

Women with Vision

volume 39, issue 5, December 2022

Celebrating Our 76th year!

P.O. Box 1061, Fallbrook CA 92088–1016

Website: fallbrook-ca.aauw.net

Young women with dreams become women with vision

Our Mission: To advance gender equity for women and girls through research, education, and advocacy.

Our vision: Equity for all.

Our values: Nonpartisan, fact-based, integrity, inclusion, and intersectionality.

President's Message

The past six months could be called our organization's "coming out of COVID". It actually began in June with the installation of officers and recognition of our 2022 AVID scholarship awardees. This well-attended meeting was held outside on the Palomares House patio. After a long season of mostly ZOOM meetings, we were happy to meet in person!

Your Board had a workshop at Patty Carlson's home in July where we focused on plans for the future. Among the goals we discussed were increasing membership, emphasis on DEI (diversity, equity and inclusivity) projects and how to better get involved in our community. I'm happy to report that we have made progress in all three of these areas. Unlike some AAUW branches in the San Diego area who are shrinking, we have added eight new members! Our monthly meetings (all in-person and well attended) have featured speakers from Fallbrook Land Conservancy, the League of Women Voters and My Sisters' Keeper. We have plans to get more involved with the Fallbrook Chamber of Commerce.

Now that students are back in school, the AVID mentorship program has been more active. The Hiking Group, the Bibliobabes book club, and the Movie Group are acquiring new and enthusiastic participants.

None of these accomplishments would have been possible without your support. Thanks to everyone for your participation.



Temecula Valley AAUW is celebrating 30 years of successes on Sunday, November 20th. Thanks to the Fallbrook branch for encouraging us in our endeavor and being a partner in our success over the years. Would like to invite all of you to come and help us celebrate. Thanks! Bobbie Jessup, President

This event will replace our regular January meeting, (pdf file attached)

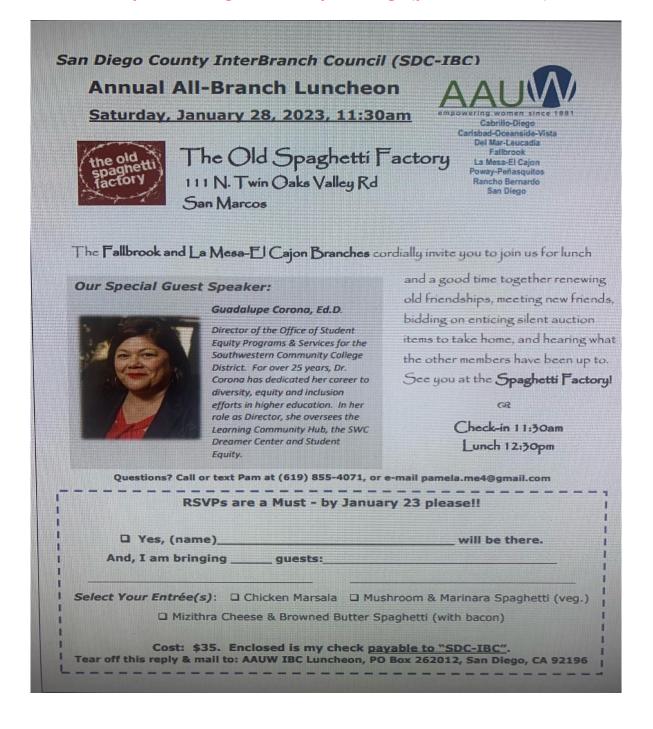


Table of contents

Message from the President - 1
Flier Annual All Branch Luncheon - 2
Birthdays - 3
Opportunity Drawing - 4
AAUW Board Meeting - 5
Programs - 7
Upcoming Dates - 11
Fund raising, AAUW Fallbrook Webpage, Hospitality - 12
Meet New Fallbrook Members - 13
Mentorship Program - 14
Club News - 18
Officers, Chairs, and Contact Information - 20

December/January Birthdays

December 15 -Karen Estes

December 19 - Susan Duling

December 20 - Carolyn Thom

December 23 - Cynthia Young

January 13 - Jeanie Curtright

January 14 - Cyríla Ríchardson



Contact Susan Duling/Maria Viernes, Co-Chair Corresponding Secretaries if you

know of any member who needs a card or a note: susancasoduling@yahoo.com text 760-390-6069 or Maria Viernes, maria_viernes@yahoo.com

Opportunity Drawing

Thank you to all for supporting our monthly opportunity basket.

From our drawings September, October and November we have raised \$440. These funds will be used for expenses related to our monthly programs/events.

On November 5 we had two baskets. Nancy Heins-Glaser and Margie Mosavi were our lucky recipients. Many thanks to Charlotte Seidman for donating a fall sewing and craft basket and to Sharon Robinson, Carolyn Thom, Patty Carlson and Karin Moore for donating items for the second basket.



Nancy Heins-Glaser



Charlotte Seidman and Margie Mosavi

AAUW Board Meeting Minutes

November 2, 2022

The meeting was held at Margie Mosavi's home, beginning at 10:00 am.

Present: Margie Mosavi, Patty Carlson, Carlene Friesen, Susan Duling, Elizabeth Leader, Diane Summers, Kathy Bierbrauer, Pamela Nevills. Karen Trapane, and Sharon Robinson.

Approval of Previous Minutes - Suggested corrections by members were corrected prior to final minutes. Minutes were approved.

Correspondence – AAUW Corresponding Secretary Log was submitted by Susan Duling on October 30th and reviewed at the meeting.

Treasurer's Report – Conversion is almost done between Karen, present finance officer, and Elizabeth, previous finance officer. There is some unfinished business with the bank.

Financial considerations represented by April, 2022 document were discussed. Karen will review the document and bring a revised copy to the board when bank access is complete.

Budget –Finance Officer, Karen Trapane, will send a copy of the revised/final budget to board members. President Margie will seek approval via email for the budget. Karen will be attending a legacy meeting with IBC later this month.

Membership – Carlene reported 64 members and 4 student members. The directory should be available for the meeting and program, Saturday. Following the meeting it will be available at the Spoiled Avocado. Note that student members will not have personal information in the directory.

Diane mentioned there is an AAUW group at Cal State University, San Marcos. We need to encourage mentees who will be attending CSUSM to connect with this group. Carlene and Karen will provide the verbiage for a courtesy membership for members who join late in AAUW's calendar year, and present this proposal for the next meeting.

Scholarship – Item to be addressed beginning January. An introductory meeting is being held at the high school later this month. Margie and Carlene will attend.

Mentorship Program – Graduate Mentees who plan to attend the Christmas event need to be reminded of the change of date from Friday, the 9th of December to Saturday, the 10th. The new time is 5:30 pm. Girls will be invited to make a short statement of how AAUW has supported them for their post high school career goals.

Tech Trek – Sharon Robinson reported that Nov. 4th is the kick-off information meeting. The process for becoming a Tech Trek participant begins with teachers recommending 7th grade middle school participants. Potential camp participants submit an application, an essay, have interviews, and follow a series of commitments. Sharon will have more information for the next meeting. Larissa Anderson, former Tech Trek Coordinator has 24 years of Fallbrook AAUW history about Tech Trek participation.

Diversity – Diane Summers is hosting this Saturday's meeting. A small group is meeting to establish a better understanding of diversity, equity, and inclusion. This group is also considering better understanding of students with special needs. The goal is to have a document that can be shared with Fallbrook AAUW members. Future programs will develop from the work of this newly formed group.

Hospitality - Programs

<u>Christmas Activity</u> – **The date has changed to Saturday, December 10**th **at 5:30 pm.** The party will feature an organized potluck and Red Stocking Fund Raising. A committee has been established to coordinate the event. An Italian style dinner, mentee testimonies, and the fund-raising event, along with music and dancing will be offered. The event will be held at the Hilltop Center.

Our next meetings/programs are:

<u>Saturday</u>, <u>December 10</u>, 5:30 pm – Christmas Party and Red Stocking event at the Hilltop Center. The address is 330 East Elder St.

<u>Saturday January 28, 2023 – 11:00 am</u> – Old Spaghetti Factory in San Marcos – This is the January meeting for AAUW Fallbrook. The cost will be \$35.00 per person. This is a joint meeting with the Inland Branch Council, and hosted by our branch.

February (second week, program to be announced)

March – joint mtg. with Temecula

April – mentee career program, Carlene is the chair of the program. More information will be presented. Suggestion, the membership program for April could also focus on current focus for career development of high school youth.

Other Business/Reports -

✓ Board Meetings will be the second Wednesday of the month, beginning in January, according to a vote by board members.

The next Board Meeting is Wednesday, Dec. 7 at 10:00 am. The meeting will be at Patty Carlson's home.

Respectfully Submitted by Pamela Nevills, Recording Secretary

Programs - Newsletter November 2022

Patty Gibson Carlson and Diane Summers, Co-Chairs Members- Margot Dokken, Carolyn Thom, Nancy Heins-Glazer

ARE YOU READY TO PARTY AND GET IN THAT AAUW HOLIDAY SPIRIT?

Our main social and fundraising event is in two weeks, on Saturday DECEMBER 10 at the Hilltop Center. Thank you to you all that have RSVP'd to the EVITE that was sent out. If you didn't get it let Patty Carlson poochielyn444@gmail.com know or if you haven't RSVP's yet, please do so now. Our theme



this year is — Italian Buon Natale — This is a Pot Luck so thank you and we are looking forward to your delicious dishes! We have a terrific DJ so bring your dancing shoes too! We have a few former mentees that will be joining us as well with the hope they will reflect on what AAUW has meant for them.

Now some details for the fundraising part of the **RED STOCKING FUNDRAISING EVENT**. This is our main fundraiser of the year, and there are a few quirky details to help you out here as to your options.

You Can Make Your Check Payable to:

- a. **AAUW Fallbrook** (**not** tax deductible) -100% goes to AAUW-Fallbrook Scholarships and Mentee activities **or**
- b. Legacy Endowment (tax deductible) on memo line put "AAUW Fallbrook Scholarships or
- c. **CASH** Envelopes Put name and address, if desired Receipts will be available.

If you cannot attend the event, but still want to donate to support our mission, please do as above and mail checks to **AAUW-Fallbrook Treasurer**, **Karen Trapane**, 1405 **Joy Road**, **Fallbrook**, **CA 92028**.

Also, why don't you **ask** for donations from family, friends or your company, perhaps matching funds are available. You can just ask. I did, and my brother donated \$100. I thought...wow that was easy!

November meeting was one of the best ever.

Thanks to our wonderful speaker, Kristen Newsome from My Sister's Keeper Success Institute. working to empower BIPOC Girls and Young Women. She was truly inspirational, along with one of her students, who spoke on what that program has

meant to her. We are hopeful, since we have similar missions, we can work together in the future. If you want to learn more about them, see www.msksi.com.



Speaker – My Sister's
Keeper- Success Institute
Kristin Newsome. This
program aligns with our
Diversity and Inclusion
mission and will discuss
similar programs for STEM
education and success for
young women of color.



Speaker Swintalya Williams from "My Sisters Keeper"

Student Membership

Pictured L-R are a Representative of My Sister's Keeper Swintalya Williams, Sara Solano (Mentee), and Norine Honea (Mentor). Sara was an active participant in the Q and A session.

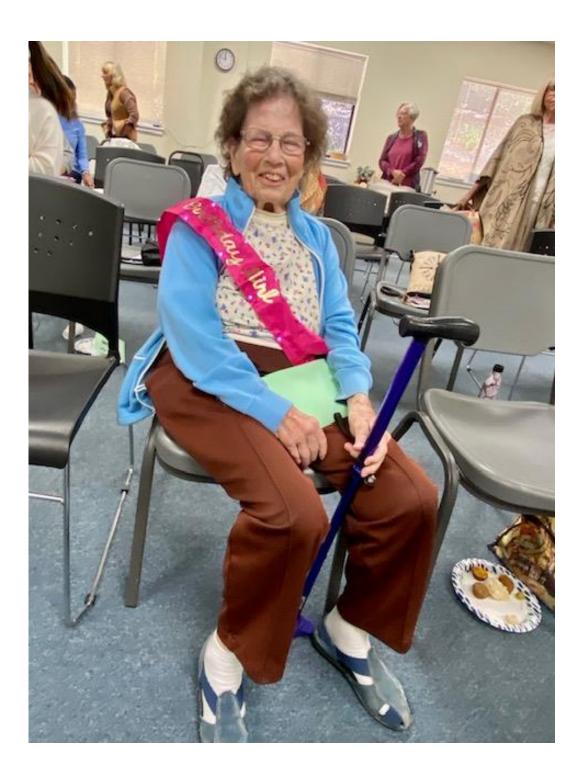


We often think of our Mentoring program in the context of a valuable "fun" or "educational" event. However, in the larger context, the value is much greater than a single event, or even a single vear. Sara and Norine have been in a mentoring relationship for 3 years, throughout Sara's high school experience. They have been in it for "the long run", and I expect it will continue even after Sara graduates' high school. Sara attended the November General meeting with Norene, thoughtfully participated, and joined AAUW as a Student Member! Her membership will continue when she heads to college next year to major in Engineering, and hopefully she will decide to join AAUW as a full member postgraduation. We are encouraging all current

mentees to join the Fallbrook Chapter as Student Members. They bring insights and energy to our meetings and the AAUW organization! Our current Student members include: Daniela Martinez, Xitlali Ortiz, Alicia Tomas, Sheny Tzuguen, and Sara Solano. The Student Membership Program is just an example of our Chapter's effort to support AAUW's mission of diversity, equity and inclusion, we are growing, and expanding our

outreach into the community-at-large with educational and informational programs. Invite your friends to join us! We're on the move.!

We also had to opportunity to celebrate the 98th birthday of Lini Bennett with an honor and interesting and informative talk all about Lini given by Nancy Heins Glaser. (Photo by Nancy Heins-glaser)



HELP – PLEASE VOLUNTEER TO BE ON THE PLANNING COMMITTEE FOR THE COMBINED PARTY
AND FUNDRAISING EVENT. SIGN UP SHEET AT MEETING OR EMAIL
PATTY CARLSON, poochielyn444@gmail.com. There will be a DJ
and Dancing and most importantly our RED Stocking EVENT, so
start planning your holiday giving. We have asked some of our
student AAUW Alumni to give us a TikTok video on what AAUW
Fallbrook has meant to them. Prize for the best TikTok. This is an
event where we can bring our significant others as well as if you
have any prospective members or donors that would like to attend,
they are invited too!

Upcoming dates – Mark your Calendars:

Date

Saturday December 10 AAUW – Fallbrook Holiday Party and Fundraising – Mark your calendars

Saturday January 28, 2023 – 11:00 am – Old Spaghetti Factory in San Marcos – This is the January meeting for AAUW Fallbrook. The cost will be \$35. per person. This is a joint meeting with the Inland Branch Council, and hosted by our branch.

February (second week, program to be announced)

March - joint mtg. with Temecula

April – mentee career program, Carlene is the chair of the program. More information will be presented. Suggestion, the membership program for April could also focus on current focus for career development of high school youth.

Fundraising for Programs

Opportunity Baskets for Monthly Meetings

If you have items to donate for opportunity baskets, please bring them to monthly meeting labeled with your name. SUGGESTED ITEMS: Baskets, Wine, Art, Fallbrook Items, Specialty Foods/Beverages Not requiring refrigeration, Nuts, Chocolate, Sweets, Gift Cards. If you need pick-up of items, please call Susan Duling 760-390-6069

Thank you to all for supporting our monthly opportunity basket. These funds will be used for expenses related to our monthly programs/events.

Branch Webpage

Please check out our Fallbrook Branch Webpage at www.Fallbrook-CA.AAUW.net

Newsletters are added ASAP. Click on Newsletter Tab, hover cursor over month and click to read.

If you have a photo of LESS than 3.0 Mb that you would like to see on our webpage, email it at LESS than 3Mb to susancasoduling@yahoo.com with the accompanying text/names/date and where, location/tab on webpage you want it added.

There are several items that need updating. Please send updated TEXT and information to Susan in a WORD document. This is a Word Press webpage: if you can help, please contact Susan.

Hospitality Group



AAUW, Maria and Alice cannot say enough thanks to our members that contributed to the "dazzling " array of goodies for our November 5th meeting. You are all beyond helpful and giving.

Norine Honea, Elizabeth Stuver, Karen Weisberger, Cyrila Richardson, Grace VanderWerf, Sharon Robinson, Marli Shoop, and Carlene Friesen.

Your help setting up, cleaning up, yummy treats, and, most of all your friendly camaraderie are so appreciated by our members.

Happiest of holidays to all. Alice Orr

Meet New Fallbrook AAUW Member

Welcome our New Member, Rachel Rose.



Hi! I am Rachel Rose, recently moved to Vista from Los Angeles by way of the east coast (New York and Boston). Very glad to be here and meet all of you wonderful people. I moved to be closer to my son, daughter in law and grandkids and thrill at not having to drive several hours or fly five hours to see them. I graduated UC

Berkeley with degrees in nutrition and microbiology and spent most of my career working for medical schools, universities and hospitals in administrative positions. I was Director of Corporate and Foundation Relations at Harvard Medical School, Director for Science and Research at Massachusetts General Hospital and Director of Corporate Relations at Columbia University College of Physicians and Surgeons. Lots of International and National travel and lots of rubber chicken dinners.

In my free time I take history classes at Osher (UCSD) read both non-fiction and fiction, and sing gospel. I am a huge fan of classical music and opera (from Monteverdi through Britten) and already have tickets to the San Diego Bach Collegium season. Now I see there is an Early Music Society in San Diego. I also really like architecture, architectural preservation and design.

Mentorship Program Karen Langer Baker

Thank you, all of you exceptionally wonderful mentors and mentees, for all the ways you participated in making Tuesday a memorable excursion! We had some interesting challenges, but that just made it more of an adventure that we will always remember!

To those of you who were unable to join us, we really did miss you! Looking forward to our Holiday party at Sharon's house Saturday, December 17, at 11:30 am! I'll send more details in a few weeks. In the meantime, please make sure it's in your calendar and let me know if you can or cannot attend. In the meantime, be sure to connect with each other and plan to bake lots and lots of cookies for the party.

Susan Duling sent these great photos of some of the mentees, first while waiting for everyone to show up before boarding the train in the Oceanside station, and then enjoying the ride where all of had the best viewing seats on the upper deck of the train.

Since we have so many photos and 28 people total and I don't want to hurt anyone's feelings by not having at least one photo of each person, I have decided not to identify anyone in any of the photos on our trip. Instead, here is a list of everyone who went on the trip, which you can add somewhere in the article or just leave out...

Mentees: Seniors Alicia Tomas, Angelica Benitez, Cynthia Fonseca, Jassmin Cerda, Sara Solano, and Xitlali Ortiz; Juniors Aracely Palma, Lanique Boling, Marylin Estrada, and Sheny Tzuquen; and Sophomores Daniela Martinez, Elena Mendoza, Eulalia Tomas, Jocelyn Baltazar, and Lila Tapia.

Mentors were: Karen Langer Baker, Elizabeth Leader, Marli Shoop, Norine Honea,



Sharon Robinson, Chris Assad, Susan Dulling, Susan Schaeffer, Carolyn Thom, Grace Vanderwerf, Helena Hanna, and Patty Carlson.



departed and then suddenly, about 10 seconds later, the doors closed! Fortunately, none of us had departed yet, but passengers waiting to get on to head south were unable to embark. We had to go all the way to San Diego, wait until the train began its 18-mph journey back north before we were able to finally reach Old Town.



As a result, we had to go directly to the restaurant where our table was being held for us, way past our reservation time. We enjoyed a wonderful lunch and still had time to walk around and enjoy Old Town.

We boarded the coaster train in Oceanside to head down to Old Town San Diego. A few minutes after departure, there was an announcement by the conductor that there has just been a 6.2 earthquake just barely south of the border! Because of that, they wanted to wait until they made sure the tracks were still safe. Once we started heading south, we learned that the decision had been made to have the train travel no faster than 18 mph. Once we reached Old Town, a few people

6.2 QUAKE OFF BAJA SHAKES PARTS OF COUNTY

Temblor struck at 6:21 a.m., 192 miles southeast of S.D.

BY GARY ROBBINS

A magnitude 6.2 earthquake erupted beneath the ocean floor off Baja California at 6:21 a.m. Tuesday, generating energy that briefly but widely felt across many areas of San Diego County, according to the U.S. Geological Survey.

The temblor originated off the coast of Vicente Guerrero, Mexico - about 105 miles south of Ensenada and roughly 192 miles southeast of San Diego. There was no immediate indication that the quake would produce a tsunami.

The USGS says the shaking was felt in San Ysidro, Imperial Beach, Del Mar, San Diego, La Jolla, Lakeside, Encinitas, El Cajon, Lemon Grove, Miramar, Chula Vista, Santee, Oceanside and Borrego Springs. Shaking also was felt in Imperial County, notably El Centro.

gary.robbins@sduniontribune.com





Some of the mentors taking a well-deserved break while the girls wandered on their own in group of 3 to 5

The weather was a prefect 71 degrees, so we were able to pause at all of the displays outside of the beautiful shops



Enjoying refreshments at a chocolate/coffee bar

Key Dates Mentorship Program

- Friday, December 9 AAUW Christmas Fund Raising Party Hilltop Spiritual Center 6 PM for all AAUW members and past mentee grads of the mentor program
- December Activity: Baking cookies for Christmas Luncheon
- All Group Activity: Saturday, December 17, 11:30 AM Christmas Luncheon with potluck made by mentors and \$10.00 grab bag gift brought. Mentor home TBA
- All Group Activity: Friday, January 27, 6 PM Speech Contest Fallbrook Library Community Room. Mentors coach mentees who wish to participate, but all mentees attend the activity and help for set up and clean-up.
- All Group Activity: Tuesday, February 21, Balboa Park Museum Visit by carpool, possible picnic lunch, Diane checking on museums
- All Group Activity: April 3,4,5,6, or 8 TBD Career Day in a mentor's home, Carlene working on this
- All Group Activity: Saturday, June 10 Graduation Party

Additional Discussions:

- Mentors should be sure to meet with Mentee parents.
- Encourage mentees to write, email, text, or phone thank-you
- Invite mentees to AAUW meetings

ATTENTION ALL MENTORS...DID YOU KNOW?

Did you know that your current mentee (or prior mentee who is now attending college) is eligible for a FREE 2022-2023 Fallbrook Chapter membership? Please invite them to the next General Meeting, and we'll be happy to welcome them aboard!

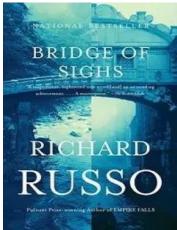
Mah Jong (Meets TBD)

All contact Kathy Bierbrauer (ckbierbr@gmail.com) if they're interested in getting together for mah jong once a month?

Book Club (Meets the 3rd Monday of the month at 10:30)

The Bibliobabes, as we affectionately call the members of our Fallbrook AAUW book club, continue to meet monthly.

Next review No book review for December but here are upcoming attractions.



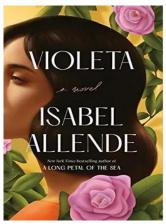
<u>January 16</u> - Joy's selection, "Bridge of Sighs" by Richard Russo

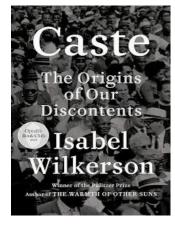
February 20 - Carlene's selection, "Violetta", by Isabelle Allende

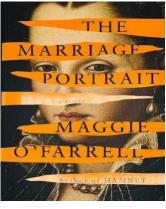
March 20 - Margie's selection, "Caste", by Isabel Wilkerson

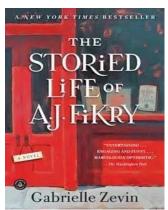
<u>April 17</u> - Ann's selection, "The Marriage Portrait" by Maggie O'Farrell

May 15 – Karen's selection, "The storied Life of A.J.Fikry" by Gabrielle Zevin









Movie Group

Our next meeting is Friday, January 13. It will be a pot-luck at the home of Marli Shoop. Karen Weisenberger will review "**She said."** Special thanks to Diane Reeder for hosting the Movie Review this month. We all enjoyed visiting, sharing holiday plans and our thoughts about Ticket to Paradise.



The New York Times journalists Megan Twohey and Jodi Kantor publish a report that exposes sexual abuse allegations against powerful Hollywood producer Harvey Weinstein. The shocking story also serves as a launching pad for the #MeToo movement, shattering decades of silence around the subject of sexual assault and harassment



Here is a picture from our November Movie Night at Diane Reeder's home.

AAUW Fallbrook CA Branch

Officers and Committee Chair for 2022-2023

Elected Officers:

President
President Elect
1st VP, Programs
2nd VP Programs
2nd VP, Membership
3rd VP, AAUW Fund
Finance Officer
Recording Secretary
Corresponding Secretary
Parlimentarian

Margie Mosavi
Karen Langer Baker
Patty Carlson
Dianne Summers
Carlene Friesen
AAUW Board
Karen Trapane
Pamela Nevills
Susan Duling
Elizabeth Leader

margaret.mosavi@gmail.com karenlangerbaker@gmail.com poochielyn444@gmail.com dianesummers04@gmail.com carlenefriesen01@gmail.com

ktrocks25@gmail.com panevills@earthlink.net susancasoduling@yahoo.com Elizabeth,leader @gmail.com

Appointed Chairs:

AVID Mentorship Program Directory

Diversity Historian Hospitality

MahJong Tournament

Newsletter Editor

Photographer
Public Policy
Public Relations/Publicity
Scholarships
Tech Trek
Website Manager

Karen Langer Baker Carlene Friesen Charlotte Seidman **Diane Summers** Nancy Heins-Glaser Maria Viernes Alice Orr Kathy Bierbrauer Araxy Moosa Kathy Bierbrauer Lesley Ibaven. Cynthia Young. Nancy Heins-Glaser Joy Frew Margie Mosavi Carlene Friesen Sharon Robinson Susan Duling

karenlangerbaker@gmail.com carlenefriesen01@gmail.com cseidman7@gmail.com dianesummers04@gmail.com misswiss1965@gmail.com maria viernes@yahoo.com alliekorr@yahoo.com ckbierbr@gmail.com araxymoosa@gmail.com ckbierbr@gmail.com leslevibaven@gmail.com mscvnvouna@amail.com misswiss1965@gmail.com JoyFrew@gmail.com margaret.mosavi@gmail.com carlenefriesen01@gmail.com sharonrobinsongroup@gmail.com susancasoduling@yahoo.com

Special Interest Chairs:

Book Group Hiking Group MahJong Group MahJong Tournament

Movie Review Group

Cynthia Young
Carolyn Thom
Kathy Bierbrauer
Kathy Bierbrauer
Araxy Moosa
Carole Hodges
Liz Jamieson-Dunne

mscynyoung@gmail.com carolynthom1@gmail.com ckbierbr@gmail.com ckbierbr@gmail.com araxymoosa@gmail.com carole@carolehodges.com bjdmarketer@gmail.com