

Women with Vision

Fallbrook CA Branch

P.O. Box 1061, Fallbrook CA 92088–1016 Website: fallbrook-ca.aauw.net volume 38, issue 2, September 2022 Celebrating Our 76th year!

Young women with dreams become women with vision

Our Mission: To advance gender equity for women and girls through research, education, and advocacy. Our vision: Equity for all. Our values: Nonpartisan, fact-based, integrity, inclusion, and intersectionality.

Presídent's Message

At our fabulous brunch on August 13, Joy Frew, on behalf of the San Diego Board of Supervisors, presented Fallbrook AAUW with a plaque commemorating AAUW's efforts to pass Title IX 50 years ago. Change may take time, but we can take a lesson from history.

On August 18, 1920, the 19th Amendment was fully ratified when the Tennessee state legislature approved it. It was a long fight, from 1848 to 1920. At first, many suffragettes felt women's right to vote was a matter for the individual states. Indeed, before the 19th Amendment came into effect, almost half of the states had granted women their rights. Interestingly, the last state to ratify the 19th Amendment was Mississippi in 1984.



Many of us are alarmed by the recent decision by our Supreme Court, in which the justices decided that it should be up to the states to decide whether or not to permit abortion. Now we're seeing how some states are becoming "sanctuary states" where women from places where abortion is illegal can receive safe reproductive care. Some sectors of the population were ready to accept women's

suffrage sooner than others; hopefully our "melting pot" of a nation will come to an agreement on a woman's right to choose. I hope it doesn't take so long!



díēs canículārēs

The ancient Romans called the hottest, most humid days of summer ""**diēs caniculārēs**" or "dog days." The name came about because they associated the hottest days of summer with the star Sirius. Sirius was known as the "Dog Star" because it was the brightest star in the constellation Canis Major.

Summer, with its dog days, its vacations, its distractions, is over. We have had our holidays, our rest, our recreation. The fall season, with its new opportunities for effort, enterprise and achievement, is upon us. Let us rip off our coats and get down to



business. We may have allowed pessimism to grip us during the summer months. We may even have allowed laziness to enter our bones. Now it is up to us to throw off both lassitude and pessimism. The time has come for action, for aggressiveness

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September/October Birthdays



Contact Susan Duling/Maria Viernes, Co-Chair Corresponding Secretaries if you

know of any member who needs a card or a note: <u>susancasoduling@yahoo.com</u> text 760-390-6069 or Maria Viernes, <u>maria_viernes@yahoo.com</u>

AAUW Board Mínutes

August 3, 2022

The meeting was held at Carlene Friesen's home.

Present: Margie Mosavi, Carolyn Thom, Patty Carlson, Karen Langer Baker, Alice Orr, Carlene Friesen, Joy Few, and Pamela Nevills.

Approval of Previous Minutes – M/S and carried. Suggested changes by members were corrected prior to final minutes.

Correspondence – AAUW Corresponding Secretary Log Starting June 04, 2022 was Submitted by Susan Duling and reviewed at the meeting. Correspondence included congratulations cards to scholarship recipients and AVID mentees (see formal name change announcement in Mentorship area). Additional correspondence was sent to those who are scholarship donors, those who are sick, having birthdays, and being thanked. The complete log is attached to the minutes.

Treasurer's Report – Checking \$9,239. Savings \$29,092. Total \$38,332. Transfer of account maintenance to Karen Trapane, the new treasure is planned.

Membership – Planning for membership event. Packets will be available for new members at the membership brunch. Remember there is a discount when people join at the event. It was clarified from the June meeting that members who had been non-members for two years would receive a discount from National membership fee.

Scholarship – Item to be addressed beginning January.

Mentorship Program – Discussion of program details to be held at a meeting following the membership brunch. Please note change in formal name: **AAUW Mentorship Program** is the name of our mentorship program. Young women, who are Avid members at Fallbrook high school are the exclusive qualified applicants.

Hospitality – Alice reported during the talk about the Membership Brunch next under programs.

Programs - Alice Orr and Diane Summers

July 6, 2022 - Planning Retreat – Minutes prepared by Patty Carlson can be requested.

<u>August 13, 2022</u> – 10:00 Membership Brunch at Diane Summer's home. President Margie will be the hostess, assisted by Patty Carlson. Special interest group chairs will describe their group's activities. **Please see Program Report in this newsletter for program information. Dates are:** September 10, October 1, November 5, and December 9th – yes, it is Friday evening.

Ways and Means – Gift basket raffles will continue at meetings. The Christmas party was discussed later in the minutes.

Other Business/Reports -

- ✓ A statement of benefits and of responsibilities was <u>completed</u> by Susan Duling and distributed to graduates.
- ✓ Review of financial recommendations for Fallbrook branch. See minutes from April. Tabled until next meeting.

The next Board Meeting is September 7 at 10:00 am. **Note new time.** Place to be announced.

Respectfully Submitted by Pamela Nevills, Recording Secretary

Programs – Newsletter September 2022

Patty Gibson Carlson and Diane Summers

Co-Chairs

Members- Margot Dokken, Carolyn Thom, Diane Heins-Glaser

Saturday August 13, 2022 New Member Pot Luck Brunch was a smashing success. What a beautiful day at the lovely home of Diane and Michael Summers. As always, a real team effort to kick off the year. Hospitality with Alice Orr and her team as well as all the members that contributed to the delicious pot luck brunch. Our president, Margie Masavi welcomed us all and set the great tone of the day. Public Policy Chair, Joy Frew presented Margie with a proclamation from the County of San Diego to AAUW Fallbrook honoring 50 years since passage of Title IX New members had the opportunity to hear from all of the Interest Group Chairs and the rest of us got to be reminded of all the socialization opportunities there are to get to know each other and have fun too. The opportunity to also see the YouTube video about AAUW was very informative, and we learned of AAUW's storied history and learn more of its value and relevance in today's world. If you would like to share this YouTube the link is <u>https://www.youtube.com/watch?v=oQVd3jq6VvM</u>



Our next meeting is:

Saturday September 10th

Fallbrook Health District- 1636 E. Mission, Fallbrook Community Room/Fellowship Speaker: Susan Jackson Liebes- Fallbrook Conservancy -Keep your eyes open for the EVITE.

Our speaker is **Susan Jackson Liebes** from the **Fallbrook Land Conservancy** (FLC), a local non-profit whose mission is to acquire, protect, and manage open space in perpetuity for the benefit of wildlife and the community. She will share the history of this grassroots organization and how we protect land, introduce some of our local preserves, and discuss our community engagement opportunities. In our AAUW hikes we have had the pleasure of benefiting from the fruits of the labor of FLC.

Susan Liebes has served as Chair of the FLC Board of Directors since 2018, and as a FLC volunteer for eleven years. She is also Vice-President of the Fallbrook Union

Elementary School District Governing Board and a graduate of Virginia Polytechnic Institute and State University, with a B.S. in Forestry and Wildlife Science.

If you have any suggestions or ideas, please email Patty Carlson poochielyn444@gmail.com or Diane Summers@dianesummers04@gmail.com.

Upcoming dates – Mark your Calendars:

Date

Saturday, October 1	Fallbrook Health District- 1636 E. Mission, Fallbrook Community Room/Fellowship Speaker League of Women Voters – Speaking on current issues on the November ballot
Saturday November 5	Palomares House – Speaker – My Sister's Keeper- Success Institute Kristin Newsome
Friday December 9	AAUW – Fallbrook Holiday Party and Fundraising – Mark your calendars
Saturday January 28	AAUW – IBC – Old Spaghetti Factory in San Marcos – This IS the January meeting including AAUW Fallbrook

Fundraising for Programs

Opportunity Baskets for Monthly Meetings

If you have items to donate for opportunity baskets, please bring them to monthly meeting labeled with your name. SUGGESTED ITEMS: Baskets, Wine, Art, Fallbrook Items, Specialty Foods/Beverages Not requiring refrigeration, Nuts, Chocolate, Sweets, Gift Cards. If you need pick-up of items, please call Susan Duling 760-390-6069

Branch Webpage

Please check out our Fallbrook Branch Webpage at <u>www.Fallbrook-CA.AAUW.net</u>

Newsletters are added ASAP. Click on Newsletter Tab, hover cursor over month and click to read.

If you have a photo of LESS than 3.0 Mb that you would like to see on our webpage, email it at LESS than 3Mb to <u>susancasoduling@yahoo.com</u> with the accompanying text/names/date and where, location/tab on webpage you want it added.

There are several items that need updating. Please send updated TEXT and information to Susan in a WORD document. This is a Word Press webpage: if you can help, please contact Susan.

Polícy Commíttee

Submitted by Joy Frew

You are welcome to join Chris Assad any I to discuss AAUW Policy Initiatives that AAUW supports. We will probable start meeting on a regular basis after the election (when my schedule allows) to discuss what issues we should take on. In the meantime, for September, there is a National Voter Registration Day taking place at the high school. This is a non-partisan event to register new voters. I would be happy to connect you with my friend Mark Mervich, who is organizing this if you would like to volunteer. Contact me at joyfrew@gmail.com.

Women fought for the right to vote!

102 years ago, on August 18, 1920, the Nineteenth Amendment became the law of the land and white women were allowed to vote. Twenty-six million American women were eligible to vote in the 1920 presidential election.

"The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex. Congress shall have power to enforce this article by appropriate legislation." Theoretically, this sweeping change included all women but practically, it was not until the Voting Rights Acts of 1964 that women of color had this right guaranteed and enforced by Congress.

Historian Heather Cox Richardson noted that on this anniversary, the Department of Justice had filed a friend of the court brief in Florida challenging: "in the face of surging turnout in the 2020 election, the Florida Legislature responded by enacting provisions that impose disparate burdens on Black voters." (League of Women Voters v. Secretary of State of Florida)

"History" is the present, sisters (and brothers). Looks like our government still will not "give us" anything. We keep having to fight for ALL our rights as citizens and as human beings. November is just around the corner.

Submitted by Christine Assad

Meet New Fallbrook AAUW Member

Many outstanding women have recently joined AAUW! If you have not had the chance to meet them personally...come get to know them at the September General Meeting!

Susan Schaeffer (Invited by Carolyn Thom) Elizabeth Ward (Already a Mentor!) Dana Pellegrini (Visited one of our General Meetings) Grace Vanderwerf (Invited by Diane Reeder) Tim O'Leary (For his wife Margaret Singleton) Ann McCarthy (Found us in the Village News) Karen Weisberger (Invited by Joy Frew) Elizabeth Stuver (Invited by Joy Frew) Anne Butcher (Invited by Sharon Robinson) Cyrila Richardson (Invited by Maria Viernes)

We are very happy to welcome you all to AAUW and the Fallbrook Chapter! "The More the Merrier!"

ATTENTION ALL MENTORS...DID YOU KNOW?

Did you know that your current mentee (or prior mentee who is now attending college) is eligible for a FREE 2022-2023 Fallbrook Chapter membership? Please invite them to the next General Meeting, and we'll be happy to welcome them aboard!

Summer with the mentees



Paulina Gonzales experiences a taste of old California at Mission San Juan Capistrano and enjoying high tea in San Juan Capistrano tea house

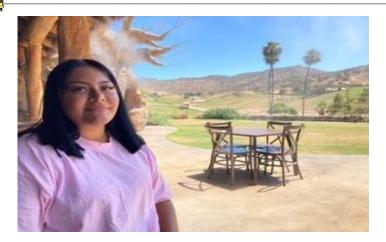




Chris Assad took her AAUW student Lanique Boling and her companion dog Cinders to Oceanside Harbor yesterday, Friday August 5th to enjoy hiking, shopping and lunch of fish and chips. It was much cooler than in Fallbrook.

They all had fun!





Susan Duling took her mentee Sheny to the San Diego Safari Park in July. In the first photo rhinos are on the hillside where they had lunch at the Overlook restaurant . The second photo is the petting Krall.



Karen and Larry Baker spent a wonderful day at the fair with her two mentees.



Here are Giselle Figueroa and Ashley Guerra at the end of the day.

Mentorship Program Karen Langer Baker

This year, several mentors will continue their relationship with the mentees they had last year: Karen Arter, Kathy Bierbrauer, Norine Honea, Sharon Robinson, Patty Carlson, Chris Assad, and Susan Duling. Others will be welcoming new mentees: Diane Summers, Karen Langer Baker, Carolyn Thom, Elizabeth Leader, Karen Estes and Marli Shoop. In addition, three new mentors have joined us: Susan Schaeffer, Grace Vander Werf, and Elizabeth Ward.

Although several activities are planned for the entire group throughout the school year, mentorship is more about personal relationships one-on-one. A mentor is someone a girl can confide in, trust, listen to, interact with, and be guided by on her journey through high school many girls continue to keep in touch with her mentors for years after they graduate.

Mentors and mentees decide on their own how much time they can and want to spend with each other individually.

A contract of agreements is signed by each person Indicating each one's commitment to the relationship. Prospective mentees have filled out an application to be considered. After personal interviews, during which the need for timely responses and expressions of gratitude are emphasized, new mentees who have been chosen are paired with their mentors.

During the first meeting (an ice cream social held in the AVID classroom in early September), mentors and mentees will introduce each other and tell the others a little bit about them.

At that meeting, everyone will learn about the year's schedule for group activities, such as building a scarecrow of Jane Gooding in September, taking a small plane ride (each individually with her own pilot) in October, riding the train to spend the day in San Diego's Old Town during Thanksgiving week, baking cookies for and then enjoying them plus a sumptuous potluck lunch provided by the mentors at the group's holiday party in December, preparing for and competing in a speech contest that will be held the end of January, visiting several museums in Balboa Park doing Presidents' holiday week in February, holding a career day in April during spring vacation, and, lastly, celebrating graduation in June.



Several of the mentors met in Karen Arter's beautiful garden to plan the year's activities.

Left to right: Kathy Bierbrauer, Elizabeth Leader, Norine Honea, Chris Assad, Karen Langer Baker, Karen Arter, Sue Schaeffer, Grace Vander Welt, Carolyn Thom, and Diane Summers

Key Dates Mentorship Program

• **Monday, August 22** Carolyn and Karen to AVID classroom to explain AAUW mentorship program and give out application forms

• Friday, August 26 Carolyn and Karen interview potential students

• All Group Activity: Wednesday, September 7 Ice cream Social in AVID classroom # 80 at 2:45 PM for new and continuing mentors and mentees

• October Activity: Scarecrow building - Check with Norine to organize a time and place for you and your mentee to participate

• All Group Activity: Tuesday, November 22 Coaster train ride from Oceanside to Old Town and meal in a restaurant (Carolyn researching restaurant)

• Friday, December 9 AAUW Christmas Fund Raising Party Hilltop Spiritual Center 6 PM for all AAUW members and past mentee grads of the mentor program

• December Activity: Baking cookies for Christmas Luncheon

• All Group Activity: Saturday, December 17, 11:30 AM Christmas Luncheon with potluck made by mentors and \$10.00 grab bag gift brought. Mentor home TBA

• All Group Activity: Friday, January 27, 6 PM Speech Contest Fallbrook Library Community Room. Mentors coach mentees who wish to participate, but all mentees attend the activity and help for set up and clean-up.

• All Group Activity: Tuesday, February 21, Balboa Park Museum Visit by carpool, possible picnic lunch, Diane checking on museums

• All Group Activity: April 3,4,5,6, or 8 TBD Career Day in a mentor's home, Carlene working on this

• All Group Activity: Saturday, June 10 Graduation Party

Additional Discussions:

- Mentors should be sure to meet with Mentee parents.
- Encourage mentees to write, email, text, or phone thank-you
- Scarecrow building may apply to school-required community service
- Invite mentees to AAUW meetings

Meeting the AVID class



Carolyn Thom and Karen Langer Baker met with the sophomores and juniors in the AVID classroom to explain our mentorship program. Interested girls were given application forms to fill out prior to the interviews that would take place a few days later,

Here Sara Solano told the group about her experiences as a mentee, The whole class applauded when she told them that she had won first place in our speech contest last year



Diversity Equity and Inclusion

National AAUW has placed "Diversity" near the top in the group of topics on which they would like our branches to focus. "AAUW seeks to promote inclusion and awareness for all members to create an equitable, sustainable and inclusive membership reflective of today's world." Hmmm. What does that mean? How shall we turn that into action?

It is hard to argue against the idea that society benefits from bringing everybody into the tent. Things work better when we allow and encourage *everyone* to bring what they have to contribute. A diverse set of ideas generally leads to better results. Think of that old corporate trope, brainstorming. By not rejecting ideas outright, by making room for the new, the out-of-the-ordinary, even the unpopular, we arrive in new places and are rewarded with new possibilities. We change our perspective. We become more innovative. We fight back against boredom, and we get to taste new flavors.

In the era in which AAUW was established, women *were* diversity. Presto! – give women the same rights and opportunities as men, help women develop their abilities and it is a win/win for everyone. Our country and the world will be a better place. That was the theory.

But we now know that theory doesn't go far enough. This spring, our book club read and discussed, "The Trouble with White Women" by Kyla Schuller. It painted a picture of how women of color were deliberately cut out of the 'mainstream' women's movement. The contributions of women of color towards the achievement of women's suffrage are still not widely known. And the benefits of the vote have not been distributed evenly among all women. The book points out that not only are women of color the last to the banquet of American plenty, but the banquet itself is poorer because of it.

We in Fallbrook live in a place of plenty in every sense of the word. Our neighbors come from all over the world; we are a glorious mix of hues and cultures. We see this embodied in the young women we mentor and the young women we watch blossom in Tech and Speech Trek. We get it. Perhaps National AAUW is challenging us to figure out how to tap into the talent of more of our neighbors of color to better accomplish our mission of bettering the lives of women. We have a beautiful tent, and it could be more beautiful.

Thoughts from Cynthia Young and Lesley Ibaven

<u>Híkíng Group</u>

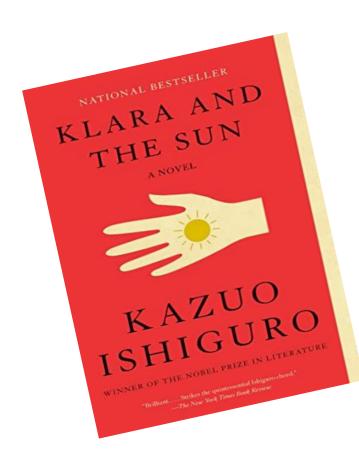
The hiking group will be back on the trails starting Friday, September 9 at 8:00 am.



We will be walking the Santa Margarita River Trail from Sandia Creek River Trail from Sandia Creek Rd. We are looking forward to seeing our friends again and the great conversation.

Contact Carolyn Thom <u>carolynthom1@gmail.com</u> if you want to be on the email list.

Book Club (Meets the 3^{rd} Monday of the month at 10:30)



The Bibliobabes, as we

affectionately call the members of our Fallbrook AAUW book club, continue to meet monthly. Next review "Klara and the Sun" by Kazue Ishiguro.

NEW YORK TIMES BEST

SELLER: Once in a great while, a book comes along that changes our view of the world. This magnificent novel from the Nobel laureate and author of *Never Let Me Go* is "an intriguing take on how artificial intelligence might play a role in our futures ... a poignant meditation on love and loneliness"

Here is the story of Klara, an Artificial Friend with outstanding observational qualities, who, from her place in the store, watches carefully the behavior of those who come in to browse, and of those who pass on the street outside. She remains hopeful that a customer will soon choose her. *Klara and the Sun* is a thrilling book that offers a look at our changing world through the eyes of an unforgettable narrator, and one that explores the fundamental question: what does it mean to love?

Stay tuned! – or better yet, join us. Contact Cynthia Young at 559-2536 for more information.

<u>Movíe Group</u> (Meets the 3^{rd} Fríday of the month at 6:00)

Welcome back after our summer break!



Mark your calendar for our first AAUW Movie Review of the coming year.

Friday, September 16, starting at 6 PM for social time

Bring a potluck dish to share.

Location: Home of Liz-Jamieson Dunne and Carole Hodges - Directions to follow the week of the 16th.

MOVIE: Where the Crawdads Sing

This is both a book and a movie which many have enjoyed.

Looking for a place to hang out, Tate suggest that they go

"where the crawdads sing." He explains to Kya that it means "far in the bush where critters are wild, still behaving like critters."

REVIEWERS: Karen & Larry Baker

We will plan to have future events on the 3rd Friday of the month: October 21, November 18 - No meeting in December.

Please RSVP if you plan to attend. Do let me know if you would like to be removed from this list OR you have others to add!

Wishing you all the best,

Carole Hodges

Sponsorship Opportunities



ART under the Stars

"small art by BIG artists, take two..."

...a Fallbrook Arts' fundraiser Saturday, October 1, 2022 | 5:30-8:30 pm

Outdoors at Fallbrook School of the Arts | 310 E. Alvarado , Downtown Fallbrook

An evening of delight, outdoors under the stars, complete with scrumptious food, live music, beer & wine, and sweets.

The pinnacle of the evening is a silent auction of small original artwork by BIG watercolor artists from our Signature shows.

Tickets \$135 per person

This Fallbrook Arts fundraiser supports the exhibition and continued education of the arts in Fallbrook through our divisions: Fallbrook Art Center, Fallbrook School of the Arts, and Fallbrook Art in Public Places. Fallbrook Arts, Inc. is a 501(c)(3) nonprofit organization.

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Enjoy an autumn evening under the stars with good food, drink, music and friends. The highlight of the evening will be a unique Silent Auction of small original paintings by renowned artists.

Contact Elizabeth Leader for information and tickets.

AAUA Fallbrook CA Branch Officers and Committee Chair for 2022-2023

Elected Officers:

President President Elect

1st VP, Programs 2nd VP Programs 2nd VP, Membership 3rd VP, AAUW Fund Finance Officer Recording Secretary Corresponding Secretary Parliamentarian

Margie Mosavi Karen Langer Baker

Patty Carlson Dianne Summers Carlene Friesen Sharon Robinson Karen Trapane Pamela Nevills Susan Duling Elizabeth Leader margaret.mosavi@gmail.com karenlangerbaker@gmail.com poochielyn444@gmail.com dianesummers04@gmail.com carlenefriesen01@gmail.com sharonrobinsongroup@gmail.com ktrocks25@gmail.com panevills@earthlink.net susancasoduling@yahoo.com elizabeth.leader@gmail.com

Appointed Chairs:

AVID Mentorship Program Directory

Diversity Historian Hospitality

MahJong MahJong Tournament

Newsletter Editor

Photographer Public Policy Public Relations/Publicity Scholarships Tech Trek Website Manager Karen Langer Baker Carlene Friesen Charlotte Seidman Diane Summers Nancy Heins-Glaser Maria Viernes Alice Orr Kathy Bierbrauer Araxy Moosa Kathy Bierbrauer Lesley Ibaven. Cynthia Young. Nancy Heins-Glaser Jov Frew Margie Mosavi Carlene Friesen OPFN Susan Duling

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susancasoduling@yahoo.com

Special Interest Chairs:

Book Group Hiking Group MahJong Group MahJong Tournament

Movie Review Group

Cynthia Young Carolyn Thom Kathy Bierbrauer Kathy Bierbrauer Araxy Moosa Carole Hodges Liz Jamieson-Dunne mscynyoung@gmail.com carolynthom1@gmail.com ckbierbr@gmail.com ckbierbr@gmail.com araxymoosa@gmail.com carole@carolehodges.com bjdmarketer@gmail.com