

Women with Vision Volume 40, Issue 9, March 2024 Celebrating Our 77th year!

Young Women with Dreams Become Women with Vision Our Mission: To advance gender equity for women and girls through research, education and advocacy. Our values: We are Intersectional, Inclusive, Intergeneration, Empowering.

President's Message



I am blessed and grateful that so many wonderful women here in Fallbrook AAUW are actively involved in helping us achieve our goals. Much appreciation also to the Public Policy committee members for their informative presentation at our last general meeting!

If you haven't attended one of our general meetings lately, I strongly encourage you to. Our meetings are generally held in a spacious and comfortable room at the FPUD, **although the March 9 meeting will be at Fallbrook High School.** Whatever the location, there is always scrumptious food provided by the Hospitality Committee, and

the programs are always interesting and enlightening. Be sure to invite friends who might want to join us.

As our fiscal year end is slowly approaching, now is the time for you to start thinking about how you would like to participate as a member in the coming year. I hope you will consider volunteering to serve on a committee or even as a cochair.

So far, there are three cochair positions opening up, starting July 1: Hospitality, Membership, and Programs. Whether you have been a member for a long time or are just in your first year with us, this would be a great way for you to learn more about our group. We will still have one continuing cochair in each of these committees for another year, so you will not be alone or confused about your role in any of them.

In addition, there are two other positions becoming available at that time: Corresponding Secretary and Website Manager. Programs, Membership and Corresponding Secretary are board positions, which means you are welcome, but are not obligated (since the continuing co-chairs are able), to attend our bi-monthly board meetings and vote on issues that affect everyone in our chapter.

If you have any questions about these opportunities, please don't hesitate to call me or one of the committee chairs or cochairs listed in the 2024 directory. After our March meeting, where they will be on the membership table for you, directories will be available to pick up at The Spoiled Avocado/Mimi's Boutique on Main Ave. during open hours.

Karen Langer Baker



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Upcoming Meetings

Saturday, March 9 General Meeting

Fallbrook High School (Evite to follow with specific location on campus) Location has changed for this month only, due to unforeseen circumstances. Doors open at 10:00 AM, meeting starts at 10:20 AM. Topic: "Are Teens out of their Minds? Absolutely Not!" Author and AAUW member Pamela Nevills will speak about the teenage brain and how it differs from ours. Be sure to invite our mentees and their parents to this.

In addition, our president, Karen Langer Baker will make an important presentation regarding proposed changes to the National AAUW bylaws that would open the membership requirements. Please attend so that you can make an informed vote during the upcoming election.

Saturday April 13, General Meeting

FPUD-990 E. Mission Rd, Fallbrook Patricia Watts, Author - Topic: Pending

SAVE the DATE! Saturday May 11, 2024

La Cucina Trattoria, main dining room and patio 1415 S. Mission Rd, Fallbrook

Our final meeting of the year will be a pre-Mother's Day luncheon, fundraiser and fashion show.

Be a friend and invite a friend...or mom or sister, or daughter.... Tickets are part of the fundraising. There will be a very short annual business meeting at the beginning, followed by a delicious lunch, silent auction, and fun fashion show.

Our member Sharon Robinson, of Sharon's on Main, and Mimi's Boutique So Cal will be bringing us the fashion show.

We are looking for volunteer models. Please consider being a model or inviting a woman you know. Also, if you have had experience working on a fashion show, we need your help. Please volunteer. If you are interested in either of these opportunities, contact Patty at, poochielyn444@gmail.com or (818) 917-9253.

Silent Auction: Do you have items for the silent auction? It can be a re-gift, a treasure, a service, a vacation/timeshare, a restaurant gift certificate. If you have other ideas, please share. For silent auction, please contact dianesummers04@gmail.com.

Patty Gibson Carlson and Diane Summers



Programs

Thank you to Joy Frew and Ann McCarthy for the well-prepared and interesting presentation at the February general meeting, about the role that AAUW plays as it pertains to public policy, both at national and state levels. One of the major areas of emphasis is the AAUW California School Board Project, which is relevant to our local issues, as evidenced by recent events in the Fallbrook Union High School District and the Temecula Valley Union School District.



Joy Frew



Members listening to the Public Policy Presentation



Ann McCarthy

Patty Gibson Carlson and Diane Summers



Public Policy

As you have read by now, Joy Frew and Ann McCarthy presented the annual AAUW public policy update at the general meeting on February 10. This presentation not only informed our membership of recent AAUW advocacy action, but also impressed upon the group the importance of advocacy at the national, state, and local levels.

We welcome Fallbrook AAUW members who would like to work with us in supporting Fallbrook girls and women through advocacy. The Public Policy Committee meets on the second Thursday of each month from 12:00 PM to 2:00 PM. The meeting follows a potluck lunch. The next meeting will be on March 14 at the home of Ann McCarthy. Email <u>ann.mccarthy120@gmail.com</u> if you would like to join us.

The following article was written by our friend Seena, who is associated with neighboring branches and supported us last year through her involvement in the School Board Project.

The Role of California School Boards

By Seena Trigas, Member AAUW California Public Policy Committee School Board Project

AAUW California is concerned about the censorship of classroom material, the heightened enforcement of board policies rejecting diversity, and providing discriminatory policies against gay and minority students. This concern now leads me, as a former school board member, high school teacher/department chair and adjunct college professor, to reflect on the role of school boards in California and their limitations.

The State Board of Education (SBE) is the controlling structure for K-12 and is the governing and policymaking body of the state for public education. Among its duties is the adoption of statewide academic standards for content and of curriculum frameworks. These inform and guide the local school boards in the development and implementation of specific curricula for K-12 students and serve as the basis for the adoption of instructional materials. School board members represent districts within the school district boundaries.

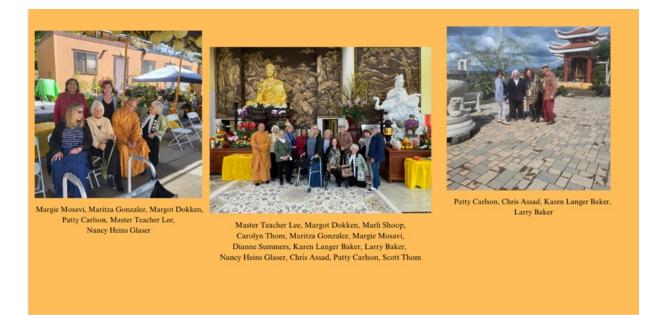
In 2023 AB1078 was passed, which requires the California State Department of Education to assess if school boards are in compliance with state laws requiring public schools to provide diverse and comprehensive education. It requires local school districts with insufficient instructional materials to correct this and authorizes the department to purchase (at district expense) adequate curricula if the district restricts students from learning about important topics like racism, sexism, and gender-based marginalization.

AAUW branch members play a critical role in ensuring all California school boards are governed by board members who will follow AB 1078, and who oppose policies that infringe on the civil rights of LGBTQ+ students.

Joy Frew and Ann McCarthy



Diversity, Equity & Inclusion



On February 21, eleven members of our group took a field trip to the Thiền Viện Trúc Lâm Đại Đăng Zen Monastery in Bonsall. The master teacher, Brother Lee, met us to explain the goals of our visit. The temple monks have been there for twenty years, setting up gardens and living quarters. In recent years, they have built meeting rooms, a meditation hall, as well as various places to meditate and take spiritual walks. The grounds, buildings, and views are simply stunning. To our delight, the monks provided us with a delicious vegan lunch, which we all enjoyed.

Our purpose for visits like this is to increase our awareness of the cultures around us and within our community. In this way, we gain a wider understanding of the diversity that we can add to our lives. The monks told us that everyone in the community can visit their meditation hall anytime and can come any day at 11:30 AM for a free vegan lunch. They have English-speaking gatherings on Sundays at 9:30 AM and Wednesday evenings at 7:00 PM if you want to visit.

Our next meeting will be at my home on March 20 (the 3rd Wednesday of the month) from 10:00 AM to 12:00 PM for coffee and conversation. We are all enthused to visit other interesting places near us in our surrounding community. At this next meeting, we will decide our future adventures and projects. Call Diane Summers (760) 579-3882 for any questions.

Diane Summers, DEI Chairperson



Mentorship Program News

The mentoring tables were turned on Saturday, February 24 at Active Nutrition in Fallbrook, where AAUW Mentoring Program members and spouses participated in a delightful afternoon master class with the Fallbrook Ballet Folklórico group, led by Fallbrook High School teacher Iliana Arias. The dancers, who are FHS students and AAUW mentees, demonstrated and assisted the participants in learning some basic steps of traditional Mexican dancing. The mentees/dancers were Daniela Martinez, Elena Mendoza, Lila Tapia, and Michelle Gonzales. It was great to have a few men participate in the activity.



Sue Schaeffer, Patty Carlson, Daniela Martinez, Marli Shoop, Kathy Bierbrauer, Karen Langer Baker, Larry Baker, Rick Shoop, Chet Bierbrauer, Karen Estes, Carolyn Thom, Lila Tapia, Elena Mendoza, Iliana Arias



Daniela Martinez



Patty Carlson and Lila Tapia



Michelle Gonzalez

Upcoming Mentorship Activities

Scheduled next is a stress reduction, yoga, and relaxation activity. Details will be forthcoming. It will be held towards the end of April or beginning of May. Additionally, an all-day activity is being planned for May, either at the Palomar Observatory or at the Gemological Society in Carlsbad. Our graduation party will be on June 15 at Kathy Bierbrauer's house. Enter these in your calendar and join us.

Marli Shoop

Movie Review Group

MOVIE LOVERS! IT'S TIME TO CELEBRATE! ACADEMY AWARDS NIGHT ARRIVES FOR THE MOVIE REVIEW GROUP

Choose to be an epic star or an up-and-coming discovery! Come as your favorite movie character. Expand your repertoire. Surprise us, surprise yourself! **Bring a dish to share for the festivities.**

WHERE: Home of MARLI & RICK SHOOP

3944 Alta Vista Drive, Fallbrook WHEN:FRIDAY, MARCH 15, 6:00 PM MOVIE FOR REVIEW: ONE LOVE (the story of Bob Marley) REVIEWERS: Grace Vanderwerf and John Duling CO-HOST: Grace Vanderwerf RSVP: MarliShoop@comcast.net AND Carole@CaroleHodges.com

AAUW MOVIE REVIEW UPDATE



Kathy and Chet Bierbrauer hosted the group for our potluck and dinner on Friday, February 16. We had a change in reviewers, as Karen Weisberger was under the weather. Karen and Larry Baker led the discussion, Susan Duling contributed some research about Jesse Owens and the 1936 Olympics, and all members participated.

Paul Schumann and Rick Shoop

To be added to the Movie Review list, email <u>Carole@CaroleHodges.com</u>. RSVPs are essential for ease of planning. Husbands and guests interested in becoming members are welcome.

Carole Hodges

<u>UkuLadies</u>

The UkuLadies meet each month to work on songs and chords for enjoyment. Our next jam session will be on Friday, March 22 from 2:00 PM to 4:00 PM at Patty Carlson's house, 119 Morro Hills Road in Fallbrook. If you already play the ukulele or would like to learn, please join us. For more information, contact Margot Dokken (nevehmind@gmail.com or 949-280-2628).

Margot Dokken



Book Club



This February the Bibliobabes met at the home of Ann McCarthy to discuss her book selection, *West with Giraffes*, by Lynda Rutledge. Told through a first-person narrative, this work is the fictionalized story of the arrival of the first giraffes in the United States and their trip across the country to their home at the San Diego Zoo. It takes place in 1938, when the U.S. is reeling from the Dust Bowl & the Great Depression, and Europe is slowly marching toward the Second World War. Like we do with so much fiction, we learned a lot about history and the tone of the times through the experience of the book's characters. This one was an *All Thumbs Up* that we highly recommend to you.

Next month, on March 18, we will delve into *Necessary Trouble: Growing Up at Midcentury*, a memoir of growing up in the 1950s by Drew Gilpin Faust. Not a "fluffy" book, it tackles the subject of race relations in the U.S. during changing times.

Pictured from left to right are, (back row) Joy Frew, Karen Langer Baker, Carlene Friesen, Lesley Ibaven and (front row) Margie Mosavi, Cynthia Young, Ann McCarthy

Cynthia Young

<u>Arts in the Park</u>



AAUW'S Mentorship Program will be hosting the clay activity at the Rally for Children Arts in the Park again this year. You are all welcome to come play with clay and help us manage the booth. Mentors, please Contact Carolyn Thom at carolynthom1@gmail.com and let her know how and when you and your mentee can help. Available time slots are 11:00 AM to 1:00 PM and 1:00 PM to 3:00 PM. Or, come for the whole day!

Carolyn Thom

Women Talk: Women of History

The Quad Collaborative Cordially Invites You To

The PREMIERE SCREENING Of:

WOMEN TALK: WOMEN OF HISTORY

....A documentary featuring undersung women heroes through time.

DATE: Saturday March 23, 2024

TIME: 2:30-4:30

LOCATION: Fallbrook Library Community Room 124 South Mission Road Fallbrook, California



For Questions & Information Contact Nancy: 973-634-7329

Officers and Committee Chairs for 2023-24

Elected Officers

President 1st VP, Programs

2nd VP, Membership

Finance Officer/Funds Recording Secretary Parliamentarian

Appointed Chairs

AVID Mentorship Program Corresponding Secretary Directory Diversity Historian Hospitality

Newsletter Editor Nominating Photographer Public Policy

Public Relations/Publicity Scholarships Strategic Planning Tech Trek Website Manager

Special Interest Chairs

Book Club Walking Group MahJong Group MahJong Tournament

Movie Review Group

Special Events

Arts in the Park Career Day Christmas Fundraising Party Scarecrows Speech Contest

Speech Coaching

Karen Langer Baker Patty Carlson Diane Summers Karen Weisberger Rachel Rose Karen Trapane Margot Dokken Elizabeth Leader

Marli Shoop Susan Duling Karen Trapane **Diane Summers** Nancy Heins-Glaser Maria Viernes Alice Orr Ann McCarthy Karen Trapane Nancy Heins-Glaser Joy Frew Ann McCarthy Margie Mosavi Susan Schaeffer Pamela Nevills Sharon Robinson Susan Duling

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