jassmin Cerda, and Kathy Bierbrauer



...at the beach in La Jolla...



Larry Baker, Ashley Guerra, Karen Langer Baker, Carolyn Thom, Kathy Bierbrauer, Elizabeth Leader, Marli Shoop, Marylin Estrada, Lanique Boling, Jassmin Cerda, Susan Duling, Cynthia Fonseca, and Shenya Tzuquen



Marylin Estrada, Cynthia Fonseca, Marli Shoop, Lanique Boling, and Jassmin Cerda

After enjoying lunch on the grass, some of the mentees enjoyed spending time exploring the tide pools along the edge of the ocean

An ice cream truck was parked nearby, and some of the girls enjoyed that dessert.

Marylin Estrada, Lanique Boling, Ashley Guerra, Cynthia Fonseca, and Jassmin Cerda



...in the theater...



Several mentees and mentors attended the award-winning student film festival. Attending were Nancy Heins Glaser and her husband; Karen Langer Baker, her husband, and Karen's mentee, Ashley Guerra; Marli Shoop, her husband, and Marli's mentee, Marylin Estrada; Chris Assad and her mentee, Lanique Boling; Norine Honea and her mentee, Sara Solana; Patty Carlson, Cynthia Young, Lesley Ibaiven, and Caroline Thom.

(and the winners are)



Norine with Sara Solano



Ashley Guerra with Karen and Larry

...and at the Fallbrook Art Center...



This show explores Nature in a broad context in a wide variety of media, disciplines, and styles. In addition to original works, there will be a shop area offering jewelry, greeting cards, prints, and other show related merchandise.

Show open daily April 30 - May 29, 2022

Mon-Sat 10am to 4pm | Sun Noon to 3pm

Free to All Members, Under 18 and Active Military | Others \$6 Admission



Jassmin Cerda and Elaine Jimenez serving at the reception for the opening of the wildlife show at the Art Center

Newsletter Editor
Charlotte Seidman

Please mark your calendars with these dates if you're intending to submit any material for publication in *Women with Vision*. Thanks! Send your material to cseidman7@gmail.com or call 619-772-7577 with questions.

Material to Charlotte	Newsletter Distributed (Monday before the meeting)	Meeting Date (Saturdays)
May 25	May 30	June 4

Contact Kathy Bierbrauer, our corresponding secretary, if you know of any member who needs a card or note: ckbierbr@gmail.com

***Cathy would like us all to know that Marj Freda has sent a new mailing address. Marj would like to hear from all of us to stay in touch with her Fallbrook friends:

Marj Freda
351 E Palm Dr
Placentia CA 92870

For your information:

U.S. Senate

Dianne Feinstein
331 Hart Senate Office Building
Washington DC 20510
Phone: 202-224-3841

Alex Padilla
B03 Russell Senate Office Building
Washington DC 20510
Phone: 202-224-3553

If you buy items through Amazon, consider using Amazon Smile. They donate to your favorite charity for each purchase you make – AND our Fallbrook Child Development Center is on their list.

Help provide for early learning, a proven way to increase the opportunities for our children.

AAUW FALLBROOK CA BRANCH

Officers and Committee Chairs for 2021–2022

Elected Officers:

President	Margie Mosavi	margaret.mosavi@gmail.com
President Elect	OPEN	
1st VP, Programs	Susan Duling	susancasoduling@yahoo.com
	Carolyn Thom	carolynthom1@gmail.com
2nd VP, Membership	Carlene Friesen	carlenefriesen01@gmail.com
3rd VP, AAUW Fund	Sharon Robinson	sharonrobinsongroup@gmail.com
Finance Officer	Elizabeth Leader	elizabeth.leader@gmail.com
Recording Secretary	Pamela Nevills	panevilla@earthlink.net
Corresponding Secretary	Kathy Bierbrauer	ckbierbr@gmail.com

Appointed Chairs:

AVID Mentorship Program	Karen Langer Baker	karenlangerbaker@gmail.com
Directory	Carlene Friesen	carlenefriesen01@gmail.com
	Charlotte Seidman	cseidman7@gmail.com
Diversity	Diane Summers	dianesummers04@gmail.com
Historian	Nancy Heins-Glaser	misswiss1965@gmail.com
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	Alice Orr	alliekorr@yahoo.com
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Website Manager	Young Milton	ymilton@gmail.com

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MahJong Group	Kathy Bierbrauer	ckbierbr@gmail.com
MahJong Tournament	Kathy Bierbrauer	ckbierbr@gmail.com
	Araxy Moosa	araxymoosa@gmail.com
Movie Review Group	Carole Hodges	carole@carolehodges.com
	Liz Jamieson-Dunne	bjdmarketer@gmail.com