



Fallbrook CA Branch

P.O. Box 1061, Fallbrook CA 92088-1016

Website: fallbrook-ca.aauw.net

Women with Vision

volume 39, issue 9 April 2023

Celebrating Our 76th year!

Young women with dreams become women with vision

Our Mission: To advance gender equity for women and girls through research, education, and advocacy.

Our vision: Equity for all.

Our values: Nonpartisan, fact-based, integrity, inclusion, and intersectionality.

AAUW 2023-24 Slate of Officers

We will be voting for our 2023-25 officers at our general meeting at La Cucina on May 6.

The nominating committee has selected the following slate:

President: Karen Langer Baker

First Vice President:

Programs: Patty Carlson

Second Vice President,

Membership: Karen Weissberger

Recording Secretary: Margot Dokken

Treasurer: Karen Trapano

If you are interested in being a candidate for any of the above positions, please let Karen Trapano (nominating committee chair) know.

I'll see you at the May meeting.

Margie



Meet our new president elect.

Video interview with Karen Langer Baker — award-winning Fallbrookian artist

APRIL 9, 2023



Meet Karen Langer Baker. She is an artist extraordinaire, mentor, healer and so much more! She is a member of the Fallbrook Art Association and a member of the American Association of University Women (AAUW), a group of educated and accomplished women that mentor young women from underserved areas. Karen is into holistic healing too! Her art is in all types of media.

Check out this video and her gorgeous art!

<https://everythingfallbrook.org/2023/04/09/video-interview-with-karen-langer-baker-award-winning-fallbrookian-artist/>

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May/June Birthdays

May 1 “KT” Karen Trapane

May 7 Araxy Moosa

May 13 Tina Langham-Smith

May 15 Barbara Luther

May 15 Elizabeth Stuver

May 16 Norine Honea

June 3 Judy Egan

June 5 Daine Reeder

June 7 Lesley Ibaven

June 12 Diane Summers

June 15 BJ Lane

June 19 Iris Bourgue

June 25 Karen Arter



Contact Susan Duling/Maria Viernes, Co-Chair Corresponding Secretaries if you know of any member who needs a card or a note: susancasoduling@yahoo.com text 760-390-6069 or Maria Viernes, maria_viernes@yahoo.com

AAUW Board Meeting Minutes

AAUW Board Meeting Summary

The meeting was held at Patty Carlson's home.

Present: Karen Trapano, Karen Langer Baker, Carolyn Thom, Margie Mosavi, Elizabeth, Patty Carlson, Margot Dokken, and Pamela Nevills

Approval of Previous Minutes – Motion passed to accept the minutes from the February. Board and committee reports were gathered for February and March

Correspondence – Susan Duling

March 31, 2023. Susan Duling Corresponding Secretary report, Webpage manager A written report was provided for the Board meeting.

Treasurer's Report – Karen Trapano

A Finance Report was provided to the board. Checking Balance, April 5, 2023 is 11,603.73. Savings Balance is \$29,079.65. The report included a list of transactions The board also reviewed the Actual Budget for the 2022-2023 year. Please note some donation checks that were made to AAUW with Scholarship as a notation and have been placed in the general fund account, rather than the non-endowment fund for Scholarships. Karen reported a review of our agreement with Legacy that clearly states that the AAUW Scholarship committee is in charge of the process and awards to Fallbrook High School AVID students.

Fund Raising (opportunity basket) – Susan Duling

An amount of income from opportunity baskets will be available for May's board meeting. Susan's report stated she has an opportunity basket ready for May 6 general branch meeting.

Programs –. Patty Carlson, Diane Summers

A complete program report is provided in the AAUW monthly newsletter.

Membership – Carlene Friedman

A new member for the remainder of this year was recognized. Her name is Monique Zander, moniquezander38@gmail.com. Phone (949) 294 2462

Nominating Committee – Karen Trapane

The other committee members are Elizabeth Ward and Carolyn Thom. Personal contacts are being made to join the new board. Open positions are 2nd Vice President of Membership, 3rd Vice President for Fund Raising, and Recording Secretary. Elizabeth Leader proposed that our new president, Karen Langer-Baker appoint a position for strategic planning for the next year.

Mentorship Program – Karen Langer Baker

Karen will be leaving this position as she moves into the Chapter President position, but will continue to be involved and supportive of the program with Carolyn Thom. The new chairperson will be Marli Shoop. It is proposed that the mentors will sponsor or host events. New mentors for the Avid program sophomore students will be encouraged to sign up at the Membership Tea. Mary Begley, AVID teacher at FUHS, will nominate students who qualify to be mentees. The participant mentor/mentee pairs are assigned in August and September.

Tech Trek – Sharon Robinson

The 8th grade applicants were interviewed on April 30th. Parents and girls socialized at Bakin it Up Coffee House, while groups of three were interviewed at Sharon's on Main. Six girls were selected to attend the week-long camp this summer. Watch for further information and opportunities for adult volunteers at the camp.

Scholarship – Pamela Nevills

Eleven applications were received by the February 28 deadline. Although the AVID senior girls who applied were asked to complete applications and submit them as attachments to an email, only one girl did. The scholarship committee recommends that if this requirement continues the instructions must be specific. Eleven girls completed applications and the interviews, which were held on March 27th at the FUHS Career.

Each girl received a scholarship. The awards varied based on points received from a review of the applications and an interview score. Letters have been sent to the girls notifying them of their scholarship amounts and inviting them to the Award Ceremony at FUHS and the AAUW award celebration on June 3rd.

Diversity – Diane Summers

The group continues to meet once a month. For April they will meet Wednesday the 26th at Diane's home, 2345 Trail End. The meeting is open to all AAUW members and guests are always welcomed.

Other Business/Reports –

- Fundraising/Donor Ideas – Karen Trapane. Discussion was held of how people and businesses outside our membership could be encouraged to provide financial support, and how can Fund Raising be an all-year event rather than being

focused on one event? These ideas will be conveyed to the 3rd V.P. when the position is filled on the new board.

- Karin Moore was selected from a large pool of proposals to present at NCCWSL conference in Washington D.C. We are proud of this member's achievements and selection as a presenter at this prestigious leadership conference for young future women leaders.

New Business –

Patti Carlson proposed that the board meet on a quarterly basis rather than the current monthly schedule. Following discussion and input from future chapter president, Karen Langer Baker, it was decided to forego a decision at this time. Karen suggested an executive committee meeting every other month, possibly by Zoom and an executive committee and chairperson in-person meeting on off months. More discussion will ensue on this item.

The next Board Meeting is May 10th at 10:00 am. President Margie Mosavi will be the hostess.

Respectfully Submitted by Pamela Nevills, Recording Secretary

Upcoming Events

April 30, 2023 – Art in the Park volunteer opportunity. Check with Carolyn Thom.

May 6, 2023 at 11:30 am Business meeting election of board officers. Meeting at La Cucina on Mission Road, Fallbrook. Cost: \$30. for lunch, 3 options are available. Speaker is Anne Hoiberg on refugee women.

June 3, 2023– 10:30 am. Location, Fallbrook Regional Health District. Program to include the introduction of the Tech Trek summer camp recipients, scholarship awardees, and installation of AAUW board members for 2023-2024.

June 8, 2023 – 9:00 am. – AAUW Fallbrook Branch to host the Sun Uppers breakfast. A 20-minute presentation will introduce attendees to our AAUW Branch.

August 5, 2023 – New Members Tea, location TBA

MEMBERSHIP NEWS

We're nearing the end of the AAUW membership year! IF YOU RENEW YOUR MEMBERSHIP BEFORE IT EXPIRES ON 6/30/23, you will receive a FREE, one-year subscription to Ms. Magazine!

The total renewal amount for one year is \$112.00 (\$72 National dues, of which \$69 is tax deductible); \$20 State dues; and \$20 Fallbrook Chapter dues). All three can be paid on line.

To renew, simply go to AAUW.org, log in to your Personal Snapshot page, and click “Renew” at the bottom of the screen.

If you have not established your individual account on the AAUW website:

- Click on “Forgot Your Password” located below the blue login button.
- Enter your email address, then click “Reset Your Password” to receive a login email from info@aauw.org. (If you don’t receive it within 5-10 minutes, email connect@aauw.org)
- Enter your email address, and “Create and Confirm your Password” to access your Personal Snapshot page.
- Click RENEW at the bottom of the Snapshot screen to renew your national, branch and state memberships.

Note: If you prefer to pay by check, please bring your check to the monthly meeting or send it to P. O. Box 1061, Fallbrook, Attention Karen Trapane.

AAUW Awards College Scholarships to 11 Young Women

The scholarship awards were determined through an extensive review, including a lengthy application and interview process. Each of the 11 Avid students, who applied, is receiving a scholarship. The total amount of the scholarship funds equals \$14, 000. The young women will receive varying amounts based on their scores from the review. The Scholarship Committee, consisting of Karen Trapane, Elizabeth Ward, Carolyn Thom, and Pamela Nevills, chairperson, looks forward to the Awards Presentations.

The young women will be honored at a Ceremony at Fallbrook High School on May 24th, and again during the AAUW Celebration for recipients and their families at our Fallbrook Branch’s June 3rd meeting.

The Scholarship Awardees are:

Jassmin Cerda, Ashley Romero, Abigail Battenschlag, Dulce Ramos Lopez, Karen Ramirez, Stephanie Aguilar, Angelica Benitez, Sara Solano, Alicia Tomas, Lizbeth Rodas, and Liliana Navarrete Martinez.

What a wonderful experience it was to meet with these young women, and to learn of their achievements and goals for the future. The committee thanks the AAUW members for their support of this important contribution to our Fallbrook community.

International Impact

AAUW works to advance equality for women and girls across the globe. Barriers still keep education, economic security and leadership out of reach for millions. Support and access to resources, education, health care and job opportunities are essential to give women pathways to thrive.

AAUW has awarded [fellowships and grants](#) to 13,000 women in more than 150 countries. Our work also supports and is aligned with UN Women, the UN, the U.S. Department of State and multiple global coalitions to improve the status of women and girls throughout the world.

Kyra Szabo, AAUW United Nations Youth Representative



Kyra Szabo is a sophomore at Lehigh University, majoring in global studies with a double minor in business and anthropology. At Lehigh, Kyra is a global social impact fellow working on food production to fight malnutrition and stunted growth in Sierra Leone. Kyra is dedicated to ensuring that every person, no matter their gender or socioeconomic status, is given equal access and opportunities for success.

Sign up to become a 2-minute activist
<https://www.aauw.org/act/two-minute-activist/>

Submitted by Chris Assad
Public Policy

Programs - Newsletter March 20

Patty Gibson Carlson and Diane Summers Co-Chairs
Members- Margot Dokken, Carolyn Thom, Nancy Heins-Glazer

Saturday May 6 11:30 am La Cucina Restaurant – ANNUAL BUSINESS MEETING

This will be the official Annual Meeting for AAUW – Fallbrook. The meeting that includes presentation of new board, vote of the new board and officers including an *optional* lunch in the beautiful new event room at La Cucina. You should have received the EVITE already. If you have not yet RSVP'd, please do so now. If you already RSVP'd and you did not indicate in the RSVP Comments your menu selection and how you will be paying, please revise your rsvp to include that information. The 3 menu options were either,

1. Eggplant parm, plus soup or salad
2. Lasagna plus soup or salad
3. Soup and Salad.

Great chance to break bread sticks together and get to know each other better...especially for our new members. **The cost including beverage, tax and tip is \$29 each. If you haven't already done so, you can pay by either:**

- **Check payable to AAUW -Fallbrook and mail to P.O. Box 1061 Fallbrook, CA 92088-1061 OR**
- **Electronic payment via ZELLE TO AAUWFALLBROOK1@GMAIL.COM OR**
- **VENMO by searching - AAUW-Fallbrook.**
- **RSVP AND PAY NO LATER THAN - MONDAY MAY 1.**

The meeting will start at 11:30am. Invite a prospective member to join in what should be a terrific meeting. We are so happy that we have our speaker, **Anne Hoiberg**, she is an AAUW member and the San Diego Women's Hall of Fame Activist she will be speaking to us about Refuge Women and the stories from her book:

Tears of War—Stories of Refugee Women

Anne's book shares the harrowing stories of thirty-seven resilient refugee women who fled their war-impacted country, experienced the horrific journey to refuge, adjusted to a refugee camp or a neighboring country, and resettled in San Diego. Also included is a history of the fifteen countries from which these women fled and the impact of colonialism and civil war on their lives.

Saturday June 3, 2023 10:30 am – NEW TIME – Fallbrook Health District/Community Room –

The Annual Scholarship Meeting. We celebrate and honor the young women graduates that have earned an AAUW-Fallbrook Scholarship. Join in the celebration of their accomplishments, along with the families of the scholarship recipients.

July 2023 – No General Meeting. Note that there will be an Old/New Board Strategic Planning meeting in July at the home of Patty Carlson.

AAUW's National Conference for College Women Student Leaders

“Do not follow where the path may lead.

Go instead where there is no path and leave a trail.”

-Muriel Strode (Poet)

Aauw.org NCCWSL page

Have You Heard About AAUW's National Conference for College Women Student Leaders? (NCCWSL, pronounced “Nick-Whistle”)

We are happy to share that our own Fallbrook AAUW Member Karin Moore is presenting her workshop at NCCWSL, June 1, 2023 at the University of Maryland: “Motivation for STEM Women Pursuing Graduate School”

PROFESSIONAL DEVELOPMENT

“According to the U.S. Census Bureau, women represent almost half of the U.S. workforce, but only 27% of Science, Technology, Engineering, and Math (STEM) workers. Until there is equal representation in STEM by all genders, society will not get the maximum benefit of full participation. This workshop and discussion will share the results of a study conducted by seasoned software professional Karin Moore to understand the motivation for STEM women pursuing graduate degrees.”

ABOUT NCCWSL:

AAUW's National Conference for College Women Student Leaders (NCCWSL) is where hundreds of young women come to turn a moment into a movement. Each year, AAUW brings together hundreds of college women from around the country for three days of

leadership training, inspiration and networking. They enter the conference as a passionate leader and leave it with the skills and confidence to pursue their goals. NCCWSL has grown rapidly since its founding more than three decades ago, attracting over 10,000 student leaders. The diversity of backgrounds and ideas at NCCWSL is part of what makes it such a transformative experience. The workshops, panels, speakers and activities provide endless opportunities to learn from experts, while peer networking allows to learn from one another and make lifelong connections. For more information go to aauw.org



ABOUT KARIN MOORE:

Karin is presently earning her PhD in “Global Leadership and Change” with a special focus on women and girls in STEM, from Pepperdine University.

Karin previously earned her MBA from Pepperdine and an engineering degree from CSUN. Karin enjoys Fallbrook AAUW hiking group, hosting movie group with her husband Richard and attending monthly meetings with her daughter Caroline a student at CSUSM.

Listen to Karin on the podcast “Badass Women at Any Age” with Bonnie Marcus:

https://www.linkedin.com/posts/karin-moorestemwomen_badasswomenpodcast-womeninstem-dontsettle-activity-7049030846934106112-dgs3

Karin gives a podcast shout out to AAUW, the poem “*Not This*” by Olena Kalytiack Davis and Madeleine Albright’s quote “*There is a special place in hell for women who don’t help other women.*”

CONGRATULATIONS KARIN!

Submitted by Susan Duling.” I first heard about NCCWSL as Tech Trek camp staff. Our future camp leaders who were past Tech Trek campers attended.”

Hospitality Group

A great AAUW meeting on April first and a big thanks to all of our very helpful Hospitality Group volunteers and always with big smiles on their faces. Thank you for making our members feel so special with your treats and your help Ann Mc Carthy, Carolyn Thom, Jeannie Curtwright, Norine Honea, Karen Weisberger, Karen Trapane, Chris Assad, and Alice Orr.

We have seven volunteers for our June third meeting. Yay!
See you all on May sixth.

Branch Webpage

Please check out our Fallbrook Branch Webpage at www.Fallbrook-CA.AAUW.net

Newsletters are added ASAP. Click on Newsletter Tab, hover cursor over month and click to read.

If you have a photo of LESS than 3.0 Mb that you would like to see on our webpage, email it at LESS than 3Mb to susancasoduling@yahoo.com with the accompanying text/names/date and where, location/tab on webpage you want it added.

There are several items that need updating. Please send updated TEXT and information to Susan in a WORD document. This is a Word Press webpage: if you can help, please contact Susan.

Mentorship Program

Video: AAUW in Fallbrook mentors' local girls

APRIL 14, 2023

In this video, members of the local chapter of AAUW talk about their efforts here in Fallbrook to encourage young women on their journeys. In the video there are interviews of several attending mentees and career day coordinators Carolyn Thom and Carlene Freisen. Please be sure to check our amazing mentees and mentors describe how important AAUW is in their lives.

Have a look!

<https://everythingfallbrook.org/2023/04/14/video-aauw-in-fallbrook-mentors-local-girls/>

Career Day



Happy Birthday to us!!
Sheny & Nancy celebrate the day of Career
Day 4/3/23!

We both blew out candles...
thanks for the cake, everyone!!

These mentees introduced the speakers.



Daniel
Martinez
introduced
Jessica
Youssi

Alicia Thomas introduced Leila Mosavi Maulik



Sheny Tzuquen introduced Wendy Morrison

Sara Solano introduced Joyce King

Speakers at Career Day.



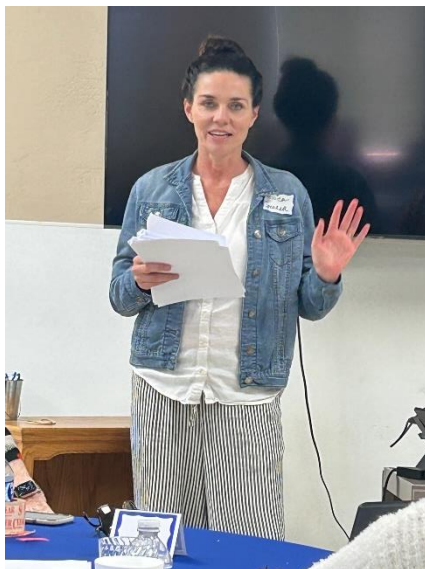
Marli Shoop, mental and health Clinician



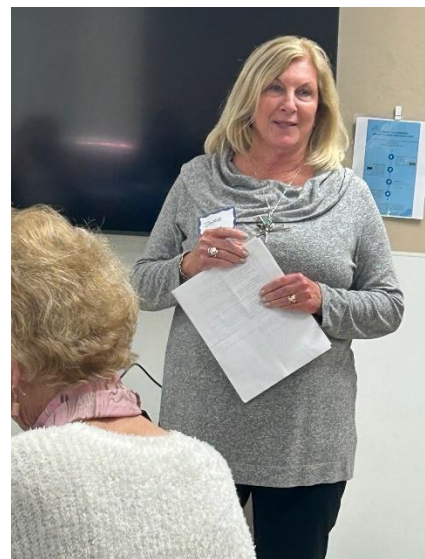
Shea Dixon, charter pilot



Leila Mosavi Malik, biotech consultant



Jessica Youssi,
emergency
room/trauma
registered nurse



Joyce King, teacher and counselor

Key Dates Mentorship Program

- **All Group Activity: Saturday, June 10 Graduation Party**

Additional Discussions:

- Mentors should be sure to meet with Mentee parents.
- Encourage mentees to write, email, text, or phone thank-you
- Invite mentees to AAUW meetings

Mentees out and about



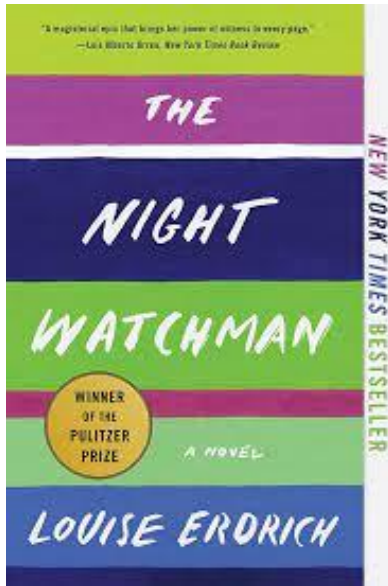
Congratulations Alicia for all the work you do for others! I am so proud of you! It looks like you are having a good time at the Avocado festival's FAA Booth

Karen Langer Baker

Book Club (Meets the 3rd Monday of the month at 10:30)

The Bibliobabes, as we affectionately call the members of our Fallbrook AAUW book club, continue to meet monthly.

Next Meeting May 15 to discuss *The Night Watchman* by Louise Erdrich



Louise Erdrich, in her 16th novel, returns to North Dakota, to the Turtle Mountain Reservation of her tribe, the Chippewa. The author's afterword explains she was recovering from a winter virus, short of writerly confidence and inspiration, when she reread her grandfather's letters written in 1953 — the year of her birth.

At that time, a bill before Congress threatened to terminate the tribe's rights to the reservation land and enforce involuntary resettlement in cities. Her grandfather was the chairman of the Turtle Mountain Band of Chippewa Advisory Committee to the Bureau of Indian Affairs.

His committee had no legislative leverage, nor financial resources, but mounted a strategic resistance to the termination proposed by the bill. Her grandfather's response to the threat inspired *The Night Watchman*, and he is the model for its protagonist, Thomas Wazhusk.

Movie Group

Our April meeting, hosted by Kathy and Chet Bierbrauer was delightful. The conversation around "Everything, Everywhere, All at Once" was lively and several people decided to watch it again. (I'm biased because I loved the movie and will watch it for the 4th time...just ask me, Carole)

The May Movie Review group will meet on Friday, May 12 at 6:00 pm at the home of Susan and John Duling 1325 Nicolina Drive, Fallbrook

Please bring a potluck contribution to share and your recommendations for valuable movies or series on streaming channels.

Our members all have Amazon Prime and Netflix.

At the end of Covid, we shared what we were enjoying on our home screens, and it was a delightful way to learn about shows we might have missed. It also allows us to relax and get to know each other better. Please come with your ideas to share.

Please RSVP by phone or email to Susan

760-390-6069 - SusanCasoDuling@yahoo.com

AAUW Fallbrook CA Branch

Officers and Committee Chair for 2022-2023

Elected Officers:

President

President Elect

1st VP, Programs

2nd VP Programs

2nd VP, Membership

3rd VP, AAUW Fund

Finance Officer

Recording Secretary

Corresponding Secretary

Parliamentarian

Margie Mosavi

Karen Langer Baker

Patty Carlson

Dianne Summers

Carlene Friesen

AAUW Board

Karen Trapane

Pamela Nevills

Susan Duling

Elizabeth Leader

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panevills@earthlink.net

susancasoduling@yahoo.com

Elizabeth.leader@gmail.com

Appointed Chairs:

AVID Mentorship Program

Directory

Diversity

Historian

Hospitality

MahJong

MahJong Tournament

Newsletter Editor

Photographer

Public Policy

Public Relations/Publicity

Scholarships

Tech Trek

Website Manager

Karen Langer Baker

Carlene Friesen

Charlotte Seidman

Diane Summers

Nancy Heins-Glaser

Maria Viernes

Alice Orr

Kathy Bierbrauer

Araxy Moosa

Kathy Bierbrauer

Lesley Ibaven.

Cynthia Young.

Nancy Heins-Glaser

Joy Frew

Margie Mosavi

Pamela Nevills

Sharon Robinson

Susan Duling

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susancasoduling@yahoo.com

Special Interest Chairs:

Book Group

Hiking Group

MahJong Group

MahJong Tournament

Movie Review Group

Cynthia Young

Carolyn Thom

Kathy Bierbrauer

Kathy Bierbrauer

Araxy Moosa

Carole Hodges

Liz Jamieson-Dunne

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